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TWT BEECH PROJECT'S WOOD FAIR A SUCCESS

THE GEM has followed the story of Cowbridge's Twt Beech since the decision was made to fell it.

It began as the straightforward plan to remove an old tree, but – and forgive the use of the this proverb – from small acorns great oaks grow.

Ewart Schofield of ESA Treecare, tasked with felling the Twt Beech, and others, did not see it merely as cutting down a tree.

It was a landmark tree that many, many generations in Cowbridge have grown up with.

Mr Schofield was instrumental in starting a project not only to remember the Twt Beech, but also to keep it alive.

The Twt Beech Project reached – with a 'wood fair' – its most recent height at last weekend's food and drink festival in Cowbridge.

It gave people the opportunity to take part in, and indeed partake of* (over 18s only...) remembering the tree.

Mr Schofield takes up the story:

The wood fair was brilliant.

The sun was out, and there were a lot of happy adults and children who seemed to just keep coming back for more.

It was such a pleasure to be able to hold the fair and see so many smiling faces.

We had families that travelled from Devon, Bristol, Newport and locally from Barry and of course Cowbridge come specifically to the fair. It was lovely, and it was all free.

Thank you so much to Julian at the Bear Hotel who made it possible and his staff who were enthusiastic and helpful considering they had so much to do.

Thanks also to Creative Rural Communities, which helped with the funding from the Rural Development Fund.

CONTINUED ON PAGE 4

Ollie receives his gold DofE award at palace

Ollie Lewis with his award at Buckingham Palace.

ON May 24, Cowbridge Comprehensive School sixth-form pupil Ollie Lewis attended a ceremony in the gardens of Buckingham Palace to receive his Gold Duke of Edinburgh Award.

It was a day to remember, meeting Her Royal Highness Princess Eugenie of York, and being presented his award by explorer and adventurer Justine Gosling.

As the school was not offering DofE at the time, Ollie had already achieved his Bronze and Silver Awards with Cowbridge Air Cadets and went on to achieve his Gold with Vale Explorers Group.

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Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

Praise for NHS

THE media are quick to report failings in the NHS – ambulances taking too long, patients left on trollies in A&E, cancelled operations etc.

Very rarely do we hear of the vast majority of cases where the NHS is successful in providing first class care to patients.

On May 10, I had the misfortune to suffer a heart attack. Within 10 minutes of the 999 call, an ambulance arrived. The paramedics (Steve and Dave) gave me initial treatment before going to Llandough where the cardiology consultant confirmed that I was having a heart attack.

I was 'blue lighted' to UHW and taken immediately to the catheter theatre where a stent was put in my heart. I remained in UHW for 48 hours receiving excellent care on wards CCU and C3.

I cannot fault the dedication and professionalism of all who cared for me at that traumatic time and wish to extend my heartfelt thanks to them all. But for them I might not have been here to tell the tale!

Rev Robert Evans, Barry.

'Stop the Council ruining another Barry landmark'

I FEEL I must write and say how shocked and disgusted I was to find out that some idiot from our Council let people park their cars on the beautiful greens at Porthkerry Country Park.

How can people enjoy the park when it is full with cars, children can't play or have picnics because of the number of vehicles, plus all the fumes from them?

How can people walk and view the beautiful scenery with all the cars there?

Come on, people of Barry – let's stop the Council ruining another Barry landmark.

They didn't even stop the cars from parking wherever they wanted to on the greens at the Island when the sun comes out.

I think all they see is money, so they can buy their chairs that are used four times a year.

If we don't stop them, we will lose a beautiful park for the next generation to enjoy, as I and my family have done for more than 60 years.

Name and address supplied.

Another voice to speak on 'appalling bus service'

FOR four years, a local resident in Highlight Park, Barry, Mr Toozer, has been asking our local re-elected MP and our elected councilors to help with the appalling bus service we have in Highlight Park – to date with no results.

I hope you all heed this, as now you have two people that would like to have value from our increased council tax and see some results.

If you decide to do nothing, let Mr Toozer and myself know.

When I see the bus service the Knap, the Garden Suburb and the Colcot have, I think we are entitled to the same service.

Keith Dowson, Highlight Park.

'New road is not needed'

IT is good to see a debate developing in your letters page about the proposal to spend up to £80 million on a new road from the A48 to Junction 34 of the M4.

In the consultation process currently under way, the Vale Council argues that a new road is needed to serve Cardiff Airport and the Enterprise Zone at St Athan.

There is no evidence to support their argument.

Ten years ago Cardiff Airport's annual passenger numbers were 2.3 million. At that time the airport's managing director stated that there were no transport obstacles to their plans for growth. The airport's masterplan (2006) predicted passenger numbers of 4.8 million by 2015.

Instead, they plummeted to 1 million and now are approximately 1.4 million. The airport is not profitable.

In the meantime, Bristol Airport has grown dramatically with annual passenger numbers now at 8.1 million, of which 1.6 million are from south Wales. Those passengers are prepared to travel at much inconvenience and cost to the other side of Bristol because Bristol Airport has low cost flights in abundance to the right destinations.

Cutting the travel time to Cardiff Airport by building a very expensive new road makes no sense. It will not help the airport grow. It will only grow if it provides regular low cost flights to places where travellers want to go and this will only happen by subsidising new carriers to fly from Cardiff.

Creating an Enterprise Zone at St Athan is to be welcomed. But the history of such zones in the UK is mixed. There are short term benefits, but rarely long term ones.

There is no evidence that spending large sums of money on a new road to Junction 34 will assist its development. Much more important will be the local availability of skilled employees.

The right policy for the Vale Council should be to build the long awaited Llysworney bypass thereby improving the journey from St Athan, Llantwit Major and Llandow to the M4.

At last, south Wales has an emerging integrated public transport policy with the Metro project now under way. But, sadly, we are many years behind other parts of the UK and our continental neighbours.

In this new era, the correct policy should be to spend money on improving public transport in the Vale as part of the Metro project rather than building a new road to the M4, particularly a road for which there is no evidence of need.

Figures were sourced from Welsh Government, and others', reports and investigations.

Keith James, Peterston- super-Ely.

Brexit traps by the EU

I HEARD recently about the 'Varoufakis runaround.' It is what happened to Greece when Mr Varoufakis tried to renegotiate its debts with the EU.

In his book *Adults in the Room,* he describes six ways in which the EU obfuscated and delayed matters until time ran out, and which are being used against Brexit.

One of these is the Swedish National Anthem routine. He put forward a series of considered proposals for discussion which were then simply ignored by the EU – he might as well have sung the anthem.

Another is the sequencing routine – the EU refused to discuss more than one problem at once, as it refuses to discuss any trade deal at all until it gets its way on the Irish border.

His conclusion is that the only way of restoring sovereignty to the UK parliament would be to avoid all negotiations by requesting from Brussels a Norway-style, off-the-shelf arrangement for a period of, say, seven years.

The Irish border is a very small problem anyway which the EU has blown up out of all proportion. Felixstowe handles vastly more non-EU imports than cross the Irish border. It does this with an automated customs system called Destin8, but without paperwork or customs officers.

The chief executive of the company behind this system says that adapting it for the Irish border "… would probably involve a few extra key strokes."

R Bradshaw, Cowbridge.

'The Welsh do not like their woods destroyed for roads'

I AM currently reading *Edward I's Conquest of Wales* by Sean Davies because of my love of history and on page 16, there is a section on the changing environment.

It gives details of Henry III's August 1228 expedition to the middle march where they tried to cut down the forest to widen the road: "This circumstance having reached the ears of the Welsh, they came in great force and attacked them, forcing them to retreat to the castle, though not without slaughter on both sides...".

We can see from the current positions being drawn on road building through the Vale of Glamorgan how little has changed from 1228 to 2018.

The Welsh clearly do not like their woods and fields being destroyed for road building projects.

The book then states that Henry returned with a large body of soldiers to the said woodland in order to complete the task, so let's hope this does not happen again.

Charles Allen, Llantwit Major.

Who will buy houses at Darren Farm?

AS reported in The GEM on May 3, the Vale Council Planning Committee on April 26 approved Wimpey's latest mass development project for 475 houses to be built at Darren Farm.

Users of the internet can visit the council's website and view the webcam recording showing that the decision took less than eight minutes to be reached.

As reported, at the meeting, Cllr Andrew Parker praised Wimpey, saying that his discussions with them had shown that their latest proposals were even better than their previous plans.

Although most see this development as a disaster for the town, Cllr Parker is able to take a detached view because although he is one of the three Cowbridge county councillors, he does not actually live in the town or in any of the surrounding villages.

He lives in Bonvilston, which means that he is so far away, he will not be in any way inconvenienced by all the problems this development will bring.

Cllr Parker was elected to represent and where necessary, defend the interests of the current population of Cowbridge. He was not elected to be the local Wimpey sales rep.

At present, homeowners in London and the south east of England who have reached retirement age are finding that they can sell their current houses and easily buy a retirement home in south Wales. The difference in values means that there remains a sizeable nest egg to spend on overseas holidays and other of life's luxuries.

We are asked to believe that all these new houses in the Vale are justified because young people wish to continue to live in the same area as their parents. Judging by what has happened before, when the new houses at Darren Farm come onto the market, who will be the successful purchasers?

Will it be the young couples who have somehow scraped a mortgage together, or will it be the cash-in-hand economic migrants from the east?

George Haynes, Cowbridge.

CYCLE PATHS WERE A WASTE OF MONEY

BREAKING news: 'All the money wasted, sorry, invested in new cycle paths in the last five years has not increased people's use of them'.

Well, at least the one opposite Cosmeston won't be wasted – it will make a superb overflow car park.

Perhaps the council could now concentrate their efforts on improving all the substandard roads.

John Coughlan, Penarth.

HIGH TIDE TIMES

(UNTIL JUNE 7)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
31 Thur	08.24	9.4	20.41	9.4
01 Fri	08.58	9.3	21.16	9.2
02 Sat	09.33	9.1	21.49	9.0
03 Sun	10.07	8.8	22.24	8.7
04 Mon	10.42	8.3	23.03	8.3
05 Tues	11.22	8.1	23.49	8.0
06 Wed			12.14	7.8
07 Thur	00.44	7.7	13.15	7.6

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Mayor's final month is a packed programme

by CLLR SIAN VAUGHN, THE MAYOR OF COWBRIDGE WITH LLANBLETHIAN

MY consort Rob and I started the month of May by attending the Market Theatre in Cowbridge to watch a performance of *It Can Damage Your Health* performed by CADS.

If you missed this, watch out for their autumn show *Pack up your Troubles* to commemorate the centenary of the Armistice of the Great War. On May 4, we went into Cardiff to the Motivational Preparation College for Training (MPCT) awards in Cardiff City Stadium.

The event celebrated their year-11 learners and they were able to demonstrate their achievements to us, which included many proud parents.

On May 5, I was pleased to open an exhibition of Nick John Rees's paintings at 23b High Street, Cowbridge.

Rob and I attended the Llandough Civic Sunday on May 13 at St Dochdwy's Church, which marked the beginning of the chairman of the council Pat Carreyett's year in office. It was a beautiful sunny day and the service was conducted by Rev Mark Jones and we were entertained by singer Meriel Kirk.

On May 14, Rob and I were invited to the inauguration of the Mayor of Barry Town Council, Cllr Janice Charles. Janice had only a five day break from chains of office as she only completed her year of office as Mayor of the Vale of Glamorgan on May 9.

The ninth annual Valeways Walking Festival was launched on May 15 in Porthkerry Park, Barry and Rob and I were very pleased to support the charity. The weather was lovely and it remained so for the whole of their festival week.

Along with the Vale of Glamorgan Mayor and fellow walkers we completed a three-mile walk around the park led by the ranger Mel and learnt about their new Augmented Reality App.

This app helps to bring the park's interesting history to life through stories and photographs.

Finally, on May 20, I was pleased to attend an afternoon tea and a Cymanfa Ganu at the United Free Church in Cowbridge. The event was organised by Cowbridge Churches Together and the service was jointly led by the Mayor's chaplain Rev Heather Weddell and the Rector of Cowbridge Stephen Adams.

Everyone enjoyed the event and the Welsh and English hymns were sung with much enthusiasm. A fitting event to round off my Mayoral year.

Many thanks to all of you who have invited us to meet your organisations and to take part in your events over the year and to offer Rob and I a very warm welcome at all of them. We are very lucky to live in such a vibrant community.

Collecting and sharing the history of Cowbridge Physic Garden and Old Hall Gardens

DO you have photographs, postcards, letters or other memorabilia of the Physic Garden or Old Hall Gardens?

If so, you are invited to bring them along to an event at Cowbridge Museum in the Town Hall on Saturday, June 2.

The trustees of the Physic Garden and Old Hall Gardens along with People's Collection Wales (PCW) are inviting the public to take part in the event by bringing their materials along to Cowbridge Town Hall, where staff will be on hand to scan photographs, certificates, postcards, letters, diaries and any other documents or memorabilia.

David Pierce, chair of Cowbridge Museum, said: "Inviting people to share their material will enable the projects to get a much wider appreciation and enable us to show a more personal view of the experience of growing up and living among these community treasures; while gaining access to items and stories that aren't saved in museums, archives and libraries but are relevant and important to the Town's history."

Cowbridge South Gate around 1900. A perfect example of how an everyday photograph can become an important historical record.

The material will be published on the PCW website and the digital developer, Kay Hanson, said: "Collecting and sharing these very personal and often poignant memories contributes greatly to our understanding of life in our community and is an important way of preserving some very unique stories.

"You can contribute by coming to the event or by upload items and memories directly to the PCW website."

To get involved, bring along your photographs, letters, diaries and other memorabilia between 10am and 2pm on Saturday, June 2 to Cowbridge Museum, Town Hall, Cowbridge.

For more information, visit www.peoplescollection.wales.

CW

Got a story? Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

A HUGE THANK YOU TO COWBRIDGE ROTARY CLUB

Members of Cowbridge Rotary Club improved the outdoor area at Longmeadow Court housing complex with their gardening skills.

ON May 19, Peter Davies and some of the members of the Cowbridge Rotary Club came to Longmeadow Court Sheltered Housing complex.

They brought plants and planted them in the raised flower beds which we had made, and what a big difference this has made to brightening up our front garden.

The Cowbridge Rotary Club has supported the tenants and complex for a number of years and we are very grateful not only what they have done to make our front garden look nice but for their varied entertainment programme, generosity and commitment throughout the year.

Thank you so much to you all.

Nick Battersby, Sheltered housing scheme coordinator,Vale Council.

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Fellow councillors and guests come together to celebrate Cowbridge's latest Mayor-making

IT is fair to say that Cowbridge does pomp and ceremony quite well, and this year's Mayor-making ceremony proved that point once again.

Mayors from other towns and boroughs, together with dignitaries from a large number of organisations, attended the ceremony in the council chambers on May 22.

Cllr Terry Williams and his wife Jane (*right, centre, seated*) were elected as Mayor and Mayoress of Cowbridge with Llanblethian Town Council.

In the picture, seated alongside the Mayor and Mayoress, are the Deputy Mayor, Cllr Alec Trousdell and Deputy Mayoress Ms Jayne Eddins.

The Rev Heather Weddell, the Mayor's Chaplain opened the ceremony with a prayer, and the new mayoral team were sworn in, one by one.

ALL PHOTOGRAPHS BY MIKE WILCOCK.
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ABOVE: The Mayor and Mayoress with fellow councillors.

ABOVE: The Mayor and Mayoress with family members.

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Fair is a success

CONTINUED FROM PAGE 1

Books, pencils, name plaques, wood-block prints, and stools were all made by children and adults with the amazing help of our craftspeople, who also made the fair possible.

There are too many to list but their work and names will be on the twt Beech Facebook page shortly.

And of course there was the *Twt Beech Brew from Tomos a Lilford that sold out.

Just brewing brilliant!

We couldn't have asked for a better outcome. If you enjoyed the fair, please leave some feedback for us on Facebook (search for the Twt Beech Project), and visit *thetwtbeech.org.uk*.

You never know, it may happen again next year.

Barry welder jailed for setting fire to wife's car after row

AFTER a row with his wife over the manner of his driving, the husband let her out of the vehicle, which belonged to her, before setting fire to it, causing it to be a complete write-off, ***writes AJ SICLUNA.***

Cardiff Crown Court heard that shortly after 27-year-old Joshua Miller, telephoned his wife Sarah and told her: "I'm sorry, but I've torched the car."

Miller of Pencoedtre Road, Barry, a welder, was jailed for eight months.

He pleaded guilty to offences of arson, driving without a licence and insurance.

He was also disqualified from driving for 10 months and a five-year restraining order was made preventing Miller from contacting his wife.

Judge Richard Williams told him: "You were driving your wife's car with her as a passenger and she became concerned and asked you to let her out.

"That caused you to become angry and you left her without any means of transport in a car park."

After that, said the Judge, he obtained fuel and set fire to the Nissan vehicle, which was gutted.

As a result, said Judge Williams, Mrs Miller suffered enduring anxiety and there were significant consequences and emotional harm.

"Arson has always been regarded as extremely serious," he added.

Prosecutor Joanna James said that in March, Miller came to Cardiff city centre and met his wife, who was shopping. They had a meal together and with him driving, left for home.

But she became unhappy with the manner of his driving and he let her out in a supermarket car park in Cardiff Bay.

Ms James told the court that, soon after, a man walking his dog in Skomer Road, Barry, saw Miller driving the vehicle with the engine being revved.

Miller parked on a footpath and was seen to pull a hood over his head.

Ms James said: "Twenty seconds later, there was a loud bang and the car was on fire. A fuel can was on the side of the vehicle and the emergency services were called."

She added that when his wife arrived home, she could not obtain access to her house.

The following morning, Miller, who was intoxicated, was arrested and fully admitted starting the fire. He said he had been angry because of the argument and admitted he had no licence or insurance.

In a statement read to the court, his wife described the inconvenience of not having a car for five days and with two children, relying heavily on the vehicle.

Taxis had been expensive, she was afraid and had nightmares.

She added that she suffered anxiety and depression.

She said that during her marriage, she had become alienated from family and friends and her husband constantly checked her telephone.

She also said that she had ended the relationship.

It was stated that Miller had convictions for assault and causing damage, and driving with excess alcohol.

As a result of the incident, Mrs Miller was out of pocket £1,442.

His counsel, Ros Rutter, said: "He immediately explained to his wife what had happened and apologised."

She said that references had painted a different picture of him and the offences did not reflect his true character. She added that he was hardworking and was described as an impressive and dedicated asset to his employer.

It was his intention, she said, to obtain work in Newcastle.

She added: "It is difficult to understand why he behaved as he did."

Said the Judge: "It was out of spite."

The argument, said Ms Rutter, was nothing serious and she had not wanted to make a complaint.

The defendant, she said, suffered from acute anxiety and was worried about his father's health. She said his behaviour was totally out of character and as a result, he had lost the relationship.

She concluded: "He accepts his behaviour is absolutely appalling and he recognises there is an alcohol dependency issue."

LIONS VISIT MOD AIRFIELD

A GROUP representing the Llantwit Major and Cowbridge Lions visited MoD St Athan airfield on May 17.

The Lions pictured beside the police helicopter at St Athan.

David, Harold and Mike were hosted by SERCO employees Trevor Stone, ATC specialist and Jamie Harburn, Air Traffic Controller at St Athan.

The visit was arranged as part of the Airport Operators Association UK Airports Safety Week, which SERCO, the providers of Air Traffic Control and other airfield services at St Athan, are keen to promote both at the airfield and into the wider community.

The visit began with a presentation delivered by Mr Harburn on the past, present and future of MoD St Athan, SERCO's involvement in the operation of the aerodrome and aviation safety. After the talk and refreshments, the group spent the afternoon visiting a number of airfield agencies.

They started their tour with a visit to the ATC Visual Control Room and were able to ask questions and hear about the methods, procedures and challenges involved in controlling air traffic at St Athan.

They visited eCube Solutions, where they were shown a number of passenger jet aircraft at various stages of the 'parting out' and scrapping process, a process the company specialise in.

They went on to visit Horizon Aircraft Services for a tour of the maintenance facility where they got close enough to touch a number of vintage jet and propeller aircraft.

Finally, the group were taken to the National Police Air Support Unit, where they were able to sit in the police helicopter and chat with the pilots and specialist police officers about their role in incident response and crime prevention.

The group thoroughly enjoyed their day at MoD St Athan and left with experiences not normally available to members of the local community.

A special prize of an air experience flight with Horizon Aircraft Services, sponsored by SERCO, was offered in a draw to one of the participants of a number of events organised throughout the week. The lucky winner was Harold Jones of the Lions group.

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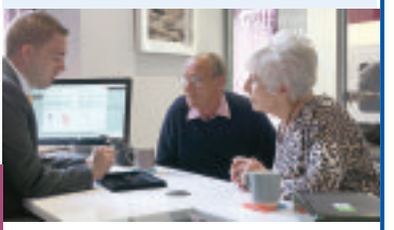

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Busy Beavers enjoy rafting and the great outdoors

Photos by Ellen Moir-Sims (young leader) and Meg Pearson.

COWBRIDGE Beavers have had a busy few weeks already this term.

"An aim of Scouting is to ensure at least half of our activities are based around being outdoors," explained Beaver leader Eluned Moran; and the Beavers have certainly taken full advantage of the recent great weather.

The colony has continued its collaboration with the volunteers at Old Hall Gardens, having been offered a bed of their own to plant out again.

Over two weeks the Beavers all took it in turns to help prepare the bed and then plant it with summer flowers, and with other activities and games themed around gardening and nature, everyone was excited to receive their Gardening badge.

Then, the Beavers continued the theme with a Nature Explorer sleep-over at Coed Hills in St Hilary.

The Barn at Coed Hills is normally booked up years in advance for weddings and other celebrations but due to a last-minute cancellation, it was offered to the Beavers.

It was an amazing setting, with the Beavers having full use of the barn and its garden all weekend, as well as access to the Coed Hills woods which they took full advantage of to have a treasure hunt and campfire.

Scout Leader and woodcraft expert Maddy Ravensburg also came to teach everyone how to make survival shelters.

Everyone enjoyed stripping ivy off all the trees to cover the shelters, which we learned keeps the woodlands healthy.

"We had 20 children sleep over, six of whom had never been away from their parents overnight," commented assistant Beaver leader, Meg Pearson. "The parents were a bit nervous about how their kids would settle, but they needn't have worried; everyone was enjoying themselves far too much to remember to be homesick".

As if that wasn't enough excitement, last Thursday evening the Beavers went down to Atlantic College to try a spot of raft building supervised by Simon and Jess from the college.

Parents and leaders were required to help with the trickier knots, but after a bit of scratching of heads and trial and error, we all worked it out, and surprisingly both rafts floated extremely well.

Then with the Beavers atop, the teams raced each other across Atlantic College's outdoor pool. Everyone cheered them on, including lifeguard and leader Julie (who then got pushed in by her son Dewi as her reward).

The Beavers could not enjoy such a varied range of activities without the support of so many people in our local community.

So the Beavers would like to thank: Rawley, Sean and Maddie from Coed Hills for making it such an exciting sleepover; the Old Hall Garden volunteers for their kindness in offering us garden space and helping us complete our gardening badge; and Atlantic College for a memorable evening.

And an advance thank you to Simon from Simon's Cycles who's coming to help us complete our cycling badge next week. Never a dull moment in Beavers !

Eluned Moran

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Bank branch closure date pushed back

SOUTH Wales Central AM Andrew RT Davies has welcomed the news that NatWest have delayed the planned closure of their Cowbridge branch by five months.

The branch had been set to close on June 4 but this has now been pushed back until November 7.

When the closure was announced, NatWest bosses provided guarantees that the post office would be able to take over most services.

The town has been without a post office since last year and a new site is not set to open until the autumn.

Mr Davies recently met with Stuart Taylor, Post Office external relations manager, to raise the concerns and he is pleased there will now be a handover period.

Mr Davies said: "I was bitterly disappointed when NatWest announced the Cowbridge branch was set to close because many local people rely on the services it provides.

"It's vital the bank does not close until the Post Office opens and I'm delighted this will now be the case."

BUSY YEAR IS NOT OVER YET FOR MAENDY YFC

MAENDY YFC members have had a tremendously busy year!

Members have judged livestock, won a pantomime competition, had club fun nights and talks, spoken in public speaking and most importantly, had fun and enjoyed the year immensely!

There is one more competition day before summer is completely out, though. Glamorgan Young Farmers Rally Day will be held on Saturday, June 2 at Tythegston Farm, Bridgend. It starts at 9am with a £3 entry free for over 16s and children go free. There will be refreshments available.

This year's theme is 'Up Above' which commemorates the Royal Air Force centenary. There will be many competitions on the day, that nod to this year's theme.

Keep your eyes peeled nearby on the road between Junction 34 of the M4 and Pendoylan. There you will see our colourful, promotional sign which members created.

This is the penultimate competition of the year! Members are keen to pull all out the stops. Many of the winning competitors will go through to compete for Glamorgan, in The Royal Welsh Show in Llanwelwedd in July.

Maendy members will competing in floral, woodwork, bricklaying , dancing, singing, welly wangling, sheep shearing and wool handling competitions to name just a few.

Owen Harris and Natalie Lewis.

Members also would like to send good wishes to former chairman of Maendy YFC, Natalie Lewis.

She will be getting married to Owen Harris this Saturday in Italy. Natalie contributes her time and effort to the club as a club leader, with training the public speaking competitions.

Natalie excelled in these competitions when she was a member, going through to compete in national rounds many times.

If you would like to know more about Maendy YFC email us at maendy.yfc@gmail.com, follow us on Twitter and Instagram @MaendyYFC and the Maendy YFC Facebook group.

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Barry pupils meet the authors at Hay Festival

THE year-6 class of Oak Field Primary School had a fantastic day out thanks to 'Go and See' funding from the Arts Council of Wales, to have their first visit to the Hay on Wye Literature Festival.

They were lucky enough to see authors Julian Clary and David Solomons and to find out '100 Things to know about Space'!

The children loved this experience of seeing authors and illustrators and learning the process of producing books and illustrations.

ND

DINAS ART EXHIBITION

DINAS Powys Art Group will hold its annual exhibition in Dinas Powys Parish Hall on June 9-10 and, after last year's exhibition, it is looking forward to sharing its art with visitors.

This year, it is supporting the Alzheimer's Society in memory of long-term member Frances Dring, who died last year, and for valued member Peggy McPharlin's husband, who died recently.

The pupils at St Andrew's School are also involved and their artwork will be on display and prizes awarded to three pieces.

There will also be a special featured project where group members have used an 'unusual surface' for their art.

The hall is open between 10am and 4pm, admission is £1, including a cup of tea or coffee.

DECLAN'S LIFESAVING SKILLS SAVE EXHAUSTED SWIMMER

Vale Surf Lifesaving Club member Declan Ewington.

AT the end of a recent Vale SLSC training session at Jackson's Bay, Declan Ewington went out for a quick paddle on his own when he noticed a man calling for help.

The man, who was around 25 years of age, was swimming on his own, had become exhausted and couldn't swim any more. He was being pulled out by the current and was in great difficulty and couldn't swim against it.

Declan told him to hang onto the surf ski (this is a piece of equipment used for training and competitions) to rest, and then brought him back to shore, clinging onto the ski.

The club are very proud of Declan's rescue and demonstrates what an important skill lifesaving is.

Declan said: "It's what the coaches trained us to do, so credit should also go to them and the excellent training they provide at the club."

Vale SLSC are holding a free open evening on Friday, June 8 at 6.30pm at Jackson's Bay, Barry Island, for ages seven to adult. Contact the club for more information via Facebook – Vale Surf Lifesaving; Twitter – *@ValeSLSC*, or email *valeslsc@hotmail.com*.

Sully man on a Cresta run

AT South Wales Classic Car Club's first major show of the year, Sully resident Anthony Atkins won first prize in the Best Classic Saloon Car with his 1958 Vauxhall Cresta.

An enthusiastic collector, Anthony also has a 1958 Vauxhall Velox and a 1972 Buick Skylark Coupe, both of which are also in tiptop condition.

The event, organised by volunteers, was held at Cardiff City Stadium on May 20. Proceeds from the day were donated to charities working across south Wales.

Anthony Atkins with his winning 1958 Vauxhall Cresta.

Living Well With Arthritis

A NEW Living Well With Arthritis support group has started in Barry at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road, Barry.

If you have arthritis, Arthritis Care understands how it can affect you and your life. Whether you have been recently diagnosed or have been living with it for some time, we're here with information and support, including diet, advice on medication, Tai Chi, Yoga.

Sessions will be held monthly on Tuesday afternoons from 1.30pm to 4pm; the next drop-in is Tuesday, June 4.

Call 01446 732385 or May the coordinator on 07711 3669456 for further information.

Councillors' surgery

LLANTWIT First Independent councillors will be holding a surgery at the Heritage Centre, Town Hall, Llantwit Major on Saturday, June 2 from 9.30am until 11.30am.

Residents who have any issue to raise are welcome to attend.

A tribute to community transport stalwart Don

DON READ, who died this month, was a founder member of the charity East Vale Community Transport, based in Penarth. He and his late wife Margaret were stalwart supporters of many charities but were founder members of two.

Mr Don Read.

In 1986, Margaret and two others set up East Vale Community Transport to assist anyone who needed accessible transport in the eastern Vale. For more than 30 years Don helped in many ways – as driver, treasurer and trustee. Even when he recently officially retired as a trustee, he kept an active interest in the charity and was always on hand with advice when asked.

When Margaret was diagnosed with the rare Charcot-Marie-Tooth disease, they set up a self-help group for people with CMT.

Several members of the group travelled long distances to attend Don's funeral at Barry Crematorium on May 21.

EVCT members arrived in one of their minibuses as a tribute to Don and his family chose flowers in the blue, yellow and white livery of the minibus.

Don joined the civil service after his National Service with the RAF. His first main posting was in Glasgow, where he met Margaret. Later they moved to Penarth when Don was appointed Deputy Registrar of Companies at Companies House. This was a position which he held until his retirement in 1990. His knowledge of company law was a great help in setting up EVCT and his encyclopaedic knowledge in so many areas proved invaluable to the charity over the years.

Apart from his charity work, Don had a great interest in nature, particularly birds, and enjoyed travel. He was also treasurer of the local RSPB group and a long standing supporter of the Woodland Trust locally and nationally. With his ready smile and general good humour, Don is much missed by friends, neighbours and his charity colleagues.

Call for young people to stand for election in Welsh Youth Parliament

AM Jane Hutt is urging young people to stand for election.

AM JANE HUTT is calling on young people in the Vale to stand for election in the new Welsh Youth Parliament.

The new 60-strong Welsh Youth Parliament will be elected in November and the AM is calling on young people in the Vale to take this opportunity to stand for election to the new Parliament.

She said: "You can do it! We have a great team of young people elected to our Vale Youth Forum and Vale Youth Cabinet who are making sure young people have a strong voice in the Vale.

"Voter registration opens on May 28 for all young people aged 11-18 and I hope young people in the Vale will not only register to vote, but also stand for election."

Visit website www.youthparliament.wales for further information.

RNLI lifeguards on duty at Sully Island

RNLI lifeguards will be patrolling Sully Island from this weekend in a bid to reduce the numbers of visitors cut off by high tides.

Barry RNLI and Penarth RNLI at Sully Island.

Last year there were a record number of rescues by Penarth RNLI volunteers who were called out more than 20 times to assist people cut off by the tide. Visitors getting trapped on the island accounted for a third of their call-outs in 2017.

During periods of high risk, RNLI lifeguards will be on hand to make a thorough sweep of the island prior to high tides, offering safety advice to visitors and keeping a log of anyone who chooses to stay on the island while the causeway is covered.

Matt Childs, the RNLI Lifeguard Supervisor for south east Wales, said: "We'll be in communication with HM Coastguard at Milford and also the local Coast Watch station throughout these times and will remain on site until the causeway is flooded."

Matt Childs said: "This is a site where people could lose their lives, so if you do get stuck on the island we would always advise you to stay put, don't try to get back across the water, but stay calm and ring the Coastguard on 999."

The tiny, deserted island, 400 metres from the mainland, is cut off twice a day when the tide comes in and is only accessible across a rocky causeway at low tide, a walk of around 40 minutes.

It remains a popular attraction for people visiting an Iron Age fort and a Victorian shipwreck, and is also classified as a Site of Special Scientific Interest.

From Saturday, May 26, lifeguards will also provide daily safety patrols on Whitmore Bay in Barry and from June 30, there will also be a daily RNLI lifeguard service at Southerndown, Ogmore and Llantwit Major.

The lifeguard service is provided in partnership with Vale Council.

Last week, the RNLI launched its Respect the Water drowning prevention campaign, focusing on safety advice for anyone who finds themselves unexpectedly in cold water.

Most people who die around the UK coast never expected to enter the water at all and the RNLI is urging anyone who falls into cold water to fight their instincts and remember one simple skill – floating – which could save lives from drowning.

Matt Childs said: "We often rely on our instincts but our instinctive response to sudden immersion in cold water – gasping, thrashing and swimming hard – is potentially a killer.

"It increases the chances of water entering your lungs, increases the strain on your heart, cools the skin further and lets air escape from any clothing, which then reduces buoyancy.

"Although it's counter-intuitive, the best immediate course of action in that situation is to fight your instinct and try to float or rest, just for a short time. The effects of cold water shock will pass quite quickly, within 60–90 seconds.

"Floating for this short time will let you regain control of your breathing and your survival chances will greatly increase."

For more information and advice on all aspects of beach and coastal safety, visit the RNLI's Respect the Water campaign website at rnli.org/safety/respect-the-water.

Local woman to train female drivers in Saudi Arabia

SUSAN NEWBON (ADI) owner of Cats Eyes Driving School Ltd, has been selected to go to Saudi Arabia to train women to become driving instructors, examiners and then go on themselves to become instructor trainers.

This is following the decision to legalise female drivers in KSA from June. This is a major undertaking and everyone at Cats Eyes is very proud of Susan and her fellow female driving instructors from Canada and the USA who are working to bring about theses historical changes.

The new laws seem even more appropriate, as it is the Year of the Woman.

Susan said: "I am proud and honoured that I have been chosen to be part of such a positive change in the Kingdom of Saudi Arabia's history and I look forward to supporting all those involved.

"It is an opportunity for me to use all the skills and experience I have gained over the many years of driver education and development."

FESTIVAL GETS ITS OWN BEER!

MACK EVENTS Presents Ltd, which organises GlastonBARRY, is collaborating with SA Brain & Co on a special festival beer.

Ross Mackintosh of Mack Events said the company was excited to be releasing its very own beer dubbed 'GlastonBARRY Festival Ale'.

"To be joining stars such as Gareth Bale, The Stereophonics and Alun Wyn Jones, who have previously worked with SA Brain & Co Ltd, is a dream come true.

"The GlastonBARRY Festival Ale will be available at bars and pubs across south Wales and of course at our flagship festival GlastonBARRY.

"We have always wanted our own beer but couldn't believe it when Brains asked us to collaborate with them and the GlastonBARRY Festival Ale was born.

"The deal has been kept under wraps for the last six months; it's great that the news has finally been officially announced."

SA Brain works in partnership with Real Madrid and Wales superstar Gareth Bale on the Elevens Bar and Grill in Cardiff.

The GlastonBARRY Festival is held at Romilly Park and will run from July 27 until July 29.

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Cancer charity's concerns over treatment targets missed by Wales NHS

MACMILLAN warns that Wales' failure to meet nationally set cancer treatment targets means 96 people faced treatment delays in March this year alone.

Highlighting the Welsh Government's latest cancer treatment waiting times, published recently, Macmillan Wales is concerned that both the 31-day and 62-day targets are being missed with such consistency.

While there were small improvements in March, Wales missed both its cancer treatment targets and has still not met its urgent suspected cancer treatment targets since 2008.

The charity warns that "...far too many patients" are facing a wait for their treatment to begin.

Richard Pugh, head of services for Macmillan Wales, said: "We cannot underestimate how vitally important early diagnosis and timely treatment is for people with cancer in Wales.

"Not only does timely treatment have the potential to improve outcomes, it also avoids creating unnecessary anxiety for cancer patients.

"Hearing the words 'you have cancer' is, for many people, the most difficult experience of their lives. The additional anxiety placed on people facing delays must be heart-breaking.

"The figure to focus on here is 96 people – and the loved ones who surround them – who have found themselves in such a position because the system lacks the capacity to deliver their treatment on time.

"Our NHS staff are fantastic, but they are not only trying to deal with a huge rise in demand – a 35.3 per cent increase for urgent suspected cancer treatment compared to five years ago – but also the financial challenges facing our health service which are greater than ever before.

"The Welsh Government needs to put extra capacity in place to make sure every cancer patient in Wales is given the best possible chance, by being diagnosed at the earliest opportunity and by starting their cancer treatment on time."

A Welsh Government spokesperson said: "The NHS in Wales has seen significant increases in demand for cancer treatment over the past five years.

"The number of treatments for cancer in the last 12 months was 8.3 per cent more than five years ago and the number treated in target time has increased by 7.3 per cent.

"We will continue to work with health boards to drive forward further improvements in performance."

South Wales Central AM Andrew RT Davies said: "Action must be taken to tackle unacceptable waiting times for cancer treatment in Wales.

Macmillan's report warned of the "heart breaking anxiety" that delayed treatment can cause as news emerged that 96 people faced treatment delays in March alone.

Concerns were also raised that both 31 and 62 day targets were missed with such consistency.

Pointing out that waiting times are "...probably the most common issue in his postbag", Mr Davies said it was vital the situation was addressed.

Constituents across Cardiff, the Vale and RCT "...will not stand for further inaction" he said.

Mr Davies added: "It has long been the case that cancer treatment times in Wales lag behind the England, and that is a matter of both worry and shame.

"It is deeply worrying to be told you have cancer, and Macmillan are absolutely right to highlight the heart breaking anxiety that comes with treatment being delayed.

"The people of Cardiff, the Vale and RCT rightly expect the very best treatment, and our doctors, nurses and NHS staff work exceptionally hard to provide it.

"But, sadly, Welsh Government incompetence means patients do not always get the standards they deserve.

"This situation must be sorted, and the Cabinet Secretary must take action to address it."

CI/GR

Vale Walking Festival reports record numbers

WALKERS at the ninth Vale of Glamorgan Walking Festival had a fantastic week of weather with a suspected record, or close to record, number of people taking part.

This was in spite of a double whammy in competition from the FA Cup final and the Royal Wedding. The longest trek of the festival was the celebrated Ogmore route, over the downs to the sea.

Walk leader John Treby reported a sunny morning when 16 walkers joined him at the Pelican in her Piety at Ogmore, when he found two walkers who were early, having walked the two miles from Bridgend – keen indeed.

The group set off up the hill to the top of Ogmore down, passing plenty of sheep on the way until they reached the edges of the golf course. With the skies clear, the views were outstanding.

Crossing the common, they reached the road which led back down the hill, passing St Bridget's Church, of Norman origin, to arrive in St Brides.

Turning right, they walked along the road for a short while, passing the village pond and pump and turning off the road opposite the Farmers Arms.

This led them down Pant y Slade to arrive at Dunraven Bay where they took a longer than usual coffee stop. They left just as three school parties arrived.

The route took them along the cliff top in the continuing sunshine with views across to north Devon.

With great fortitude they passed the catering vans in Ogmore by Sea car park to walk through the dunes up the Ogmore river valley. This was a gentle stroll with the dunes of Merthyr Mawr to their left until they reached Portobello House, where they crossed the road and joined the footpath high above the road to return to the Pelican where food and drink awaited them. The walk was enjoyed by all.

Many thanks to the staff of the Pelican (who had taken over less than a week before) for the hospitality and the use of their car park.

The Vale of Glamorgan Walking Festival is organised by the countryside access charity, Valeways.

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If you have a mortgage it is prudent to have life assurance in place that will pay for the mortgage should the income earners of the family become seriously ill or die.

You may have this cover already, but it is worth reviewing to ensure you have value for money on the cover offered.

2. OTHERS RELY ON YOU

No matter how well we plan, life has a habit of catching us unaware. How would your family cope if you were seriously ill or if you died?

Would their future be secure if you were unable to work because of accident or illness?

Following a divorce, it can be difficult to separate a lifetime of combined finances – our financial advisers can discuss your protection and pension needs.

3. YOU'RE NOT SURE YOU'LL HAVE ENOUGH INCOME IN RETIREMENT

Are you unclear about whether your pension savings will be sufficient when you slow down or stop working?

Perhaps you want to review your existing pension and add to it with further investments – or even start a new one. It's never too late to discuss your retirement plans.

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Bridgend & The Vale NFU Mutual would like to invite you to a free meet and greet session with our Financial Planner Rob Jackson.

On Thursday 14th June, Rob will be hosting free one hour sessions all day to discuss pensions, investments, family/business/life protection, protecting your wealth from the taxman, and other relevant topics here at the office.

Call us on 01656 337431, or drop by the office at Unit 1a Morien House, Bridgend, CF31 3SH (near Nathaniels Car Sales) to book your slot.

NFU Mutual Financial Advisers advise on NFU Mutual Products and selected products from specialist providers. When you get in touch we'll explain the advice services and the charges. Financial advice is provided by NFU Mutual Select Investments Ltd.

NFU Mutual Bridgend & The Vale will also be holding a Macmillan Coffee Morning, therefore there will be a range of cakes for sale throughout the day to raise funds for Macmillan Cancer. We hope to see you there.

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'Manage parking for the good of all at Penarth esplanade'

by TIM CHAPMAN
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INCONSIDERATE parking at Penarth esplanade is causing frustration for blue badge holders and visitors to the seafront area, a local man has told The GEM.

Mike Evans says parking regulations need to be enforced to ensure people get a 'fair chance' of a parking spot.

He said some car owners are using disabled spots they were not entitled to and others are hogging spots for hours on end.

Mr Evans (61), a long-standing Penarth resident, explained: "I'm extremely frustrated with the poorly managed parking facilities at Penarth seafront.

"During the Bank Holiday weekend, I was approached by a blue badge holder who had tried to find a space along the seafront.

"They had apparently driven around three or four times before parking up at the clifftop. It meant they had to struggle to walk down all the way down the hill.

"While parking spaces were at a premium during this holiday weekend, it is quite clear that some members of our community have little regard or respect for our community."

The issue is close to Mr Evans' heart because his mother has heart and mobility issues and is a blue badge holder.

He said some drivers park in blue badge spots when they should not and others stay in the 'two hour' spaces for hours on end. He claims there have even been 'cars for sale' on the esplanade.

When he approached a traffic enforcement officer about the parking problems he says he was told that officers had been instructed to concentrate on the double yellow lines at the pier and not spend time on the 'two hour spaces' further along the seafront because they also had to deal with Penarth town centre.

Mr Evans has filled out online forms on a number of occasions to make council staff aware of the problems.

"I have reported these issues many times to the Vale Council and it appears they are powerless to manage this situation.

"As we approach the summer period this ongoing issue will have an impact on the tourist trade at the seafront. When are enforcement officers going to support the needs of the community?"

The GEM recently reported how Barry Island residents were becoming frustrated with visitors who were parking illegally on green areas and across driveways.

The Vale Council announced work was under way on a parking strategy for the Vale of Glamorgan in December 2017.

Miles Punter, director of environment, said: "Some of our residents' most common concerns relate to parking issues.

"We know that in many areas the demand for car parking considerably exceeds supply. This leads to congestion in many town centres and often during the summer season people are unable to access our resorts.

"With ever increasing car numbers we must find the most efficient use of space we can and this will only be possible through a coherent and strategic approach.

"This is why the council has engaged independent experts to help us undertake a thorough review of how we currently work.

"We have looked closely at the approach of other local authorities and in particular at successful examples of managing town centre parking.

"We are currently pulling all of this research together into a new parking strategy for the Vale and will be presenting this for consultation in the coming months."

Parking at Penarth seafront needs to be managed more stringently a concerend local resident has said.

Local vineyard in running for award

GLYNDWR Vineyard has been chosen by Holiday Lettings as one of the final 10 competitors in the running to be named the UK's Most Popular Vineyard.

To win this award, the vineyard, based in Cowbridge, will need to receive the most votes on the company's website.

Voting ends at midnight on June 10, with the vineyard receiving the most votes crowned 'The UK's Most Popular Vineyard for 2018' on June 11.

The winning vineyard will also receive an official award certificate from Holiday Lettings to commemorate their win.

The full list of those in the running, visit blog.holidaylettings.co.uk/best-uk-vineyard-stays-wine-holiday.

VC

Bordervale opens its doors as part of scheme

BORDERVALE Plants in Cowbridge will be opening as part of the National Gardens Scheme:

Within mature woodland valley (semi-tamed), with stream and bog garden, extensive mixed borders; mini wildflower meado w, providing diverse wildlife habitats.

Children must be supervised. Open June 10, 11am to 4pm; admission £3 (adult), children free.

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Dare you complete The Circle?

THE Circle, a new factual entertainment series will contestants compete in a 'popularity contest' to win up to £50,000.

They will all live in one modern block but separately in individual apartments, interacting with one another exclusively through a voice-activated social media platform called The Circle.

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90 Day Notice	£5,000	£1	1.10%
Cash ISA	£1	£1	1.10%
Cash JISA	£1	£1	2.00%
Young Saver	£1	£1	2.00%
First Adult Saver (Only available to customers aged 16 to 30 years old)	£1	£1	1.25%

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LEEKES' PARTNERSHIP HAS CREATED EXTRA JOBS

LEEKES have unveiled their new manufacturing facility, in conjunction with Modplan, at their fabrication site in Abercarn, Gwent, showcasing the range of windows, doors and conservatories produced there using state-of-theart technology.

The new partnership, in which Modplan will become the main supplier for all Leekes' windows as well as selected doors and conservatories, has resulted in a new 5,500 square foot extension to the facility.

Extra jobs have been created since the partnership began with a recruitment drive still ongoing.

Frank Richardson, glazing sales manager at Leekes, said: "Last year Leekes fitted over 10,000 windows, and had a turnover of over £15million. Our new partnership with Modplan aims to grow this volume and turnover significantly over the next couple of years. Modplan and Leekes are both family companies, still operated by the original founding families.

"With Leekes' great reputation and Modplan's manufacturing expertise we believe that this is will be a great relationship between two south Wales based businesses."

Heidi Sachs, managing director of Modplan, said: "We've built our business on a partnership approach that adds value to every customer. Our new partnership with Leekes perfectly demonstrates our ethos.

"Everyone at Modplan is delighted to welcome Leekes and is looking forward to working hard to grow our business together over the coming months and years."

Emma Leeke, managing director at Leekes and David Burles and Heidi Sachs, directors at Modplan unveil the new Leekes factory at Modplan.

ADVERTISEMENT FEATURE

Get the will.i.am look with his exclusive new eyewear collection for Specsavers

Hip-hop superstar, entrepreneur and tech visionary will.i.am has launched a new eyewear collection, available exclusively at Specsavers.

Building on his passion for striking eyewear, first inspired by the hip-hop icons of his youth – Run DMC and Flavor Flav – the 17-piece collection references classic and iconic styles with an innovative and futuristic twist.

will.i.am, a multifaceted entertainer and innovator, best known as part of Black Eyed Peas, said: 'What makes my collection and designs unique are the subtleties and attention to detail that gives them the extra 'oomph', while remaining entirely wearable.

'Glasses are the best way to make your outfit look fresh, put together, yet unique. If I am going to take the time to make sure my shoes, coat and hat look good together, I'm always going to complete the outfit with a great pair of glasses. I want my line to inspire everyone to accessorise with glasses in a dope way.'

As part of the launch celebrations, Specsavers has teamed up with Snapchap to create a sponsored

lens, so users can instantly transform themselves with the superstar's look. Scan the Snapcode below in the Snapchat app to unleash your inner will.i.am.

Not only is Specsavers proud to offer its customers highly-desirable, yet affordable eye wear like this uber-fashionable new range, the opticians is also committed to providing expert and comprehensive eye care.

Specsavers features the latest clinical technology and highly qualified and professional teams. Customers that have undergone an eye test elsewhere are also welcome to bring in a valid prescription and choose from the extensive range of 2,000 specs.

will.i.am's collection for Specsavers is priced at £125 per pair and is included in Specsavers' two for one offer. All glasses come fitted with single vision lenses as standard.

Specsavers

will.i.am

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Local smallholders build links with Cameroon

Photos by Glyn Evans.
E-Mail: ffotoimage@tiscali.co.uk, Telephone 07791 228684, www.ffotoimage.co.uk Follow on Facebook too

Produce from Cameroon.

EARLIER this year, a local farmer and member of the Glamorgan Smallholders, Maurice Price, travelled to Cameroon as part of the 'Food for Prosperity' initiative to see how members of the agricultural communities here in Wales can offer practical help and advice to smallholders living and working in rural Cameroon.

It was the first time Mr Price had travelled out of Wales, but he did have company from other smallholders.

With the return of the group to Wales, the Glamorgan Smallholders decided to hold a party to welcome everyone home and to hear more about the trip.

The Boverton Castle pub in Llantwit Major kindly donated the use of their function room for the event. All the members of the Taste Carmeroon team were there, along with John Townley from the Office of the First Minister for Wales, who has responsibility for hub Africa Cymru.

There was an exceptional turnout of smallholders all wanting to learn more.

Russell Capling, chair of Glamorgan Smallholders said: "Initially we were surprised that Maurice took up the challenge to travel to Cameroon, especially knowing that he was not a seasoned traveller. However, a better man for the job would have been hard to find."

He added: "His personal wealth of experience in the agricultural sector and his ability to embrace new challenges and situations made him the ideal candidate and he is as good a listener as he is a natural teacher."

Towards the end of the event Mr Price was presented with a trophy to acknowledge his achievements on behalf of the group.

Mr Price concluded, "This has been a wonderful experience that has opened new doors to people and places that have been truly amazing. It was such a worthwhile thing to have done and I know that the things we have all learned will help a wider range of people in the months to come."

Mr Price had been invited by Carol Adams who is the director of Taste Cameroon.

During his stay Mr Price was able to meet farmers/smallholders from various regions. Their business models ranged from raising pigs to small strip farms run by women.

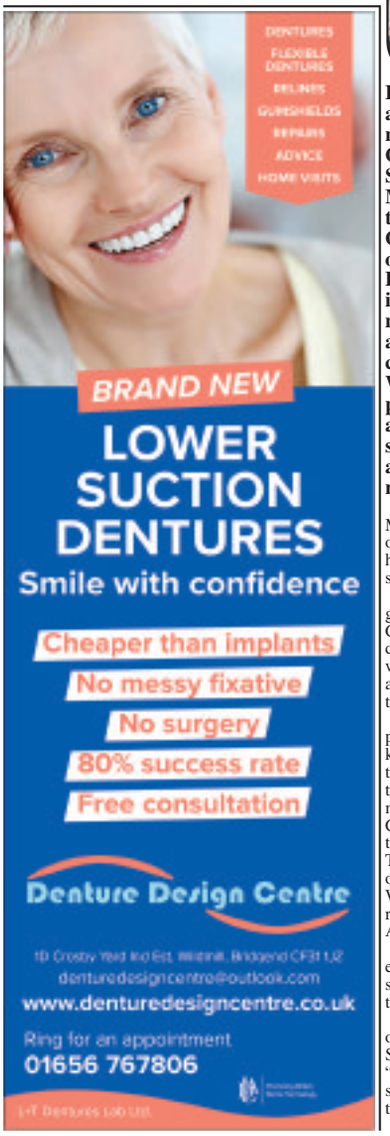
Mr Price said: "It was the most amazing experience. We received the warmest of welcomes everywhere we went. The people of Cameroon are quick to welcome you and keen to learn.

"They also had lots of things to share that we could adopt here in the UK. For instance, one lady I encountered was raising pigs and all the waste matter from the pigs was used to generate electricity. This was a sustainable model that was environmentally friendly and improved both the lives of the pigs and the people."

Whilst there the group also attended a Royal reception where they met the King and were honoured for the work they were doing with the Cameroon people.

It is anticipated that the Wales-Cameroon exchange will continue and that more opportunities to visit each others agricultural worlds will take place in the not too distant future.

JB



Welfare rights advice

IF you live in the Vale and need some advice or help on benefits such as Pension Credit, Attendance Allowance, Housing Benefit or Disability Living Allowance, Age Connects Cardiff and Vale run a free welfare rights service.

An adviser will be available to chat to on any of these issues and help with form filling on Tuesday, June 4 from 9 30am to 11.30am at The Age Connects Senior Health Shop, 38 Holton Road, Barry.

No appointment is needed, just come along. For further information call 01446 732385; home visits can be arranged if needed.

Ableworld supports Dementia Action Week

The Ableworld team are supporting Dementia Action Week.

DURING Dementia Action Week, Ableworld have been busy supporting the Alzheimer's Society while making customers more aware of the importance of dementia, and helping others to understand it more.

In local newspapers, they have been advertising dementia friendly products that they stock in their stores, and the reasons these products are ideal for a person living with dementia.

On social media platforms, they have been sharing stories and videos from Alzheimer's Society to further raise the awareness of dementia.

Also, as part of the Ableworld initiative to make all their staff Dementia Friendly, they have carried out more information sessions for employees. Ableworld have a number of employees who have become Dementia Champions, which enables them to hold the information sessions.

If you would like to become a Dementia Friend, visit the website *www.dementiafriends.org.uk* or if you feel you can help by volunteering in any other way, then please visit *www.alzheimers.org.uk/getinvolved*.

Ableworld is the UK's leading mobility company with 35 stores nationwide with the main aim of keeping people independent for longer.

For more information, visit www.ableworld.co.uk

VALEWAYS WALKS

ON Sunday, June 3 at 12pm, 'Coastal path, woods and stream', starting at Nash Point, Marcross near the lighthouse; car park fee applies.

On June 5 at 10am, 'Crwydro', Coffee Cove, Ynys Y Barri/Barry Island.

On Wednesday, June 6 at 2.30pm, the Llantwit Major Coffee Shop Strollers meet at Llantwit Major Town Hall car park.

Also on June 6 at 10.30am, the Cosmeston Coffee Shop Strollers meet outside the visitor centre at Cosmeston Country Park.

On Thursday, June 7 at 10.30am, the Living with Cancer Strollers meet outside the visitor centre at Cosmeston Country Park.

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Any 5 windows	£2,745	£31.44	£3,245	£37.17
Any 6 windows	£3,294	£37.73	£3,894	£44.60
Any 7 windows	£3,843	£44.02	£4,543	£52.03
Any 8 windows	£4,392	£50.30	£5,192	£59.46
Any 9 windows	£4,941	£56.59	£5,841	£66.90
Any 10 windows	£5,490	£62.88	£6,490	£74.33
Any 11 windows	£6,039	£69.16	£7,139	£81.76
Any 12 windows	£6,588	£75.45	£7,788	£89.19
Any 13 windows	£7,137	£81.74	£8,437	£96.63
Any 14 windows	£7,686	£88.03	£9,086	£104.06
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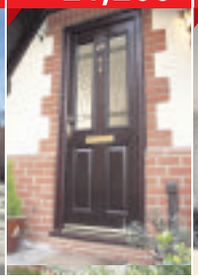

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Glamorgan Voluntary Services promoting Volunteers' Week

1-7 June VOLUNTEERS' WEEK

TEN TOP REASONS FOR GETTING TO KNOW GVS

VOLUNTARY groups can draw strength from being part of a larger group, and this is why Glamorgan Voluntary Services (GVS) is so important to the Vale.

At a time when we read far too often about community groups drowning in red tape, a body such as GVS can provide so much valuable advice.

Here's a 'Top Ten' of things that GVS can do to help your community group.

1/ The opportunity to become part of a stronger collective third sector by joining the biggest voluntary network in the Vale of Glamorgan. We have a team of experienced staff to assist with the needs of community groups

2/ Priority access to our highly efficient practical services e.g. design, photocopying, room hire and free loan of equipment.

3/ Free advice and guidance from our funding expert to help your organisation identify and bid for grants

4/ We recruit volunteers into your organisation and give advice on their management – from developing suitable role descriptions, to identifying the right volunteers.

5/ We arrange a series of free third sector events throughout the year and invite guest speakers such as the chair of the University Health Board and key funders

6/ We assist trustees to run groups efficiently and legally, help set up new groups, develop governing documents, provide support with registering as a charity and develop policies and procedures.

7/ 70 per cent of our members have free membership. There is a small annual charge for groups with an annual income above £15,600

8/ Access to high quality discounted training run by experts on diverse topics.

9/ Free promotion via our website directory, e-Bulletins, Vista magazine and social media platforms.

10/ Because we are here to support YOU!

age connects cardiff & the vale.

1 in 4 older people in your community feels isolated & lonely so whether you have a little or a lot of time to give you CAN make a difference.

We NEED volunteers to:

- Join someone for a chat on a weekly basis
- Provide one off or regular transport in your own car
- Help someone frail go out for a walk to the local park, cafe, shops
- Support with shopping

Age Connects Cardiff and the Vale is a registered charity which has been helping older people since 1974. For further information contact: **01446 795 549.**

Charity Number: 1137821

GVS FOR COMMUNITY GROUP SUPPORT

DOES your community group need support? Glamorgan Voluntary Services (GVS) provides a wealth of support to community groups and people who would like to volunteer.

We strive to make a big difference in the Vale in what we do.

GVS supports community groups through: low cost high quality printing and design; assisting with the recruitment of volunteers; free advice and guidance to help identify and bid for grants; assisting trustees to run groups efficiently and legally; they help set up new groups, develop governing documents, provide support with registering as a charity and develop policies and procedures; free and low cost training, networks and events; free equipment loan and promotion.

GVS can also support individuals by finding the right volunteering position for them from the 500 opportunities on offer.

If you would like to benefit from our help, contact Glamorgan Voluntary Services (GVS) on 01446 741706, email: enquiries@gvs.wales or visit www.gvs.wales

The Vale Youth Forum is "The Voice of Young People in the Vale"

Charity Trustees and volunteers to support Forum meetings urgently required.

Email valeyouthforum@hotmail.co.uk

Or call 07526 449720

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COLWINSTON AND WICK YOUTH CLUBS

Serving Young People in the Rural Vale since 1981.

Young People in Rural Vale Youth Clubs need your help. Youth Clubs at Colwinston and Wick need volunteers.

Could you spare a few hours on a Wednesday or a Friday evening? Support young people in one of the few remaining youth clubs in the Rural Vale of Glamorgan?

Various roles available

*email - **colwinstonyouthclub@hotmail.com** or **Wickyouthclub@live.co.uk** for details.*

Or call 07710209437

Let's celebrate volunteering!

Volunteers' Week is a chance to say thank you for the fantastic contribution millions of volunteers make across the UK. It takes place on the 1st to 7th June every year and is an opportunity to celebrate volunteering in all its diversity. During the week, hundreds of events and celebrations take place across the country, saying thank you to volunteers and recognising their invaluable contribution to the UK.

Local charities will host a variety of activities to celebrate the power of volunteering to bring communities together. For many, the week will also be a chance to showcase the wide range of volunteering opportunities on offer and to encourage more people to try volunteering for the first time.

Glamorgan Voluntary Services (GVS) provides a wealth of support to community groups and people who would like to volunteer. They will be celebrating throughout Volunteers' Week with a host of events and also encourage other organisations working in the Vale of Glamorgan to celebrate their volunteers with their own events.

Throughout the week GVS will be broadcasting on Bro Radio focussing on volunteering in the Vale, discussing some great volunteer stories with our guests. On the 5th June GVS will be available to discuss volunteering at our market stall on Holton Road, Barry from 9:30am. On June 6th we will also be on Radio Cardiff's 'Well Waves' radio show which will be presented by volunteers. This will be followed by an afternoon tea for GVS volunteers on 7th June.

GVS' Operational Manager, Paul Warren said:

"This year, Volunteers' Week is about volunteering for all – celebrating the huge range of people who give their time in so many ways. When thanking your volunteers this year, take a moment to remember each and every one of them. From trustees and campaigners to carers and fundraisers, this is a great time to think about the fantastic contribution all your volunteers make.

It's also a chance to think about what volunteering means to you. How can you celebrate people from every walk of life who are getting involved in volunteering?"

Pictured above: Geri Escott, volunteer from Wick Youth Club with Paul Warren, Operational Manager GVS

Some benefits of volunteering can include:

- Gaining confidence
- Making a difference
- Meeting people. Volunteering can help you meet different kinds of people and make new friends
- Being part of a community
- Learning new skills
- Taking on a challenge
- Improve your health and wellbeing
- Having fun!

For more information on Volunteers' Week or to find out about over 500 local volunteering opportunities, please contact GVS, tel: 01446 741706, e-mail: volunteering@gvs.wales Website: www.gvs.wales Registered Charity No. 1163193

Glamorgan Voluntary Services promoting Volunteers' Week

1-7 JUN VOLUNTEERS' WEEK

Some of the projects run by Glamorgan Voluntary Services

HERE are some of the projects that Glamorgan Voluntary Services have hosted:

CONNECTED CARERS

Are you someone who is a family carer of a person with a life-long and/or life-limiting condition?

If so we may be able to help you.

Connected Carers is a Big Lottery Funded project providing opportunities for family carers to:

• Benefit from social networking opportunities at a time and in a place that best suits your needs.

• Talk to people in similar situations who may offer help and support and may be able to offer practical and relevant solutions to your problems.

• Access basic IT training to help beneficiaries secure their statutory entitlements online.

For further details please contact Rhian Thomas at GVS, Tel: 01446 741706 or e-mail connectedcarers@gvs.wales.

PAVE THE WAY

PAVE the Way is a new project funded by the Big Lottery Fund to support people into volunteering to achieve wellbeing.

Operating throughout Cardiff and the Vale, it is led by Cardiff and Vale Action for Mental Health (CAVAMH) in partnership with Glamorgan Voluntary Services (GVS) and Voluntary Community Services (VCS).

This ensures that our project can be delivered in your community and led by the organisation which understands your area and the volunteering opportunities available.

Read more about Pave the Way at www.gvs.wales/volunteering/i-am-interested-in-volunteering/supported-volunteering.

CO-CREATING HEALTHY CHANGE

CO-CREATING Healthy Change, funded under Community Voices by Big Lottery, is a portfolio of 10 projects working across Cardiff and the Vale so that people are able to influence decisions about health and well-being services and co-create change in health and social care public service delivery.

Managed by Cardiff Third Sector Council in conjunction with Glamorgan Voluntary Services, the portfolio will operate from 2013 until 2017 to develop people's skills, enabling them to influence decisions about the delivery of health and well-being services in their area.

The portfolio is an exciting collaboration between 10 partners, which brings together their diverse skills, experience and remits to develop, and deliver, a multitude of forums, events, training sessions and activities, enhancing the community voice in shaping health and well-being service delivery: www.c3sc.org.uk/partnerships/community-voice-co-creating-healthy-change.

PAST PROJECTS

FRIENDLY ADVANTAGE PROJECT

THE project offered a range of befriending services to reduce loneliness and isolation and improve the well being of older people in Cardiff and the Vale.

The project funded by the Big Lottery for four years was delivered through a consortium of service providers experienced in supporting older people.

BARRY: A NEW COMMUNITY

BARRY: A New Community was a heritage project identifying the people, families and events that shaped modern Barry from 1881 to 1945.

During that time Barry was an economic hub that helped drive the growth of Wales.

The project concluded at the end of June 2015.

Plaid says school uniform grant should be kept

A GRANT for parents on low incomes to buy school uniforms won't be restored by Vale Council after it was cut by the Welsh Government – but a replacement has been promised.

The school uniform grant offered payments of £105 to parents of year-7 pupils eligible for free school meals and helped 5,500 children in Wales last year.

But the Welsh Government decided to cut the scheme for the 2018/19 school year as the cost of uniforms has "reduced significantly".

The Vale Council says it is not in a position to restore the school uniform grant, while the Welsh Government said it will announce details of a replacement grant in the coming weeks.

Plaid Cymru had called for the Vale Council to support parents in buying school uniform after the grant was cut.

Cllr Nic Hodges said that the council should follow the example of Plaid-run Gwynedd Council who have decided to keep the grant in 2018-19, funding it from within the council budget.

He said: "It is very disappointing that Labour voted to cut the School Uniform Grant, which helped parents to pay for school uniforms as children moved from primary school to secondary school.

"Barry has two new comprehensive schools opening this autumn, both with new uniforms. There will be many parents worrying how much money it will cost.

"As part of the costs of school reorganisation, the Vale Council should make this grant available."

Cllr Bob Penrose, the Vale Council's cabinet member for learning and culture, said: "Regrettably, the council is not in a position to continue providing a school uniform grant on behalf of Welsh Government following withdrawal of the funding across Wales.

"It is our understanding that Welsh Government is looking into replacing the grant with a more flexible fund intended to better meet the needs of disadvantaged learners which could be in place from September 2018."

A Welsh Government spokesman said: "As Plaid Cymru are aware, the Cabinet Secretary is due to make an announcement on a broader replacement grant, also covering school uniforms, in the coming weeks".

LDR

Ramblers enjoy best of the Gower and Ogmore

SEVENTEEN walkers and dogs Ramakin and Meg joined Joy from Penarth and District Ramblers on a beautiful sunny morning and, heading through Parkmill and into woodland, they continued alongside the Pennard Pill River with views across Three Cliff Bay.

A steep climb on a sandy track led them onto the headland and then along a narrow path above Tor Bay for the descent through bluebell-filled woodland to Nicholaston Burrows, for morning break.

The air was filled with the aroma of wild garlic as they made their way through Nicholaston Wood and uphill to the wonderful landscaped gardens of the Penrice Estate and then on rough tracks through Mill Wood.

A gradual climb by road towards Reynoldston as the heat rose led to a deviation onto Cefn Bryn for the haul up to the ridgeway and beyond to enjoy lunch at Arthur's Stone, a Neolithic burial chamber with stunning views across the Lougher Estuary towards Kidwelly, Burry Port and Llanelli.

Following the ridgeway on Cefn Bryn, also known as the 'backbone of Gower' eastwards towards Penmaen, led to a descent into woodland and past the Parc le Breos burial cairn back to their start.

The following day, Geraint played host to a group of nine walkers at Ogmore-by-Sea on another beautiful morning and, heading along a narrow sandy path to the Pelican in Her Piety, tramped pavements before heading over the Ewenny River and onto Ogmore Down, from where there were great views of the ruined Ogmore Castle.

A suspension bridge over the Ogmore River brought them into the beautiful village of Merthyr Mawr and by road to Ton Farm, where sheep-filled fields led them towards Candleston Farm for morning break.

Entering Merthyr Mawr Warren and following a winding sandy path through bluebell adorned coppiced woodland, they came to a clearing once the site of a rifle range and, onward towards Newton.

Heading south and descending the pebbles onto Traeth yr Afon, the tide was still covering the Black Rocks as they made their way halfway across the beach, before stopping by the dunes for lunch.

Then, continuing their journey to the Ogmore Estuary and heading inland to the very busy Merthyr Mawr car park, the road brought them to the delightful St Teilo's Church for a quick visit before retracing their steps to return to Portobello House for the journey home.

Please note the changes to forthcoming weekend walks, which are different from the printed programme.

On June 2, meet 9am at Cogan Leisure Centre for a 12-mile hard walk taking in the Senghenydd Dyke and the Welsh National Mining Memorial and garden: contact Rachel on 01446 410545.

On June 3, meet at 9am at Cogan for a 6.5-mile moderate walk at Llanfeigan taking in the Brecon Canal; contact Joy on 01446 737131.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, then please contact the walk leader for advice.

To follow the group, log onto www.penarthramblers.wordpress.com or Facebook. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

Joy Strangward

Would you give Sancho a home?

Heather and Sancho.

SANCHO is a seven-year-old Staffy cross English Bull Terrier.

He is a friendly chap who is excitable when he meets both people and dogs.

He loves his walks and he will happily walk alongside other dogs; however, his play style off-lead can be a little boisterous for some, so continued training and socialisation with a patient owner will be beneficial.

Sancho is best suited to living in a pet-free home, and he can live with children 11 years and over.

He has a fun personality and would be a great addition to the right home.

For more information on Sancho, visit the Dogs Trust Rehoming Centre in Bridgend, CF31 4NG; or give us call on 01656 725219. You can also visit our website at www.dogstrust.org.uk.

Julie Ace

Mental health advice

SOLACE is a service within Cardiff and The Vale University Health Board and is supported by Cardiff and Vale Health charity.

The scheme provides support to carers and those diagnosed with dementia, depression or severe later life mental illness. Age Connects Cardiff and Vale are holding a drop-in information session on Tuesday, June 5 from 10am to 12pm at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road, Barry. No appointment is needed, just come along and find what help is there. Call 01446 732385 for further information.

Citizens Advice Cardiff and Vale

is celebrating the wonderful volunteers who help solve problems faced by people throughout Cardiff and the Vale of Glamorgan.

To mark Volunteers week (1st – 7th June), the charity is highlighting the contribution of it's team of 47 volunteers.

Citizens Advice Cardiff and Vale help people facing problems from housing and debt issues to benefits and employments rights. The charity's volunteers play a role in ensuring people in Cardiff and the Vale of Glamorgan get the advice and support they need to get on with their life. Volunteers deliver help and advice via a number of channels such as face to face, telephone and email. The service is run from our main offices in Broad Street, Barry and Cardiff Central Library as well as various outreach premises across Cardiff and the Vale of Glamorgan.

Jane Clay, CEO at Citizens Advice Cardiff and Vale said: "Thank you to all our amazing volunteers. Your dedication, hard work and enthusiasm enable us to provide a service that really makes a difference to people. Thank you and well done!"

"Our volunteers give up their time to help people who may be going through problems to get back on their feet." Volunteering also brings its own rewards and is a great way to meet new people and learn new skills. If you can spare a few hours each week, we would love to hear from you."

Citizens Advice Cardiff and Vale offer a wide range of voluntary roles from Advisers to Administrators, Receptionists and trustees.

If you're interested in finding our more about volunteering with Citizens Advice Cardiff and Vale, contact: Colette Ireland, Volunteer Recruitment and Development Team Leader at volunteering@cacv.org.uk for further information

Registered Charity Number 1089294

National Glaucoma Awareness Week
June 4th - 10th 2018

DRY EYE SYNDROME - RAISING AWARENESS OF ITS IMPACT

THE International Glaucoma Association is focusing on the impact of dry eye syndrome for people with glaucoma during IGA National Glaucoma Week (June 4-10).

Dry eye can have a debilitating effect on a person's quality of life yet is little understood.

Dry eye syndrome affects 50 to 60 per cent of people with glaucoma and one in three people over the age of 65. It is a disorder where the eyes don't make enough tears, or the tears evaporate too quickly. This can make eyes feel dry, scratchy and irritated or watery, and feel heavy and tired by the end of the day. In severe cases people report pain, discomfort and depression, and its impact has been compared with that of angina, dialysis and disabling hip fractures.

Commenting on the campaign, Karen Osborn says: "Dry eye has an adverse impact on quality of life, with people saying that they cannot read, find the sunlight painful, feel unhappy and can't even open their eyes long enough to do certain daily tasks."

"We want to encourage anyone who has aggravating dry eye symptoms to seek the advice of their optometrist, pharmacist or GP and it is important that people with glaucoma raise any dry eye symptoms with their ophthalmologist as a change of glaucoma treatment to a preservative free eye drop often helps to reduce the symptoms of dry eye syndrome".

Glaucoma affects around 700,000 people in the UK and the majority of people will initially be treated with medical eye drops. Managing both dry eye and glaucoma effectively is important, but challenging. Both conditions are long-term but manageable.

For more information and helpful tips to ease the condition, visit https://www.glaucoma-association.com/about-the-iga/what-we-do/campaigns/glaucoma-and-dry-eye-syndrome.

EARLY DIAGNOSIS KEY SAY JONES & JONES

CHRONIC glaucoma affects two per cent of the population over the age of 40, increasing to over 10 per cent for those aged 75 or older.

There are about 500,000 people in England and Wales with glaucoma, and about 70 million worldwide, making it one of the leading causes of blindness.

Unfortunately, there are no symptoms until extensive, irreversible damage to the optic nerve has occurred, resulting in unrecoverable vision loss, and it is estimated that up to 50 per cent of people with glaucoma are undiagnosed.

Frustratingly, needless blindness from glaucoma can be easily averted as it can often be treated with simple eye drops. The key to successful treatment is early diagnosis. To increase your chance of being diagnosed early, you should have a sight test at least every two years – or more frequently if you have a first degree relative with glaucoma.

At Jones & Jones Optometrists, Dr Adrian Jones has a special interest in glaucoma and holds the College of Optometrists Higher Diploma in the diagnosis and management of glaucoma.

After spending almost a decade in specialist clinics at the University Hospital of Wales in Cardiff and Bristol Eye Hospital, he has a wealth of knowledge and clinical expertise.

Dr Jones is able to offer NICE-compliant glaucoma assessments and comprehensive ongoing aftercare.

If you are concerned about the possibility of glaucoma, please telephone 01446 400015 to book an appointment or visit our website at www.jonesandjones.org.uk.

Taking a closer look at Barry Eye Centre...

ARE you looking for a reliable company that can offer eye tests in Barry?

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We are also able to fit contact lenses on-site, as well as selling sunglasses, so whenever you are in need of professional opticians in Barry, you know you need to call Barry Eye Centre Ltd.

We are open six days a week and are professional and friendly at all times.

We take the care of your eyes very seriously and work hard to ensure that you have good eye health.

We're proud of the standard of our care to our customers and feel sure that you won't be disappointed that you chose Barry Eye Centre Ltd when you needed eye tests in Penarth.

For more information, contact us on 01446 745606, or info@barryeyecentrebarry.co.uk.

Barry Comp receives maths masterclasses

William with Professor Damian Darnell.

IN January, several aspiring mathematicians from Barry Comprehensive School were invited to attend a series of mathematics masterclasses given by university professors.

William Ferris in year-9 attended each lecture over the course of a two-month period.

Due to his success and the commitment he has shown in broadening his knowledge of mathematics, he has been invited to the South West Royal Institution Mathematics Masterclass Celebration at Bath University on June 16.

William will attend talks and workshops on some of the most interesting and useful areas of mathematics and their far-reaching applications.

The mathematics department hopes that William has a fantastic day and would like to congratulate him.

His invitation to Bath University is testament to the enthusiasm and hard work he has shown to the subject.

SS

Minister 'must give timescale' on incinerator EIA

THE Welsh Government must provide residents with details of when an Environmental Impact Assessment will be carried out on the controversial incinerator at Barry Docks, South Wales Central AM Andrew RT Davies has said.

In February, Minister for Environment Hannah Blythyn told Assembly Members she was "minded to" insist that an EIA be carried out before an environmental permit would be granted.

But residents have complained this does not appear to be forthcoming, with concerns it may now not go ahead.

Recently in the Senedd, Mr Davies asked Ms Blythyn to provide a timeline of when a final decision would be made, pointing to significant cross-party support.

In response, Ms Blythyn said the Welsh Government "do not intend to set deadline" – a decision Mr Davies described as "regrettable".

Mr Davies said: "Barry residents are rightly concerned about the potentially damaging impacts this incinerator may have on the environment.

"Recently we were told the operators expect to be running by Christmas, yet Ministers are yet to make good on their promise to insist on an EIA.

"It's vital this is carried out sooner rather than later, so a timescale on a final decision must be provided.

"Months have passed since the Minister's previous comments and it is not unreasonable to expect progress.

"Residents will be disappointed with Welsh Labour dithering on such an important issue."

SJ

Induction of new minister

AFTER the retirement of Rev Clive Jones, in September, after nearly 25 years as Minister at Salem Baptist Church, Beryl Road, Barry we are pleased to welcome a new Minister, Rev Ray Ellis.

The Induction Service for Ray will be held at Salem on Saturday, June 2 at 2.30pm. Members from Ray's former church at Pawson's Road, Croydon will be making the journey to Barry for the service that will include a message from Rev Gareth Evans (Whitchurch), the induction by Rev Nick Bradshaw (regional team leader of the South Wales Baptist Association) and songs from Salem Singers. A warm welcome is extended to all.

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PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
www.ffotoimage.co.uk

GOOD weather always helps, and the blue skies that greeted the Cowbridge Food Festival ensured that the town's streets were packed with visitors.

This year, it was clear that the 'spin-offs' from the festival are getting more and more popular, with people taking in the stalls in the Old Hall Gardens and on the Bear Field.

Wherever you looked, there were places offering street food from Tex Mex to barbecue, with pulled pork buns, laver bread dim sum, and that famous local street food, Welsh rarebit!

Gorchymyn Cyngor Bro Morgannwg

CAU FFORDD DROS DRO, ADRAN 16A
DEDDF RHEOLEIDDIO TRAFFIG FFYRDD 1984
PARÊD DIWRNOD Y LLUOEDD ARFOG
YNYS Y BARRI
DYDD SADWRN 9 MEHEFIN 2018

RHODDIR HYSBYSIAD DRWY HYN fod Cyngor Bro Morgannwg wedi gwneud gorchymyn dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984 fel a ganlyn:-

DRWY HYN, yn ystod oriau penodol o'r diwrnod ac ar y dyddiad a nodir yng ngholofn 1 a 3 yr Atodlen caiff y strydoedd neu'r rhannau o'r strydoedd a nodir yng ngholofn 2 yr Atodlen honno eu defnyddio i gynnal digwyddiad perthnasol fel y disgrifir yn Adran 16(A) (1) Deddf Rheoleiddio Traffig Ffyrdd 1984, mae'r Cyngor, yn unol â'r pwerau a ddyfernir iddo dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984, yn

GORCHYMYN AC YN CYFARWYDDO, er mwyn hwyluso'r gwaith o gynnal y digwyddiad, galluogi aelodau'r cyhoedd i wylio'r digwyddiad hwnnw a lleihau unrhyw effaith ar draffig a achosir gan y digwyddiad, cydymffurfiaeth â'r rheoliad canlynol:-

CYFYNGIR, ac eithrio i'r hyn y darperir ar ei gyfer yn y gorchymyn, y defnydd o'r strydoedd neu'r rhannau o'r strydoedd a nodir i'r holl draffig cerbydau, gan gynnwys beiciau pedal, ac eithrio i Gerbydau'r Gwasanaethau Brys (gan gynnwys criw cwch achub wedi'i alw allan), rhwng yr oriau a nodir yng ngholofn 3 o'r atodlen a nodir.

Y gosb am dorri'r rheoliad yw dirwy hyd at £1000.00.

ATODLEN

Colofn 1	Colofn 2	Colofn 3
Dydd Sadwrn 9 Mehefin 2018	**Friars Road,** rhwng y gyffordd â Station Approach a Paget Road **Paget Road** rhwng y gyffordd â Friars Road a diwedd ei ffordd bengaead	07.00am tan 1.00pm

Bydd Arwyddion i'r Gwyriad a Mynediad i Gerddwyr ar waith
Dyddiedig 31 Mai 2018
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg
Depo'r Alpau, Gwenfô, CF5 6AA.

The Vale of Glamorgan Council

TEMPORARY ROAD CLOSURE ORDER, SECTION 16A
ROAD TRAFFIC REGULATION ACT 1984
ARMED FORCES DAY PARADE
BARRY ISLAND
SATURDAY 9th JUNE 2018

NOTICE IS HEREBY GIVEN that the Vale of Glamorgan Council have made an order under Section 16A Road Traffic Regulation Act 1984 as follows:-

WHEREAS during certain hours of the day and date specified in column 1 and 3 of the Schedule hereto the streets or part thereof listed in column 2 of the said schedule will be used for the holding of a relevant event as described in Section 16(A)(1) of the Road Traffic Regulation Act 1984, the Council, pursuant to the powers conferred by Section 16A of the Road Traffic Regulation Act 1984 do **HEREBY ORDER AND DIRECT** in order to facilitate the holding of the event, enable members of the public to watch the said event and to reduce the disruption to traffic likely to be caused by the event the following regulation shall be observed:-

THAT, except as provided by the order, the said streets or parts thereof shall be closed to all vehicular traffic including pedal cycles with the exception of all Emergency Services Vehicles (including called out lifeboat crew), and Designated Event Vehicles, between the hours specified in column 3 of the said schedule.

The penalty for infringement of the said regulation is a fine not exceeding £1000.00.

SCHEDULE

Column 1	Column 2	Column 3
Saturday 9th June 2018	**Friars Road** from its junction with Station Approach to Paget Road **Paget Road** from its junction with Friars Road to its cul-de-sac end	07.00am to 1.00pm

Local Signed Diversions and Pedestrian Access shall be in place
Dated this 31st day of May 2018
Director of Environment & Housing
Vale of Glamorgan Council
The Alps Depot, Wenvoe CF5 6AA

Out & About with The GEM

Solo soars in hugely satisfying slice of blockbuster action

WHEN Disney bought LucasFilm, it was to satisfy their desire to saturate the cinematic market with as much *Star Wars* as you could possibly handle (and given the box office receipts for those film, you can handle a lot!).

It also hinted at exploring characters from within the existing saga, films tackling the lives of the likes of Obi-Wan Kenobi and Boba Fett being mooted.

However, the first of these films tackles a hugely-beloved character in Han Solo in *Solo: A Star Wars Story*. Alden Ehrenreich takes over the mantle of the space scoundrel as we get to know him before his fateful meeting with Luke Skywalker and Obi-Wan.

Orphaned and having grown up with Qi'Ra (Emilia Clarke), Solo is booted out of the Imperial Navy. He then meets a Wookie named Chewbacca (Joonas Suotamo) and becomes involved with Tobias Beckett (Woody Harrelson), a smuggler with a unique proposition for Solo to join a gang he is putting together for a heist.

There he meets, among others, Lando Calrissian (Donald Glover), pilot of the Millennium Falcon, as they aim to complete a job for the dangerous Dryden Vos (Paul Bettany)...

It's a much-known fact that Solo started life with *21 Jump Street* directors Chris Miller and Phil Lord at the helm. Amidst rumours of them making a more comedic film, they were replaced by the sure hand of Ron Howard, but, understandably, such troubles were suggestive of a film that was floundering rather than thriving.

by GARETH JAMIESON
Follow Screen Talk on Twitter – @GEMScreenTalk

Add to that the question of whether exploring the early years of one of finest characters in *Star Wars* (if not cinema as a whole) is a worthy one, and you have what could be a recipe for disaster. So it's satisfying to report that Solo is a rip-roaring galactic adventure, a hugely satisfying blockbuster.

Stepping into the boots of the roguish Solo (and Harrison Ford) can't be an easy task, but Alden Ehrenreich is really impressive here. Giving his portrayal a flash of the wit and wiles of Ford's iteration, but also the naivety and hot-headedness of youth, it's a performance that pays due deference to what has gone before (or after in narrative terms) but also stands on its own two feet.

There's a solid cast surrounding him as well – Emilia Clarke as his childhood sweetheart Qi'Ra is a little bland but with intriguing edges, Woody Harrelson excels at the sort of morally-murky characters he always does so well, Paul Bettany's villainous gangster Dryden Vos does a nice line in passive malevolence and Phoebe Waller-Bridge, as a navigational robot, has some of the film's best lines.

Predictably, the performance of Donald Glover as Lando Calrissian near enough steals the show from the rest of the cast. Picking one of the coolest men in popular culture to portray one of the coolest men in *Star Wars* lore was hardly taking a risk, but, much like Ehrenreich, Glover brings himself to the character of Lando while echoing elements of Billy Dee Williams' portrayal, and though his role is small but significant, he shares a great chemistry with Ehrenreich.

The film's well-publicised directorial issues have had minimal effect on the end product. The slightly off-kilter comedic sensibility of Chris Miller and Phil Lord is in the mix, albeit low, while the professional and assured hand of Ron Howard ensures the film moves at a pace and the action sequences fizz with adventure (a railroad heist, in particular, excellently staged), the film playing as part-heist movie, part-western. It's also a film that visually identifies as a *Star Wars* film – it has that tone and colour, though Howard is a smart enough director to ape rather than wholesale copy.

The directorial joins only ever briefly show – Beckett and his crew's introduction feels a little bit muddled, while the pace of the film means certain elements feel rushed through. But there are plenty of callbacks and references to *Star Wars* adventures past and present (the film taking place between *Episode III* and *Episode IV* of the main saga), and one genuine shock moment that certainly suggests there will be more installments should the public and studio want them.

Given its pre-publicity, there is no way that *Solo: A Star Wars* Story should be as good as it is; but strip away the negative hyperbole and even then you are left with a thrilling adventure that should sate the most die-hard *Star Wars* (and Han Solo) fans.

VERDICT: Examining the early years of the life of a beloved character is never easy (or indeed necessary) but *Solo: A Star Wars Story* delivers the goods; a thorough delight that treats a beloved character with the right amount of respect.

The performances are spot on, especially Alden Ehrenreich, with some big shoes to fill, and Donald Glover's cooly louche Lando, and it all adds up to an impressively satisfying sci-fi adventure. *Highly recommended*.

SEE THIS IF YOU LIKED: *Rogue One: A Star Wars Story* (2016), *Stars Wars* (1977).

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NEW BOOK HIGHLIGHTS DELIGHTS OF MID WALES

FAMOUS for its breath-taking mountain scenery, mid-Wales is a region with huge appeal.

From the delights of Cardigan Bay to the wilds of the Brecon Beacons National Park, this book, *50 Gems of Mid Wales,* takes the reader on a fascinating journey along the ancient routes through spectacular scenery, sleepy villages and the historic market towns of the mid-Wales Marches.

Beaches and coves, castles and museums and those magnificent mountains, they're all here in a lovingly painted picture of mid Wales today.

In *50 Gems of Mid Wales*, author Geoff Brookes explores some of the places that make this part of the country so special.

With 100 beautifully illustrated pictures, this gem of a book by Geoff Brookes is published by Amberley Publishing at £14.99.

Brian Lee

Who wants to see The Invisible Man?

ON Friday June 8, a new adaptation of the HG Wells' classic novel, *The Invisible Man* comes to the Grand Pavilion, Porthcawl.

A cast of hundreds played by three actors.

Adapted and directed by Pembrokeshire playwright, Derek Webb, the play obviously posed certain challenges. Having recently adapted the classic Hitchcock film *The Lady Vanishes* for the stage (primarily set on a moving train) the challenge of bringing *The Invisible Man* to the stage seemed irresistible.

But how exactly to show an invisible man on stage?

One answer is to have a magician as one of the actors. Stefan Pejic who plays Griffin, the Invisible Man himself, is not only an actor, but an accomplished magician and comedian.

"Another way, besides some actual 'magical' tricks is to do what theatre does best – use the audience's imagination to be part of the event; inviting them to imagine objects that patently aren't visible," said Derek Webb.

And this thought of invisibility gives rise to plenty of visual gags too. The book itself has many comic moments but, with just three actors playing all the parts, the play allowed for a great deal of added fun.

It is obvious that they are aware of their quick-changing roles – and the audience is let in on the joke too – which gives rise to some very funny moments.

Besides Pejic, there are two other very talented and versatile actors, each of whom play five characters apiece. James Scannell, who plays a busty landlady and a further four characters, was nominated for Best Actor in the 2018 Wales Theatre Awards.

Andrew Lennon, again playing five different characters, was described as 'brilliant' by the Wales Arts Review for his part in the recent revival of Philip Burton's *Granton Street*.

HG Wells himself is seen by many to be the father of science fiction. His early novels such as *The Time Machine*, *The War of the Worlds* and *The Invisible man* caused sensations in their day and still resonate today.

The thought of invisibility – and the advantages it could bring to someone – is one which has captured the imagination of millions since the classic HG Wells' story was first published in 1897.

While injecting a great deal of humour, Webb has opted to keep broadly with the plot of the original book and has tried to retain some key points that Wells makes.

The novel highlights some of the economic and political problems that preoccupied him throughout his career.

The Invisible Man could be seem as a parable of the dangerous power of modern science.

But it's not just a story about a mad scientist meddling with things that man was not meant to know – it's a story about a man who doesn't fit in with his surroundings.

The Invisible Man is without family or good friends, whose colleagues don't understand or care about his work.

He feels isolated and invisible long before he discovers how to make himself literally invisible. The contemporary relevance, the setting and the humour of the play should have very broad appeal.

After Porthcawl, T*he Invisible Man* tours to 10 venues in south Wales throughout June, including Barry's Memo on Wednesday, June 20.

DW

What's on and where?

National Trust Association

THERE are still some seats left on our planned trip to Tredegar House and the Newport medieval ship on Wednesday, June 20.

We depart from behind Cowbridge Town Hall at 9.30am, visiting Tredegar in the morning, and the Newport ship in the afternoon.

Association /National Trust members £12.50.

Celebrations at Wesley Church Centre, Tondu

THE opening service for the church was held on June 8, 1868 and to celebrate the 150th anniversary the following special events have been organised.

June 8 and 9, 10am – 3 pm flower festival (free entry).

Sunday, June 10 at 3pm anniversary celebration service.

Tuesday, June 12 at 7pm fashion show with Samantha B (£3).

Friday, June 15 at 7pm fish and chip supper and Beetle Drive (£4 small/£5.50 large portion, pre-booking required).

Saturday, June 16 at 2pm and 6.30pm teddy bears' picnic and disco.

Sunday, June 17 at 10.30am all-age worship. For further information call 01656 662671 or email *j.jones503@btinternet.com*

Breakfast get-together

KPC in Pyle are organising an informal breakfast get-together for local groups and organisations in Pyle, Kenfig Hill, Cornelly and surrounding area on June 7.

This is a pilot project to find out about what we all do for our community. If you're an organisation/group or business delivering services to our community from children to adults, please get in touch.

Come along for a bacon roll and a cuppa 8.30am at KPC in Pyle on Thursday, June 7 – contact Alison for more information on 01656 749219 or *email: kpcyouth@hotmail.com*

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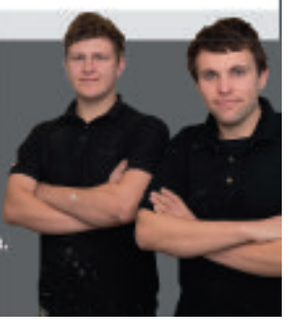

WENVOE CASTLE
Golf Club
Est. 1936
OFFERING MORE THAN JUST GOLF!

A very fine golf course... but Wenvoe Castle has so much more to offer

They say you can't have everything in life and that's true about most things. Some massive pluses still have a few minuses tagging along.

It's a little like that with Wenvoe Castle Golf Club.

Its pluses are obvious, as the club is based around a majestic castle, and is tucked away in rolling green countryside, where the fairways wend their way through mature trees, and it all feels miles away from the hustle and bustle of town life.

The minuses are that is very seclusion, combined with the 'posh' image that golf has still to fully shake off, mean that many people pass its unassuming entrance on the Barry road without a second thought.

On the golf front, things are well in hand, because the club has been a fixture on the south Wales scene for more than 80 years. Like any club, it welcomes new members but it has a strong enough membership to make it a great place to play the game – whether you are an experienced golfer or a beginner.

Its other facilities – which make it a great for family occasions such as weddings – are not so well known.

Similarly, its excellence as a venue for all types of business meetings deserves to be much more appreciated.

It's a modern club with modern values, and the fusty and dusty image of golf clubs past is just that – in the past.

Most clubs have captains of their men's and ladies' sections, but Wenvoe Castle has an overall captain and vice captain. This year's vice captain is Lesley Sherrard, and tradition means that next year she will be captain – the first woman to hold this post.

Another golf stereotype that the club has been happy to overturn is that of head greenkeeper – a massively responsible position in any golf club.

The head greenkeeper stereotype is that of an outdoor man, bronzed and wizened by the sun and by experience.

Wenvoe were delighted recently to appoint a woman, Lucy Sellick, as head greenkeeper, and she brings with her the background of working at the world famous Ryder Cup venue of Celtic Manor.

One thing that Lucy can wave goodbye to is the wet weather problems that Celtic Manor experienced when it hosted the Ryder Cup.

Wenvoe is well-known throughout south Wales for the excellent drainage on the course.

It's worth starting at the very beginning...

The first castle was built in the early 1700s and it has had a chequered past. Ownership changed, and it was burnt down and then rebuilt.

However, its golf history begins in 1936, when it was opened as a members' club with a full 18-hole course. Members become full shareholders when they pay their first full subscription.

There was no skimping on costs back in the 1930s. The club hired James Braid, one of the most famous golfers of his day, and a renowned course architect, and he made full use of the 200 acres that were available.

Wenvoe Castle is not a course where a stray shot often finishes on an adjoining fairway. Mr Braid could probably have squeezed another nine holes in, but fortunately, he was under no pressure to do so.

It means that the club has three practice areas – one for chipping, one for mid irons, and one that has room enough for every club in the bag.

James Braid also knew about the importance of finishing on a high note and, since 1936, there can have been few golfers who failed to stop and take in the majestic view as they surveyed their second shots to the 18th.

His design has required only minor modifications, and Wenvoe Castle regularly holds prestigious events.

The most recent was the Welsh Ladies Team Championships, and another international tournament, the Welsh Open Youth Championship (for under-21s) starts today (Thursday) with practice rounds, with the competition starting Friday and concluding on Sunday, June 3.

There's a real sense of continuity at Wenvoe Castle, and that extends to the club professional, Jason Harris, who has been at the club for 19 years now.

He keeps a fully-stocked golf shop with all types of golf equipment at competitive prices, and also a repair service, club fitting and golf tuition.

He is particularly keen to encourage juniors and also has recently secured funding to put on 'taster sessions' for ladies thinking of taking up the game.

Jason uses the practice areas for lessons, but has added an indoor area too, which members can use for a quick 'warm up' before a game.

Wenvoe Castle is a club that is proud to cater for all levels of ability. You can. of course, play purely social golf, but the club runs teams at all levels.

There's a men's first and second teams, ladies' teams, the Wayfarers (improving players), the Conies (beginners) and, of course, the Hallett Cup team (higher handicaps).

CONTINUED ON PAGE 23

The stunning view for golfers playing the 18th hole.

ABOVE: The Castle Suite is an excellent wedding venue.

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WENVOE CASTLE
Golf Club
Est. 1936

Wenvoe Castle – real hidden gem in the Vale

CONTINUED FROM PAGE 22

The Hallett holds a special place at the club, because Wenvoe is the 'home of the Hallett'. It is named after Arthur Hallett, who died in the 1950s quite soon after starting the league – and it was then renamed in his honour.

The president of Wenvoe Castle automatically becomes the president of the Hallett Cup, and whenever possible, the Hallett Cup annual finals are staged at Wenvoe.

As with so many clubs, competition is keen on the course but the after match social side is just as important – with many friendships being made in the mythical 19th hole.

The club is proud of its social side, and there a many different events taking place throughout the year.

On a wet day, sports fans are catered for with a three-quarter size snooker table, and Sky Sports on the big screen TV.

The lounge bar is bright and comfortable, with panoramic views of the course, while the restaurant seats 40 diners.

It offers a wide range of bar meals, fine food and snacks, for members and visitors alike – with excellent customer service a standard part of the experience.

The lounge bar leads onto a patio and, on a fine day, there are few better places to relax with a cold drink – or to eat al fresco!

The club's Castle Suite, which has a private bar, lounge area and dance floor for up to 120 guests, is ideal for a wedding, birthday, or any special occasion.

What's more, with wedding photos in mind, there is so much greenery around that photographers have the perfect backdrop for some stunning wedding photos.

The club is also licenced for marriage and civil partnership ceremonies, which can be conducted in the smaller function room.

This smaller function room is ideal for business meetings such as seminars, training days and smaller private meetings.

These two rooms give the club a flexible space that can cater for business meetings from two to 70, and both rooms have projectors and wi-fi networks.

Mark Twain famously said that 'Golf is a Good Walk Spoiled' but that only applies if you take the setbacks on the golf course too much to heart.

For so many people these days, golf is about getting exercise, meeting new people, and accepting the challenge of an ever-changing golf course.

No two games are ever the same, and it is human nature to keep coming back for more.

Please take the opportunity to come along and see for yourself what Wenvoe Castle has to offer and be assured that a warm welcome awaits.

ABOVE: Club professional Jason Harris has a well-stocked golf shop.

BELOW: Wenvoe Castle has rooms available for all types of business meetings and seminars

By Jove! Venus is hot (around 460°C)

BY DAVE POWELL OF BARRY ASTRONOMICAL SOCIETY

SUMMER means astronomers must be night-owls, because we must wait until around midnight before we see the stars.

However, look to the west and you should spot one bright 'star' from about 9 pm onwards. This is the planet Venus. Closer to the Sun than Earth, it is sometimes referred to as our 'sister planet', because of its size.

You may also think that because it is so bright, a telescope will show lots of surface detail, but you would be wrong. It has an atmosphere that really would take your breath away as the planet is covered in sulphuric acid clouds. A traveller to this planet need not take an umbrella.

If the acid does not get you the atmosphere also contains loads of carbon dioxide (96 per cent).

In fact, even the space probes that have ventured down on its surface, cease working after about one hour. It is hardly surprising we know little about the surface.

We do know much of it has been shaped by volcanos although we don't know if they are still active.

As I write this we, on Earth, have just experienced temperatures for early May that meteorologists say have broken records; well the surface temperature on Venus is something like 460°C so I suppose we should not grumble.

As the planet is closer to the Sun than Earth it exhibits phases just like our Moon, and these can be seen with a large telescope.

One thing I must warn about is – never try finding this planet using a pair of binoculars or a telescope unless the Sun has set below the horizon. You could damage your eyes or even go blind. If you need help to locate it, the Moon is close by Venus on the evenings of 15/16th.

The planet Jupiter can be found low down in the southern sky in the constellation of Libra. You can't miss it because it will be the brightest object around and the Moon will be close by on 22nd, 23rd and 24th. A pair of binoculars will show its four bright Galilean Moons: Io, Calisto, Ganymede, and Europa.

Have fun watching them change position relative to Jupiter night after night.

A small telescope should show the planets two main belts. Jupiter is another planet covered by clouds, mainly hydrogen, and its surface temperature is around -120°C. It is our largest planet and has over 70 moons, but most are small. It also has a set of rings, the material probably made up from a Moon that got to close and was literally pulled apart by Jupiter's enormous gravity.

Do keep an eye on our website *www.barryastronomical.wordpress.com* for details of when we meet, especially in Porthkerry Park, weather permitting, to observe the night sky. I will be only to pleased to point out various objects of interest.

New council plan to help 'traumatised' foster children

The NHS and Vale Council will launch a new fostering service for traumatised children and their carers.

The new service will aim to provide high-intensity "therapeutic parenting' to looked-after youngsters who have suffered bad childhood experiences.

Cardiff and Vale University Health Board will recruit enough staff to provide 45 hours per week of clinical psychologist care and 37.5 hours of care from a graduate mental health worker.

The fostering service, funded by the Vale Council's Children and Young People Services, will initially run for two years after the council's cabinet approved the plans on Monday (May 21).

It is expected to cost £81,516 per year, along with £7,500 of one-off set-up costs, and will build on an existing therapeutic parenting pilot service made up of a psychologist and two support staff.

The council spends between £159 and £350 per child per week for in-house foster care, rising to £690 to £1,200 per week for foster care arranged by external providers.

It costs the council between £2,650 and £5,500 per child per week for residential care

"The aim of the service is to provide support to children and young people looked after and their carers," council papers say.

"Parenting therapeutically is about recognising adverse childhood experiences and supporting carers to provide high-structure/high-nurture parenting that enables feelings of safety and connectedness so that a traumatised child can begin to heal and attach.

"Providing this service to our looked after children and their carers will promote placement stability, prevent placement breakdown, and support children looked after to achieve their potential."

LDR

PACT meetings in the Vale

Meetings in Barry

WHY not come along to Gibbonsdown 'Cuppa with a Copper' which is held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon?

CADOC 'Cuppa with a Copper' will be held at Victoria Park Community Centre every Monday morning between 10am and 11am.

CASTLELAND officers will also be on holding a 'Cuppa with a Copper' at Atlantic Café, Wimborne Road Barry on Tuesday, June 5 between 12 noon and 2pm.

Meetings in Penarth

MEET your local officer at Penarth Library, Stanwell Road, Penarth, on Thursday, May 31 at 10am.

Meetings in the Vale

MEET your local officer at the Sycamore Tree Inn, Colwinston at 11am on Tuesday, June 6.

Llantwit Major Police Surgery will be held on Thursday, June 7 between 10.30am and 11.30am at Llantwit Major Library, Boverton Road Llantwit Major.

If you have any issues that are affecting your quality of life, but are unable to attend a meeting please contact 101 for non emergencies or log onto: *www.south-wales.police.uk* where you will find contact details for your local PCSO and you can contact them directly for non emergency matters.

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ROYAL WEDDING FEVER HITS Y BONT FAEN PUPILS!

All smiles!

"No; I gave YOU the rings to look after..."

Y BONT Faen Primary School celebrated the Royal Wedding in style with a 'wedding' at Holy Cross Church, a guess-the-teacher challenge, and finally a fabulous whole school picnic with entertainment from vocal group, Rocking Melodies.

BT

COWBRIDGE ART SOCIETY

ON Thursday, June 7, there is a change to the scheduled programme when a watercolour demonstration by Alison Fennell takes place.

The society welcomes artists of any level and non-artists who would like to see demonstrations of various art techniques or attend illustrated lectures on art topics.

The group meets on Thursday evenings at the Old Hall, Cowbridge (7pm-9pm) and occasional visitors and new members are welcome. For details of the society's programme and activities, collect a programme from the Old Hall, see *www.cowbridgeartsociety.com or www.facebook.com/cowbridgeart.cas*.

Cowbridge Male Voices – live in Macclesfield!

FOLLOWING a successful concert at Tonteg at the end of April, on May 12, Cowbridge Male Voice Choir travelled to Macclesfield to perform a concert in aid of Maria's Care in Uganda.

The concert was organised by Christian Relief Uganda and this is the seventh concert the choir have performed for this organisation in either St Albans or Macclesfield.

At the request of the organisers, the choir opened the concert with a selection of Welsh hymns and songs. Starting with the traditional 'Cwm Rhondda' the choir then sang the beautiful 'Lisa Lan'. This was followed by 'O Gymru' and finally ending this set with 'Rachie'.

The concert continued with a performance from soprano Julie Parker, who is also the chair of Christian Relief Uganda. She sang 'Vissi D'arte' by Puccini and 'Don't be Cross' by Lehar. Her accompanist Helen Whitehead then treated us to a delightful version of 'Send in the Clowns'.

The choirs resume their performance with a rousing rendition of 'Yr Anthem Geltaidd' followed by 'He Ain't Heavy', 'Let it be Me' and bringing the first half to a close with 'Gwahoddiad'.

During the interval, the audience were invited to purchase Ugandan craft goods and it was good to see that choir members purchased some interesting items, including highly coloured handbags!

The concert resumed with the choir singing 'Calon Lan, The Rose','You Are So Beautiful' and ending this set with 'Angels'.

Julie Parker took centre stage again and treated the audience to a beautiful rendition of the Johnny Mercer standard 'Autumn Leaves' during which Helen Whitehead played a wonderful jazz arrangement between verses; this was totally unexpected and was very effective. Julie then sang 'Can't Help Lovin' Dat Man' by Jerome Kern.

Helen then treated the audience to 'I Didn't Know What Time it Was' by Richard Rogers.

The choir then sang their final numbers starting with a Beatles medley during which the audience joined in with gusto, followed by 'She', 'The Impossible Dream' and finishing with 'Morte Christe'.

At the end of the concert the choir were presented with a certificate of appreciation from the organisers in recognition of having helped raise in excess of £20,000 over the seven concerts they have performed for the charity.

The choir's next concert is on June 2 at Our Lady and St Illtyd Catholic Church, Llantwit Major. Tickets are £7 each and available from Margaret Hughes on 01446 774212 or from David Barnes Drycleaners Cowbridge also from The Hair Studio, Llantwit Major.

FTM

Icing on the cake for youth club's Megan

A COLWINSTON Youth Club member, Megan Duncombe, has received her Gold Duke of Edinburgh Award at a Buckingham Palace garden party.

On May 16, Miss Duncombe attended a royal garden party and received her Gold award from HRH The Princess Royal.

In order to receive her award, Miss Duncombe gained a Level 2 Food Hygiene Certificate, volunteered as a coach with a junior hockey club in Cowbridge, and played for Whitchurch Hockey Club.

Miss Duncombe also completed a five-day canal residential on Birmingham canal, and took on a four-day canoe and kayak challenge along the River Severn.

PP

BAVO EVENTS

FIND out about volunteering opportunities to suit you during Volunteers' Week!

Do you enjoy meeting people? Looking for a change of direction? Want to boost your CV?

In celebration of national Volunteers' Week June 1-7, Bridgend Association of Voluntary Organisations (BAVO), will be at various local locations giving out volunteering information.

Volunteers' Week is an annual celebration to recruit, reward and recognise volunteers. Find out how volunteering can benefit you by visiting John Street Bandstand in Porthcawl on Friday, June 1 from 10am-3pm, Bridgend bus station June 6 and 7 from 9am-1pm and Princess of Wales Hospital on June 8 from 11am-3pm.

You can also drop in to BAVO's Bridgend Volunteer Centre at 2 Queen Street, Bridgend town centre – BAVO will be raising awareness of different volunteering opportunities such as retail, youth work, peer support, health groups through to Boards of Directors.

There is no obligation to sign up to anything, just lots of information on options for people to take away and think about.

Volunteering is rewarding and can make a big difference to you and your community.

If you are interested in volunteering, BAVO can match your skills with an opportunity that best suits you.

For further details call BAVO's Bridgend Volunteer Centre, on 01656 660372.

GORCHYMYN CYNGOR BRO MORGANNWG (Y SGWÂR, SAIN TATHAN) (SEFYDLU CROESFAN (PÂL) I GERDDWYR)

1. Mae Cyngor Bro Morgannwg wrth arfer ei bwerau dan Ddeddf Rheoleiddio Traffig Ffyrdd (1984) a'r holl bwerau galluogi eraill yn bwriadu gwaredu'r groesfan (sebra) bresennol i gerddwyr a sefydlu croesfan (pâl) i gerddwyr am y rheswm a ddisgrifir yn Atodlen 1 ac yn y lleoliad a ddisgrifir yn Atodlen 2 isod.

2. Gellir archwilio manylion llawn y cynnig a chopi o'r cynllun (T/18/74/MS) yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

ATODLEN 1

Mae'r cynllun yn cael ei hyrwyddo i leihau achosion o yrwyr yn methu â stopio tra bod cerddwyr yn aros i groesi a/neu frecio'n hwyr pan fo cerddwyr yn camu i'r ardal a reolir.

I liniaru hyn, argymhellwyd croesfan (pâl) i gerddwyr â signalau i sicrhau bod gyrwyr yn ymateb i olau coch, yn hytrach na dibynnu ar eu hymwybyddiaeth ofodol o gerddwyr yn ardal y groesfan bresennol.

ATODLEN 2

Newid y groesfan (sebra) bresennol i gerddwyr am groesfan (pâl) i gerddwyr, y bydd ei chanol 50 metr i'r gogledd-orllewin o ganol y gyffordd â The Willows.

Dyddiedig 31 Mai 2018

Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau,
Quarry Road, Gwenfô, CF5 6AA

THE VALE OF GLAMORGAN COUNCIL (THE SQUARE, ST ATHAN) (ESTABLISHMENT OF A PEDESTRIAN (PUFFIN) CROSSING)

1. The Vale of Glamorgan Council in exercise of its powers under the Road Traffic Regulation Act (1984) and of all other enabling powers intends to remove an existing pedestrian (zebra) crossing and establish a pedestrian (puffin) crossing for the reason described in Schedule 1 and at the location described in Schedule 2 below.

2. Full details of the proposal and a copy of the plan (T/18/74/MS) may be inspected at the address shown below during normal office hours.

SCHEDULE 1

The scheme is being promoted to reduce the instances of drivers failing to stop whilst pedestrians are waiting to cross and/or late braking when pedestrians have step out into the controlled area.

To mitigate the aforementioned, a signalised pedestrian (puffin) crossing has been recommended to ensure drivers react to a red light aspect, rather than rely upon their spatial awareness of pedestrians in the vicinity of the existing crossing.

SCHEDULE 2

Replace the existing pedestrian (zebra) crossing with a pedestrian (puffin) crossing, the centre of which will be located 50 metres northwest of the centre of its junction with The Willows.

Dated this 31st day of May 2018

Director of Environment & Housing
Vale of Glamorgan Council, The Alps,
Quarry Road, Wenvoe, CF5 6AA.

Creative mental-health workshops in Cowbridge

CARDIFF and Vale Action for Mental Health has announced a series of 'creative workshops' funded by Creative Rural Communities, which is based in Cowbridge.

Spokesman Mike McCandless said: "In rural areas, you are often physically isolated with sources of help and support distant and inaccessible. This can result in greater feelings of psychological isolation and loneliness than might be the experience of a town or city dweller.

"This is a pilot study and will help us understand people's experiences in an informal setting. The workshops are run by experienced artists and teachers. No experience is necessary, just an interest in having a go.

"Come along and try painting, photography, creative writing, and poetry."

The next session is taking place at the Lesser Town Hall, Cowbridge, on Tuesday, June 5 with the morning session running between 11am-1pm and the afternoon session between 2pm-4 pm.

There will be further sessions running throughout the summer. For further information, contact Mike, Helen or Caroline on 029 2022 2000.

LT

Cubs learn about littoral safety

BARRY Island Coastguard recently welcomed the local Cub pack to its station on the Island.

It was a chance for youngsters to find out about the sort of safety drills the Coastguard carries out and how they rescue people.

A Barry Island Coastguard spokesman said: "They also spent some time with our partner agency National Coastwatch Institution at Nells Point.

"After having an overview with the NCI they returned to our station and our practice area.

"We showed them the equipment we use when we carry out rescues. They tried our rope equipment to see how it all works and our water rescue kit too.

"It's good to share with the local community on what we do as volunteer Coastguards. They all learnt about how to be safe on the coast."

The Cubs saw the specialist equipment.

What's on and where

AM surgery

VALE AM Jane Hutt, will be holding a surgery on June 2 from 10am-11am at Barry Citizens Advice Bureau, 119 Broad Street, Barry.

Weavers, Spinners and Dyers

THE Glamorgan Guild of Weavers, Spinners and Dyers celebrate their 40th anniversary this year, are having an exhibition at Old Hall, Cowbridge, from June 5-29.

On Saturday, June 16, there will be a 'Have a Go Day' with spinning, inkle weaving, weaving and braid-making. The group will be at the Vale Show on August 8.

Legal advice

AGE Connects Cardiff and Vale are holding a free legal advice session at Age Connects Cardiff and Vale on Tuesday, June 12 from 10am to 12 pm.

If you need advice on making a Will, Power of Attorney or Living Will come and chat to a member of a Barry legal team. No appointment is needed. Call 01446 732385 for further information.

TeleV project

THE TeleV Project in the Vale can improve quality of life by helping vulnerable people manage the risks of living in their own homes, with a simple to use device.

An adviser from the project will be available to chat to and demonstrate the services available. This session will be held on Tuesday, June 12 from 10am to 12pm at Age Connects Cardiff and Vale. No appointment is needed. Call 01446 732385 for further information.

Vale supports Dementia Action Week

VALE Dementia Steering groups, together with statutory and voluntary groups and other agencies, put on lots of free activities and events to help raise awareness and provide information to people in the Vale over the last seven days to support Alzheimers Society Dementia Action Week.

Activities ranged from the dementia roadshow bus, a vintage tea dance, art workshops, and digital stories.

Libraries provided information leaflets for people living with dementia and their carers, as well as a host of activities in the libraries around the Vale. Golau Caredig and Rondel House provided activities, with cakes provided by Wilshire Farm Foods.

The aim of the Vale Dementia Steering Group is working together with Alzheimers Society Cymru to enable people affected by dementia to continue to live fulfilled lives in the Vale.

On May 25, Dementia Friendly Cowbridge was launched.

Vale AM Jane Hutt said: "I was delighted to support the launch of Dementia Friendly Cowbridge.

"While support from health and social service is vital, helping people affected by dementia to live well, also requires help from our local communities.

"I would like to thank all those involved in delivering this vision."

The Dementia Friendly Cowbridge launch took place at Cowbridge Town Hall. The service will provide support and information for people living with dementia and their carers.

South Wales Central AM Andrew RT Davies paid tribute to the service and said he believed it would prove invaluable for those affected by dementia in the area.

Mr Davies said: "Sadly, more and more people are affected by dementia and that includes both sufferers themselves as well as their families.

"It is therefore vital people get the support they need and it is the heart of the community where it is often needed most.

"Dementia Friendly Cowbridge will be a fantastic service and it was a pleasure to be invited to the launch. I have no doubts many people will find it hugely beneficial and I look forward to offering my support in the months ahead."

For more information on dementia-friendly businesses and memory cafes, visit www.dementiafriendlyvale.co.uk, write to the Vale Dementia Steering Group chairman, J Porter at the Vale Council (Civic Offices, Holton Road, Barry, CF63 4RU), telephone 01446 709779 or email: jporter@valeofglamorgan.gov.uk.

VS

Police advice: keep 'em peeled

POLICE officers are appealing for information and asking people in the Dinas Powys and Penarth areas to be 'vigilant' after a number of recent burglaries.

There were three daytime house burglaries on May 25 at Chapel Close, Dinas Powys and Cowslip Drive and Robinswood Crescent, Penarth.

In each case, the properties were broken into through the back door with cash and jewellery being stolen.

Detective Constable John Harris said: "Enquiries are ongoing to identify and locate those responsible for the recent burglaries, but in the meantime I'd like to stress to residents just how important it is that their belongings are stored safely – even while in their own home.

"Ensuring windows and doors are securely locked, installing alarms and CCTV, and keeping valuable items out of sight can all act as a deterrent to burglars.

"Expensive jewellery should ideally be kept in a good quality safe that is secured to the wall or floor."

Taking keys, handbags, and other valuables upstairs when going to bed – presuming one has an upstairs – was also recommnded.

"I would also like to appeal to the public to report any suspicious activity to us immediately. If anyone is offered any items for sale that they believe to be stolen, or has any information they think could assist us, I'd ask them to get in touch."

Anyone with information on these burglaries should call 101 or Crimestoppers on 0800 555 111 quoting occurrence number 1800187137.

EA

New sponsor for NFU female farmer awards

NFU Cymru has announced that its partners at NFU Mutual are the new sponsors of the long-running 'Wales Woman Farmer of the Year' award.

The NFU Cymru/NFU Mutual Wales Woman Farmer of the Year competition, now in its 22nd year, aims to celebrate the contribution of women in the farming industry.

The winner of the NFU Cymru/NFU Mutual Wales Woman Farmer of the Year 2018 competition will receive £500 and the person who nominates the winner will receive £50 worth of local farm shop vouchers or goods. The closing date for the competition is Monday, June 18.

John Davies, NFU Cymru President said: "The Wales Woman Farmer of the Year award is there to champion the role that women make to farming businesses and wider rural life. Over the years we have seen some exceptional winners of this award and we look forward to receiving applications for the 2018 title."

Cathy Davies NFU Mutual's Agent and NFU Group Secretary in Aberystwyth said: "We've seen a fantastic rise in the number of female farmers in the industry, many running farms themselves and leading diversification enterprises to increase farm income.

"We are proud to recognise the critical role these women play in Welsh agriculture and hope that this award will inspire other women in Wales to take centre stage and influence farming in the future."

If you are interested in entering, or know someone who you think is worthy of being Wales Woman Farmer of the Year 2018, please visit www.nfu-cymru.org.uk, contact NFU Cymru for an application form on 01982 554200 or daniel.johns@nfu.org.uk.

FB

Llandough village fête on June 9

LLANDOUGH village fête will be held on Saturday, June 9, starting at 2pm in King George V Memorial Playing Fields off Leckwith Road, Llandough.

A day out for the whole family, there is a wide range of entertainment planned for everyone who attends.

Arena events include a martial arts demonstration; gymnastic display, dancing and singing from Llandough Primary School, children's races, pet competition and a children's entertainment show provided by Mario Morris.

Music will be played throughout the afternoon by the Vale of Glamorgan Brass Band and there will a large number of bouncy castles for children. There will also be steam trains, a fire engine, and a police display.

In the marquee will be a bar and a light refreshments stall as well as stalls around the fête field.

Paul R Egan

WI charity plans to 'improve women's lives'

AT the monthly meeting of Cadoxton WI on May 21, our speaker was Novello Peters who spoke to members about the WI's charity ACWW (Associated Country Women of the World) which helps women world-wide train in various skills in order to provide a regular income to sustain themselves and their children.

This year 46 women aged between 15 and 25 in Guatemala will be taken off the rubbish dumps, helping them to achieve a better way of life.

The monthly raffles were won by Sharon Parsons and Kim Knight and tea and coffee were served while members enjoyed a good old fashioned natter.

Our trip to Cwmbran and then onto Blaenavon for afternoon tea was enjoyed by all.

Up coming events for June are a treasure hunt around Porthcawl and a lunch at the Tynewydd Inn.

Meetings are held at 7pm on the third Monday of every month, where we welcome new members. If you are interested in joining call Christina Whitchurch on 01446 404891.

KK

MP surgeries

ALUN Cairns MP is holding two surgeries this week.

The first is on Thursday, May 31 at 6.30pm at Rhoose Social Club, Fontygary Road, Rhoose.

The second – specifically for older residents – is on Friday, June 1 at 10.30am at Age Connects, Senior Health Shop, 38 Holton Road, Barry.

Fashion show for Barnardo's

A FASHION show and afternoon tea was held at the Millennium Hall, Barry by the Barry Committee of Barnardo's on Saturday, April 28.

The clothes were lent by Samantha B of Ewenny and modelled by committee members or longstanding supporters of Barnardo's.

An enjoyable afternoon was had by all who attended and more than £580 was raised on the day to be spent on Barnardo's projects in Wales.

A big thank you to Samantha and her team, the models and everyone who attended the event.

Got a story? Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

Keen competition at Barry Camera Club

Braving the Weather by Tina Haydon.

Sea Spray by Glenn Porter.

Homeless Man by Rob Owens.

BARRY Camera Club marked the end of the winter season with their annual dinner.

This year the event took place at Wenvoe Castle Golf Club. A delicious three-course dinner was enjoyed by everyone who attended and the club would like to extend their sincere thanks to their hosts for a perfect evening.

As always the annual dinner also meant that it was the annual competition. There were nine categories to enter and the results were as follows.

Mono Landscape/Seascape Print: first, Church in the Sea by Glenn Porter; second, At Elgol by Rob Owens; third, Freshwater Bay by Glenn Porter.

Highly Commended: Tracks to the Hills by Rob Owens.

Mono Portrait Print: first, Gazing Out by Barbra Archdale-Smith; second The Conversation by John Dudley; third Inked Dancer by John Dudley.

Mono Miscellaneous Print: first, Homeless Man by Rob Owens; second, Viewing the Exhibition by Rob Owens; third, Kite Surfing on a Wave by Glenn Porter. Highly Commended: Seating Arrangement by Barbra Archdale-Smith and Walk on By by Glenn Porter.

Colour Landscape/Seascape Print: first, Mumbles Head by Glenn Porter; second, Eilean Donan Castle by Rob Owens; third, Shopping and the Beach by Barbra Archdale-Smith. Highly Commended: Earth Waves by Barbara Archdale-Smith.

Colour Portrait Print: first, Precocious Daughter, Proud Mum,Tired Horse by John Dudley; second, A Very Tidy Shop by Barbra Archdale-Smith; third, Cold Weather, Serious Message by John Dudley. Highly Commended: It Was That Small by Brian Trego.

Colour Miscellaneous Print: first, Sea Spray by Glenn Porter; second, Bugatti in the Rain by John Dudley; third, Grand Finale by John Dudley.

Highly Commended: Landed by Brain Trego.

Projected Landscape/Seascape: first, Evening at Heritage Coast by Glenn Porter; second, Cardiff Bay by Tina Haydon; third, Charles Bridge and Smetana Museum by Glenn Porter. Highly Commended: Grey Day on Barry Island by Barbra Archdale-Smith.

Projected Portrait: first, Braving the Weather by Tina Haydon; second, Black and White All Over by Barbra Archdale-Smith; third, I Need a New Friend by Nicola Thwaite. Highly Commended: Feathered Beauty by Josh Watts.

Projected Miscellaneous: First, Longing for the Sea by Tina Haydon; second Swallow in the Rain by Josh Watts; third Mr Kingfisher by Philippa Evans. Highly Commended: Wall of White Water by Glenn Porter.

Trophies were also given to the best images overall on the evening and those went to:

Best Mono Print: Homeless Man by Rob Owens.

Best Colour Print: Sea Spray by Glenn Porter.

Best Projected: Braving the Weather by Tina Haydon.

Barry Camera Club will still be meeting throughout the summer months for outings and informal, but informative, evenings. The club meets every Friday from 7pm to 9.30pm at St Francis Millennium Centre, Porth-y-Castell, Barry Garden Suburb, Barry (CF62 6NX). We are a very friendly organisation and new members of all experience and skill levels are always welcome to attend with no obligation to join.

For more information visit our website www.barrycameraclub.co.uk or check out our Facebook and Twitter pages.

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VICTORIA AND ALBERT MAKE A GOOD TEAM

ON May 12, Albert Primary School joined together with Victoria Primary School to hold the inaugural Victoria & Albert Family Fun Run at Cosmeston Country Park.

Children from both schools ran in either a 1km or 2km race, alongside their grown-up.

There were trophies presented for the first boy and first girl in each race and every child who took part received a medal for their efforts.

The races will be preceded by a warm up and the whole event ended with a barbecue.

All proceeds raised from the Victoria & Albert Family Fun Run will be split between the two schools to help improve the playgrounds and outdoor environments.

The run was a great success and we would like to thank everyone who took part in the event, especially all the members of both Albert Primary School and Victoria Primary School PTAs for their continued hard work and support.

AW

Busy times for the Highlight Park WI

THE Fish and Chip Evening (on May 15) is our traditional meal to begin the new season, and Mario from Irene's Supper Bar arrived at the hall with trays of delicious food for us.

Before that we had the welcomes and birthday greetings from our vice president Diane Baker.

Fire drill was announced by Ann Kent and the minutes of last meeting were read by June Davies.

Pam Ralphs then kept us up to date with her secretarial duties, replying to invitations and forthcoming events and Pam Aldridge gave us her financial report.

After the meal we got down to solve the quizzes and two teams tied for the picture quiz. We then held the raffle and people began to drift off home.

At our social meeting we had a demonstration of a form of martial art by a volunteer from Amelia Trust Farm.

After a brief talk about his background in teaching and helping teenagers get the most out of life, he began his talk and demonstration of the various forms of Tai Chi.

We were all encouraged to have a go and it was very calming and well received. He managed to get us all to take part, even those who chose to stay sitting down.

We have a full programme for this coming summer season beginning with Royal Ascot Day on June 5 at 2pm. Much more to follow. Please come along and get involved in enjoying yourself.

Next month we will hold our first Tuesday of the month meeting on June 5 at 2pm.

June 19 is our evening meeting at 7pm. Sewing circle is every Thursday at 2pm.

DB

Real Cardiff

BOOK REVIEW

CARDIFF author and expert Peter Finch continues his vigorous exploration of Wales' capital city in his new book Real Cardiff: The Flourishing City (published by Seren at £9.99).

He discovers new treasures and revisits past haunts to find them drastically altered over the past ten years. From lost rivers and vanished roads to what he calls the culinary odyssey of City Road, from the ornate Mahogany Room above Burger King to the new high rise city centre.

The author of a number of books about Cardiff and a poet to boot, he proves himself to be the perfect guide through Cardiff ancient and modern in its everyday and outlandish glory.

Having been Peter's guest on one of his walkabouts when we visited the site of the old Ely racecourse, home of the Welsh Grand National from 1895-1939 and the site of the old Welsh White City Stadium in Grangetown where the famed *Mick The Miller* beat the world record when racing in the Welsh Derby, I can vouch for Peter's love of his hometown.

This book is an essential and entertaining insider's guidebook by an author whose expertise on the city has been featured in *Hidden Cardiff with Will Millard* (the BBC's popular documentary featured insight and appearances by Peter himself) and who is instrumental in sounding out the city's cultural and artistic heartbeat.

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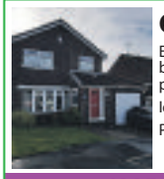

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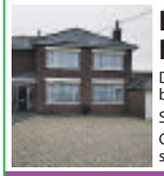

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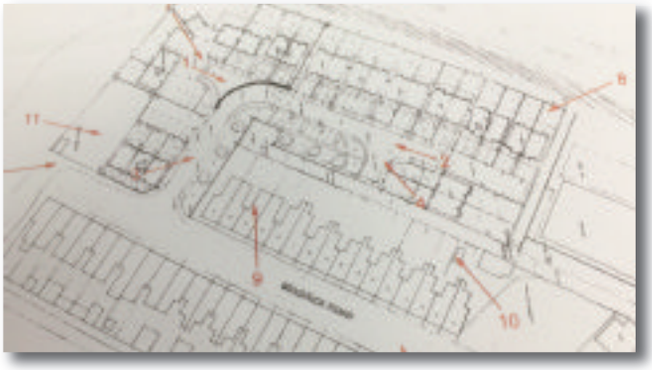

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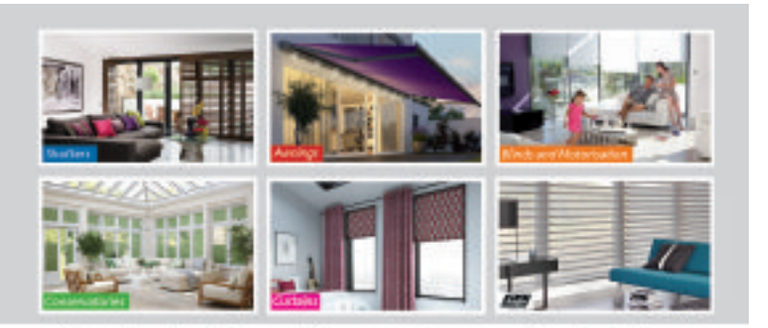

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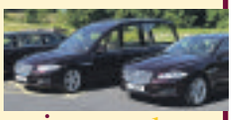
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Family Notices

NUGENT
Joyce Ann

Suddenly on 22nd May at Llandough Hospital, Joyce, much loved mum of Joyce and Maelgwyn. Beloved sister of Dot and the late Margaret and David. Devoted nan to all her grandchildren and great grandchildren.

She will be greatly missed by all who knew and loved her.

Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until celebration of her life at Cardiff and Glamorgan Crematorium, Barry on Monday 11th June at 11am.

Floral tributes may be sent to the funeral home.

Funeral arrangements have been entrusted to Ben Hartery, contact number 01446 407962.

BROWN
William Charles (Billy)

Former Commanding Officer of Barry Sea Cadets

Peacefully at home with his family present, Billy, beloved husband of the late Valerie, much loved dad of Geraldine, Helen, Nigel, Belinda, Melloney and Jason, a cherished grampy and great grampy. Also sadly missed by his sister Vilma.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Friday, 8th June 2018 at 11am, followed by interment at Barry Cemetery.

Flowers may be sent to the funeral home.

WESTALL
Carol Ann (*née James*)

Peacefully at home in Barry on Friday, 18th May after a short illness, Carol, beloved wife of the late John. Adored mum of Paula, Kevin and Joanne. Much loved mother-in-law and cherished nan.

Carol will be greatly missed by all her family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the funeral on Friday, 8th June. Service at All Saints Church Barry 1pm, followed by interment at Barry Cemetery. Family flowers only. Donations, if desired, may be handed to the funeral director after the funeral for Marie Curie Holme Tower, Bridgeman Road, Penarth.

GULWELL
Malcolm Vivian

The family wish to announce the sad passing of Malcolm on 22nd May at Llandough Hospital. Malcolm, beloved husband of Jan, much loved father to Mark and the late Andrew and a loving father-in-law to Lynda. Adored grandfather to Christopher and Sam and great grandad to Nova-sky. Cherished brother to Sandra and Peter and a dear brother-in-law to David and Phyllis.

He will be greatly missed by all who knew and loved him.

Resting in the Private Chapel of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until a celebration of his life at Cardiff and Glamorgan Crematorium, Barry on Friday, 8th June at 1pm. Family flowers only.

Funeral arrangements have been entrusted to Ben Hartery. Further enquiries contact 01446 407962.

GREATBATCH
Alan William (Big Al)

Peacefully, on 24th May with the presence of his wife at home, Alan, aged 75 years, of Barry. Dearly loved husband of Nancy. A loved father of Kim, Kay, Tracey and Andrea. Loving father-in-law, cherished grandfather, great grandfather and brother.

Big Al will be sadly missed by all of his family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry. Funeral service and committal at Cardiff & Glamorgan Crematorium, Port Road East, Barry where family and friends please meet on Monday, 11th June at 2pm.

STEWART
Thomas Leslie (Tom)

Suddenly, but peacefully, on 9th June at home, Tom, aged 63 years, of Barry. Dearly loved partner of Ruth. Much loved by James, Jessica and Aimee.

Tom will be sadly missed by all of his family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the funeral on Thursday, 7th June. Funeral service and committal at Cardiff & Glamorgan Crematorium, Port Road East, Barry, where family and friends please meet at 12 noon.

Family flowers only. Donations, if desired, may be handed to the funeral director after the funeral for Stroke Association.

GEORGE
John 'Hoppo'

Passed away after a short illness, following a brave fight, at Princess of Wales Hospital on 24th May 2018, aged 60 years. Beloved partner to Cheryl, cherished father to step daughter Becky, loving brother to his late sister Christine, brother Robert and sister-in-law Jackie.

He will be greatly missed by his loving family and friends.

Resting at W.A. Brown Funeralcare, Llantwit Major, until the service at St Illtud's Church, Llantwit Major on Monday, 4th June at 2.15pm, followed by a cremation service at Coychurch Crematorium, Bridgend at 3.45pm.

In lieu of flowers, donations in John's name can be made to Marie Curie Hospice, Bridgeman Road, Penarth CF64 3YR and Macmillan Cancer Support at www.macmillan.org.uk/about-us/contact-us.

HUGHES
Eileen Patricia

Sadly, on Sunday, 13th May 2018, Eileen, passed peacefully away at Sunrise Nursing Home, aged 88 years. Devoted wife of the late Arvon, beloved mother of Ceri and Christopher and much loved mother-in-law of Colin and Judith, Cherished grandma of David, Jonathon and the late Martyn.

She will be deeply missed by all her family and friends.

The Funeral service will be held at Cardiff and Glamorgan Crematorium, Barry on Wednesday, 6th June 2018 at 12 Noon.

Family flowers only please. Donations in lieu, if desired, would be appreciated for Dementia UK and can be given at the service.

All further enquiries and Donations to: Green Willow Funerals, 21A Station Rd, Dinas Powys, Cardiff, CF64 4DE. Tel: 02920 514627.

NEWBURY
Frances Martha Mary 'Fran'

Peacefully at home on 19th May with her family by her side. Fran devoted wife of Wayne, much loved mum of Christy, Natalie, Richard and Naomi, and an adored nanny to all her grandchildren.

She will be greatly missed by all who knew and loved her.

Resting in the care of Lyndsay Ellis @ The Vale Funeral Service, Barry until a requiem mass to celebrate her life at St Helen's RC Church, Barry on Wednesday 6th June at 12.45, followed by interment at Barry Cemetery.

Family flowers only. Donations, if desired, may be made at the service to support St Helen's RC Church in memory of Fran.

Acknowledgement

CURTIS
Alan

Mary would like to thank everyone who attended Alan's funeral and for the lovely cards and flowers received.

Also, many thanks to the doctors and nurses and the Reverend John, also to remember the carers of Cherish Cymru for their kindness and support.

In Memory

WEEKLEY
Irene (*née Marsh*)

1st June 1924

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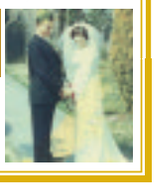

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Birthdays

Happy 21st Birthday

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on 2 June 2018

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Mum, Dad, Nan C, Bampy, Nan G, Scott, Helen, Sam & Reubs
xxx

Ben Champ

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Have a great time celebrating - lots of love, Mum & Dad xxx

To our wonderful grandson

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4th June
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Lots of love from Nan & Bampa xxx

BEN CHAMP
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Public Notice

BYRON JOHN (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of Rock Cottage Turkey Street Llantwit Major CF61 1SR, who died on 24/04/2018, are required to send particulars thereof in writing to the undersigned Solicitors on or before 10/08/2018, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

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Public Notice

PUBLIC NOTICE LICENSING ACT 2003
To whom it may concern,
I, **Leighton Norris**, do hereby give notice that I have applied to The Licensing Authority (Vale of Glamorgan Council) for the grant of a Premises Licence at **25 Holton Road, Barry, CF63 4HA** known as **Fat Boys Takeaway.**
The Application is for **supply of alcohol off premises only, Monday to Thursday between 1200 to 2200 hours, Friday and Saturday 1200 to 2300 hours, Sunday 1200 to 2200 hours.**
Any person(s) wishing to make representations to this application may do so in writing to the **Licensing Department, Vale of Glamorgan Council, Civic Offices, Holton Road, Barry, CF63 4RU**, or email to licensing@valeof glamorgan.gov.uk not later than 28 days after the date of this notice (as below). Representation received after this date will not be considered.
A copy of the Application can be viewed at the Civic Offices during normal office hours.
It is an offence knowingly or recklessly to make false statements in connection with this application, the maximum fine on summary conviction being £5,000.
Signed: **Leighton Norris**
Date: **25 May 2018**

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Enjoying the Cowbridge Festival of Food and Drink

There were crowds at the Fablas Ice Cream Parlour.

PHOTOGRAPHS by MIKE WILCOCK.
(Photos are available to order from wilcock60@aol.com)

ABOVE: Local ladies try a takeaway Welsh rarebit.

BELOW: BBC TV's Lucy Owen checks out the Hang Fire Smokehouse demo.

IT was gourmet heaven in Cowbridge on Sunday and Monday (May 27/28) when thousands of visitors flocked to the town for the Cowbridge Festival of Food and Drink.

It is fair to say that, year on year, the event has grown in popularity, and the excellent weather over the bank holiday weekend definitely helped it continue on its upward trend!

ABOVE: Cowbridge High Street was busy all day.

Conservative candidate wins the Cadoc ward

THE Barry Town Council by-election for the Cadoc seat proved a very close race.

When the final ballot papers were counted, the Conservative candidate Rachel Nugent-Finn had won by 14 votes.

Voting took place on Thursday, May 24.

The full result was: Dennis Clarke, Plaid Cymru, 469 votes; Owen Griffiths, Welsh Labour, 520 votes; Rachel Nugent-Finn, 534 votes.

Five ballot papers were rejected.

Munro Cup loss for Millwood bowlers

THIS week saw a visit to local neighbours Romilly for the Millwood Bowls Club, on a pleasant Wednesday evening for another round of the Munro Cup.

Brian Crockford and his rink got off to an encouraging start and up to the 10th end were holding their own, but eight shots dropped over three ends proved decisive, finally going down 18–9.

This pattern repeated itself over the other rinks on the night - Alan Bumfords rink lost 18–12, Keith Davies sank without trace by 26–8 and John Slee did not find it any easier, losing 20–11. It was a convincing win on the night for Romilly by 81 shots to 40.

Saturday saw the final local rounds of the Carruthers Cup competition and Millwood set off to Porthcawl to visit Griffin Park.

Neither side were going to progress to the national stages so pride was at stake to avoid the group wooden spoon.

On a beautiful bowling afternoon both teams set about their task. Keith Davies and his team held their own for nine ends but the home rink started to make their local knowledge pay and at end 13 led 15-7.

However Keith and his team were not going to be denied a four on end 15, narrowing the home side's lead and continuing to chip away at the lead and a 3 and a 6 saw Millwood home by 23–18.

Brian Crockford and his rink found it difficult to get to grips with the rink and after dropping seven shots on the first three ends they found themselves chasing the game and went down 26–14.

Peter Taylor and his rink also had difficuly reading the green. There were moments when they threatened to mount a serious challenge to the home side but they failed to sustain it, and went down 20–14.

Meanwhile John Slee's rink had no such difficulties and after opening with a four, and by end nine were leading 16 shots to 8.

However, slowly but surely the home rink fought back and by the 16th end had recovered to be only two shots behind.

Continuing to apply the pressure, a one and two 3s over the last three ends saw the home rink home 26–24. The overall victory went to Griffin Park by 14 shots – a big well done to both teams.

Millwood A were at home to Llantwit Major and despite both teams suffering from selection problems caused by ilness and early season holidays, the game got underway and the usual competitive friendly edge soon emerged.

On the day, the home rinks managed to gain the upper hand early in the match and in a relatively low-scoring game, ran out victors, 49-37.

A big thank you to all players who made the effort to fulfil this fixture.

BH

Year-6 pupils are bowled over at Belle Vue club

IN collaboration with the Belle Vue Park Bowling Club and Albert Primary School, the year-6 children had an opportunity this week to have a Crown Green Bowling taster session.

Coaches from the Belle Vue Bowling Club gave up three afternoons to introduce our year-6 pupils to the sport of bowling. The children learnt all about how to draw a bowl and some of tactics involved in the sport. It was fantastic to see different generations learning and enjoying time together on the green.

The club will be hosting beginner coaching sessions for both children and adults from the area and we look forward to our families taking part.

All the year-6 pupils and staff would like to say a big thank you to everyone at the Belle Vue Park Bowling club and look forward to developing this partnership.

SULLY SPORTS BOWLS CLUB LATEST ROUND-UP

SULLY Sports Bowls Club's men made the short trip to play Dinas Powys in their latest Munro Cup fixture on May 23 and came away with a heavy defeat.

Sully only won one of the four rinks for an aggregate loss of 40–82, but the team still enjoyed the game, played in a fine spirit and good weather.

Rink scores: R Giddings, J Harries, K Romans, L Romans 5-34; M Morgan, A Fitt, G Currie, R Roberts 11-21; L Adams, A Thompson, C Spillane, G Brown 15-13; P Holland, M Stafford, J Kirk, C Coomber 9-14.

On May 26 the Sports hosted Cowbridge in their final group qualifying Carruthers Shield fixture, in which progress for either side was virtually impossible due to the aggregate scores in their earlier games.

Still, Sully Sports approached the game with some hope and a lot of determination, despite being hit by late withdrawals, resulting in major changes on three rinks.

Rob Matthews' rink held a slender one-shot lead after 10 ends, then slowly eased away to finally record a 10-shot win.

Keith Romans' rink had a great tussle being behind until the 10th; after losing the 11th they led after the 15th, only to suffer in the final ends to lose by three shots.

Graham Brown's rink had the closest contest of the day, winning a shot on the first end, then losing the lead on the second. They slowly fell further behind until they were 16-8 down with six ends to play.

At this point the fightback commenced, and needing two on the last to tie (or three to win) they were lying one shot with a one wood left, but with a very risky head, Graham just failed to clinch another shot and went down by one.

Lee Romans' rink took the day's honours, not only securing an aggregate win, but also scoring a rare maximum eight shots on the fifth end.

Cowbridge then recovered over the next nine ends, including a six-shot end of their own to be six behind after 14 ends, but a strong last seven ends stretched the winning margin to 19 shots.

Rink scores: R Knight, J Kirk, C Coomber, R Matthews 20-10; M Morgan, A Thompson, C Spillane, G Brown 16-17; P Holland, B Whyman, L Adams, K Romans 16-19; M Stafford, T Smith, G Currie, L Romans 32-13.

On May 30 the Sports are at home to the Murch in a Munro Cup fixture, and resume their Private Greens fixtures when they host St Joseph's on June 2.

The ladies, on a lovely evening, visited Sofia Gardens to play Cardiff G in the Evening League on May 22, and suffered their first loss of the season.

The early exchanges were relatively even, but the hosts' canny bowling got them into a lead of six shots after eight ends, and frustrated the Sports attempts at a late fightback.

Rink scores: S Phillips, M Smith, M Dare, Carol Jenkins 14-21; R Williams, P Vaughan, L Woodcock, Stef Parker 14-27.

This setback hasn't dampened the ladies' enthusiasm and they look forward very much to their next fixture on June 1 at home to Cowbridge.

New members are always welcome, whether experienced players or beginners - just turn up at the club, or contact Peter Holland on 01446 622490, or Mary Dare on 01446 732994.

MS

It's perfect weather for Sully sailing

Steve Marshall sailing off the Sully coastline.

THE weather at Sully was perfect for sailing as the Early Bird Series reaches its end.

Race officer Bob Laing set a triangular course and ran two races, both of which were won by Steve Marshall in a Laser dinghy.

Steve is now only one point behind the series leader Danny Powell, with only next Sunday's races to go in the Early Bird Series.

Nigel Vick managed to lead the slow fleet in his Topper, coming ahead of Jake Richardson in a Laser Radial, but Jake continues to lead the slow fleet and cannot be overtaken next week.

Next week should see the annual Round the Island Race when the club will race around Sully Island, enjoying the new tactical challenges it will present.

Cup action at Brynhill Golf Club

TWO qualifying competitions were played at a blustery Brynhill Golf Club last Sunday, the Ernest Williams Cup for lower handicaps and George Williams Cup for the hackers and choppers.

Top of the pile in the Ernest was Dave Taylor with a seven-under 65, followed by Tony Thomas and Jockey Griffiths, who both finished on 69s.

In the George, Luke Pearson handled the tough conditions best to record a winning 69, closely followed by Nad Hock and Dave Stephenson on 71s. The top 16 in each group now go through to the knockout stages.

This weekend sees two-day qualifiers for the Club Championship (0-9) and Howell Hughes Cup (10-18) while the Buck Rabbit (19-28) will be played on Sunday.

As a result of their efforts, Taylor, Thomas and Stephenson received a one-shot reduction and Pearson and Hock received a two-shot cut.

With the course in majestic condition, a weekend of excellent golf is anticipated with a very good chance of strong drink being consumed on the patio.

ND

Vale chess team are crowned champions!

THE final round of the Welsh Chess Premier League took place recently with all matches played at Merthyr Tydfil.

Having won all of our previous matches, the Vale stood proudly at the top of the table knowing that we only needed 1.5 points from the six on offer to be crowned Welsh Club champions.

Our opponents in this round of matches were Cardigan, who still had hopes of a runners-up spot. We were having difficulty in organising their team, however.

Tim Kett, Pete Heaven and Lee Davis all earned draws so even though we lost 4.5-1.5, and with it our 100 per cent record, we were still crowned as champions.

For Cardigan they needed Nidum to lose their match but they beat the White Knights with a match score of 4-2.

It meant that both the Vale and Nidum earned eight points in total from their five matches but the higher tie-break score of the Vale was the deciding factor.

This means that the Vale have now qualified for the European Chess Club Championships to be held in Porto Carras in Greece between October 11-19.

The Barry Chess Club meets at 7.30pm each Monday at the West End Club, St. Nicholas Road, Barry CF62 6QY. The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at http://barrychessclub.yolasite.com.

PHIL JONES

Skittles AGM

THE AGM of the Barry & District Ladies Skittles League takes place on June 4 at the Cadoxton Conservative Club at 7.30pm.

If any ladies are interested in joining a team please contact *barryanddistrictladiesskittles@gmail.com* - more information available at *www.barryanddistictladiesskittlesleague.co.uk*.

HB

Bowls game announced

THE Vale of Glamorgan CBA will be taking on Monmouth CBA on Thursday, June 14, at 2.30pm in a six-rink game of bowls at Maesteg Celtic Bowling Club.

DK

Vale of Glamorgan Bridge Club news

THE latest results for the Vale of Glamorgan Bridge Club for May 28 are as follows:

First, Dave and Debbie Lea, 66.07 per cent; second, Phil Felman and Tony Disley, 63.39 per cent; third, Irene Thomas and Graham Jones, 57.14 per cent.

LE

Barry Darts League round-up

LAST week at the Cadoxton Conservative Club, Barry, Ryan Gratton beat Dai Davies in the final of the First Division singles.

Elsewhere at the Billy, Mark Driscoll beat David Davies in the Premier League singles. Congratulations to both players, well deserved.

This week is the league singles at the Billy, 8pm start.

NW

Bridgend Bridge Club news

THE latest results for Bridgend Bridge Club are as follows:

On Wednesday, May 23: First, Tony Haworth and Kevin Maddox; equal second, Graham Jones and Irene Thomas, and Geoff Tinkler and John Henson. The winners on handicap were Geoff Tinkler and John Henson.

On Thursday, May 24: First, Stuart Davies and Clive Edwards; second, Dee Finch and Leila O'Hagan; third, Mike Williams and Barry Collins. The winners on handicap were Stuart Davies and Clive Edwards.

On Friday, May 25: First, Norma and David Newman; second, Peter Bugden and Linda Jenkins; third, Tony Haworth and Kevin Maddox. The winners on handicap were Norma and David Newman.

Regular club nights take place on Wednesday and Friday evenings at Nolton Church Hall. Play is scheduled to start at 7pm, to enable a prompt start, it helps if players arrive at least 10 minutes early.

On Thursday afternoons at 2pm, again at Nolton Church Hall, there is a gentle bridge session when help is available with the bidding.

On Friday, June 1, is the annual cheese and wine charity night - this year's charity is the British Heart Foundation. All bridge players are welcome.

All sessions are played in a friendly manner, visitors and new members are always welcome.

Lessons for beginners are being run by Steve Burgoyne, please contact Steve for further details on his number below.

For further information about the lessons and any other of the club activities please contact Steve Burgoyne on 01656 661968 or David Newman on 01656 649138.

GJ

Mixed partners enjoy lovely weather at Brynhill GC

AFTER a week of changeable weather, the 32 players who entered the Bank Holiday mixed change partners competition at Brynhill Golf Club were greeted with temperatures in the mid-20s.

All teams enjoyed both the weather and the course which was presented in excellent condition.

After the competition everyone gathered on the patio at Brynhill for the presentation. Everyone entered into the fun spirit of the game and enjoyed a few quiet drinks in the sun. Superb food was supplied by the club caterer Mark Dommett.

The runners-up with a score of 62 nett were Ron and Sue Holland, and Stuart and Jan Robertson, while the winners, with a score of 61 nett, were John and Jo Kirkpatrick, and Tony and Di Davies.

JMK

For all the latest news from your area - glamorgan-gem.co.uk

The Cottrell Park ladies.

COTTRELL LADIES ENJOY AWAY DAY

Vice-captain Tina Morgan and captain Lorraine Pointon Bell.

Lorraine gives Helen Edwards her prize.

THE weather was beautiful and 24 ladies from Cottrell Park Golf Club set off to Bryn Meadows Golf Club.

After bacon rolls and coffee we headed for the first tee we had lots of laughs and lots of water as it really was very hot on the course.

The winning team came in with 88 points - Helen Evans, Chris Evans, Rowena McArtney and Sarah Smith, the second team Tina Morgan (vice-captain), Anne Birt Judith Jessop and Nan Thomas played very well and had 87 points; Lorraine Pointon Bell Lorna Howells Jeanette Williams and Cheryl Hopkins were third with 86 points.

After a lovely evening meal and a few glasses of wine we set off for the second day with a Texas Scramble. The winning team was Tessa Matthews, Jenny Knott, Sarah Wallace and Anne Birt. with 71 points.

Lady Cottrella was Helen Evans with 33 points. Well done Helen.

A really good time was had by all and thanks was given to the lady captain by Helen Evans for a very successful few days.

GOS

News from Barrivale Bridge Club

THE results for the Barrivale Bridge Club session that took place on Tuesday, May 22:

The first three places were 1. Jane Brook & Mick Green 73.96%, 2. Mark Roderick & Peter Millar 63.54%,3. Dave Thomas & Ken Hannah 59.90%. The handicap winners were Sam Fellows and Debbie Dawkins.

As always, new members are welcome at the club and a partner may be arranged, if required.

If you would like to join us please ring any of the following numbers - 01446 418380 or 01446 733425 or 01446 735592, or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday evening.

Alternatively, players inexperienced or new, may attend on Fridays at 10am at the same address where lessons and play take place in a relaxed atmosphere.

Whilst our current class for beginners continue to run on Friday mornings, new members wishing to start the class will be able to join the next beginner's class commencing in September 2018.

LH

Wales Rugby League to run referee course

WALES Rugby League are running a referee's course on Saturday, June 2, at Sardis Road in Pontypridd starting at 10.15am.

The theory side of the course will run for approximately three hours before a lunch break.

The afternoon will then be spent watching the referee in the Welsh Premier League match between Rhondda Outlaws and Cardiff Blue Dragons, and analysing his performance to complete the course.

It will cost £10 per participant and anyone who would like to attend should email paul.chambers@walesrugbyleague.co.uk stating names, email addresses and contact details.

Further course information and details of how to complete their DBS will then be sent on return.

IG

Sam joins forces with CAVC Rugby Academy

PLAYERS from Cardiff and Vale College's Rugby Academy enlisted the help of Cardiff Blues legend Sam Warburton to give budding young rugby players the opportunity of a lifetime.

A group of 22 Year 8 pupils from Maesteg Comprehensive School made the trip to BT Sport Cardiff Arms Park to be put through their paces in an exclusive coaching session led by Warburton after winning a competition.

Supported by players from Cardiff and Vale College's Rugby Academy, Warburton imparted some of his knowledge and too the young rugby fans through a series of drills and techniques in the hour-long session.

Working in partnership with Cardiff blues, CAVC's Rugby Academy allows young people to balance a rugby career against their education, encouraging success both on and off the pitch.

Maesteg Comprehensive teacher Tom Davies said: "The boys have been busting for this for a couple of weeks now, they're really over the moon.

"Having Sam here has been amazing for them – there's a really strong rugby culture in the school so this is something they can take back and tell their mates about."

Warburton was assisted by CAVC Rugby Academy players Odin Pronk and Aaron Churchill. Odin said: "It's been good – Sam's not only teaching the younger boys but teaching us all to give better training and it's a pleasure to work alongside him."

Aaron added: "It's a big deal and it's been a big opportunity for the boys with Sam being here and gaining the insight of a professional."

Sam Warburton said: " Maesteg Comprehensive School have won the chance to come down to the Arms Park to have a training session with myself and some of the Blues training officers.

"It was an opportunity presented by the Cardiff and Vale College and it's nice that CAVC has provided the opportunity for them.

"There's a couple of lads from the Cardiff and Vale College Rugby Academy that have come down and assisted as well.

"It's great for the guys to come down and train on a historic ground and get some good advice from players and academy players from the local college – it's a great opportunity."

Mexican standoff sees Giggs blood youngsters

by GARETH JAMIESON

THERE'S nothing nicer for your poor, exhausted footballer than a summer break somewhere warm and inviting.

For the players picked for Ryan Giggs' third outing as Wales manager, a trip to Los Angeles came with the caveat of facing off against Mexico at the Rose Bowl, site of the 1994 World Cup final.

With the Mexicans preparing for the World Cup, drawn in a group against Germany, Sweden and South Korea, for Wales this was more of a chance for Giggs to bed in his ideas, following March's sojourn to China.

He would be doing it minus Gareth Bale, busy preparing for his fourth Champions League final, and Hal Robson Kanu, the Euro 2016 hero paying for a poor season with West Bromwich Albion, but with a good mix of experienced campaigners like Aaron Ramsey, Chris Gunter, Ashley Williams, with a talented crop of youngsters led by Sheffield United's David Brooks, Harry Wilson and Tom Lockyer.

Having played Mexico three times previously (the last game between them, in New Jersey in 2012, saw Wales lose 2-0) and having yet to win against them, this would be a formidable test for Giggs and his squad, but one that, after 90 minutes, and in front of an 82,000-strong crowd made up predominantly of Mexican fans, Giggs will arguably feel his team certainly dealt with admirably enough.

The 0-0 stalemate may have been short on goals, but will have given Giggs and his coaches plenty to think about in terms of his on-field options come September's opening Nations League fixture against the Republic of Ireland at the Cardiff City Stadium.

What will impress Giggs the most will have been Wales' rugged rearguard action against a team who, certainly in the second half, were the dominant force. Coupled with Ashley Williams' early withdrawal with a rib injury after just 21 minutes through injury, seeing Wales hold the Mexicans with a backline of burgeoning experience was hugely heartening, with Wayne Hennessey in imperious form between the sticks.

Giggs' desire to blood youth have slightly been forced upon him by injuries and withdrawals, but it's paid dividends in the three games so far, the likes of Wilson, Brooks and Tom Lockyer (among others) all gaining valuable international experience which will stand them in good stead moving forward.

Wales' options in attack certainly don't lack for pace, and that was another pleasing facet to their game, the willingness to stay tight and play on the counter-attack, and while this is hardly a new philosophy for Wales, it's one that, with the likes of Brooks, Wilson, the injured Tom Lawrence and Champions League hero Gareth Bale, will be exciting to see given the adventurous nature of those attackers.

What may be of concern to Giggs is that the teeth of the Welsh attack seem blunted without Bale – just three shots during the game, and only one on target, doesn't make for pretty reading, especially when the Mexicans managed 22 shots with nine on target.

Having given out 11 new caps in his three games so far, Giggs is making the right noises about blending youth with experience, and it seems that this will be one of the key tenets of his reign. With Bale, Lawrence and defensive prodigy Ethan Ampadu all set to return in time for September, his first competitive squad should be a pleasing balance between the two.

In a group with the Republic of Ireland and Denmark, Wales will feel they can most certainly be competitive in their Nations League group and that, along with qualification for the 2020 European Championships, should be Giggs' ultimate target.

His selections thus far have been a step in the right direction – with competitive football on the horizon we'll soon find out how ready he, and his new dawn of players, are.

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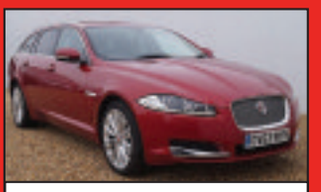

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2016 (65) Toyota 2.0 D-4S GT86 3dr, black, JUST 1 OWNER : 29,500 MLS FSH, MT65VFN £16,495

2015 (15) Vauxhall Corsa 1.2 i Sting 3dr, red, LTD EDITION 24,000 MLS 1 OWNER, CF15FZA £5,990

2015 (15) Nissan Micra 1.2 Acenta 5dr, grey, JUST 27,000 MLS FSH 1 OWNER, LK15ORW £5,945

2015 (64) Vauxhall Insignia 2.0 CDTi ecoFLEX SRi VX-Line (s/s) 5dr, red, 1 OWNER : 41,000 MLS BIG SPEC, KT64FHZ £9,990

2016 (16) Peugeot 308 1.6 BlueHDi GT Line (s/s) 5dr, blue, JUST 11,500 MLS NAV CAM DAB, KN16JXF £11,990

2015 (15) Mercedes-Benz Sprinter 2.1 CDI 313 Extra High Roof Panel Van 4dr, white, MWB 1 OWNER FULL MERCEDES HISTORY, KT15ZFE . . . . . .£11,445 +VAT

2015 (15) SEAT Ibiza 1.6 TDI CR FR 5dr, white, 30,000 miles, 1 OWNER : NAVI : B/TOOTH : PDC, YD15GNV £8,790

2010 (10) Mercedes-Benz M Class 3.0 ML350 CDI BlueEFFICIENCY Sport 7G-Tronic 4x4 5dr, silver, 7 X MERC STAMPS : NAV : PDC, KU10TFK £11,490

2015 (15) Toyota Aygo 1.0 VVT-i x-play 5dr, white, JUST 30,000 MLS FSH 1 OWNER, NK15SYG £6,290

2015 (15) Toyota Auris 1.8 VVT-i Icon+ Touring Sports e-CVT HSD 5dr, grey, 34,000 MLS FSH NAV PANROOF, PX15LWR £13,990

2015 (15) Toyota Avensis 2.0 D-4D Icon Business Edition 5dr, white, 35,500 MLS 1 OWNER CAM : NAV, MV15EZZ £10,790

2013 (63) Volvo XC60 2.4 TD SE Lux (s/s) 5dr, blue, JUST 1 OWNER FSH MASSIVE SPEC, AY63TZP £13,990

2014 (63) Volkswagen Golf 2.0 TDI GTD 3dr, red, 1 OWNER : FSH : HTD LEATHER, GL63TXA £12,445

2013 (63) Volkswagen Golf 1.6 TDI SE (s/s) 5dr, blue, FREE TAX UP TO 80.7 MPG : FSH, VK63CDZ £7,445

2016 (66) Vauxhall Corsa 1.4 i ecoFLEX SRi 5dr, white, JUST 1 OWNER : 15,500 MLS FSH, DU66FDX £7,990

2014 (14) Peugeot Expert 1.6 HDi (EU5) L2 H1 4dr, white, 1200KG 3 SEATS FSH L2 H1 CLEAN, LF14HNJ . . . . . .£5,990 +VAT

2015 (64) Vauxhall Mokka 1.7 CDTi ecoFLEX 16v Exclusiv FWD (s/s) 5dr, black, 19,500 MLS 1 OWNER : 70.6 MPG, KX16UBF £9,790

2015 (65) Peugeot 208 1.2 PureTech Allure 5dr, orange, 11,500 MLS FSH : 1 PREV OWNER, CE65WNZ £8,490

2013 (13) Mercedes-Benz M Class 3.0 ML350 CDI BlueTEC AMG Sport 7G-Tronic Plus 5dr, grey,48,000 miles, BEAUTIFUL, 1 OWNER FULL MSH, CK13TUA £20,790

2014 (14) Volkswagen UP! 1.0 BlueMotion Tech Move up! 5dr, black, JUST 49,000 MLS FSH NAVI MEDIA, CU14KSY £5,490

2013 (13) Vauxhall Agila 1.2 i ecoFLEX 16v SE 5dr (a/c), silver, JUST 43,000 MLS FSH 62.8 MPG, BJ13URO £4,290

2016 (16) Vauxhall Mokka 1.6 CDTi ecoFLEX Tech Line (s/s) 5dr, blue, 15,500 MLS FSH NAV 1 OWNER, KX16UBF £10,990

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15 65 PORSCHE CAYENNE 30 E-Hybrid S AWD 5dr tiptronic S, sat nav, 20"alloys, heated seats, adaptive cruise, park assist with camera, 34k, white with full leather **£43995**

15 65 KIA SORENTO 2.2 CRDI KX-4 AWD 5dr automatic (7-seater) Kia warranty Dec 2022, panoramic roof, sat nav, 19"alloys, 25k, grey, full leather **£24995**

15 15 KIA SPORTAGE 2.0 CRDI KX-2 AWD 5dr, Kia warranty April 2022, panoramic roof, cruise, 21k, black, half leather **£13795**

14 64 MERCEDES GLA220 CDI AMG Line 5dr 7G-DCT 4-Matic, 18"alloys, reverse camera, 27k, white, half-leather **£17995**

15 65 AUDI Q3 2.0 TDI Quattro S-Line+ 5dr, 19"alloys, cruise, 19k, silver **£20995**

17 67 AUDI A3 2.0 T FSI Quattro Sport 5dr S-Tronic (190bhp), 19"alloys, sat nav, privacy glass, 10k, black **£22995**

13 13 BMW X5 30D M Sport XDRIVE 5dr, panoramic roof, sat nav, 20"alloys, reverse camera, privacy glass, black, full leather **£19995**

16 16 BMW X3 XDRIVE 35DM Sport 5dr automatic (313bhp), 20"alloys, sat nav, 15k, white with full leather **£28995**

15 65 VW GOLF 1.4 TSI Hybrid BlueMotion Tech GTE 5dr DSG, VW warranty Sept 2018, 18"alloys, cruise, Bluetooth, privacy glass, 20k, choice **£18495**

14 64 JEEP CHEROKEE 2.0 CRD (170) Limited AWD 5dr automatic, sat nav, 18"alloys, 22k, black, full leather **£15995**

13 63 LAND ROVER RANGE ROVER 3.0 TDV6 Vogue SE 5dr automatic, 22"alloys, sat nav, Bluetooth, privacy glass, corris grey, full leather **£41995**

16 16 BMW 335 DXDRIVE M Sport GT 5dr automatic (313bhp), sat nav, choice, full leather **£19995**

15 65 BMW 420 D M Sport XDrive 2dr (190bhp), M sport plus pack, widescreen sat nav, 19"alloys, 17k, estoril blue **£20995**

16 16 VW GOLF 2.0 TSI R 5dr 4Motion (300bhp) VW warranty June 2019, cruise, bluetooth, 7k, black **£21995**

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16 16 BMW 330e M Sport 4dr automatic, BMW warranty Aug 2019, sat nav, 18"alloys, 19k, grey, full leather **£20995**

16 66 BMW 330e Sport 4dr automatic, BMW warranty Sep 2019, sat nav, cruise, Bluetooth, 10k, choice **£19995**

16 16 BMW i3 E 5d (Extender Range) BMW warranty May 2019, DC rapid charge prep, suite interior world, sat nav, Bluetooth , PDC, choice **£17495**

15 65 BMW I3 E 5dr automatic, BMW warranty Jan 2019, DC rapid charge prep, sat nav, 19"alloys, heated seats, 13k, white **£15495**

15 65 BMW X5 XDRIVE 40EM Sport 5dr, 20"alloys, head up display, reverse camera, sat nav, 30k, met grey, full leather **£36995**

17 17 HYUNDAI IONIQ 1.6 GDI Hybrid SE 5dr DCT, Hyundai warranty April 2022, cruise, Bluetooth, 5k, grey **£15995**

15 15 MERCEDES C300H CDI BlueTEC Hybrid AMG Line 4dr 7G-Tronic Plus, panoramic roof, 18"alloys, sat nav, 24k, grey, full leather....**£22995**

15 65 PORSCHE CAYENNE 30 E-Hybrid S AWD 5dr tiptronic S, sat nav, 20"alloys, heated seats, adaptive cruise, park assist with camera, 34k, white with full leather **£43995**

15 64 TOYOTA AURIS 1.8 VVT-I Excel e-CVT HSD 5dr automatic, Toyota warranty Feb 2020, sat nav, heated seats, 11k, white **£14995**

15 65 VW GOLF 1.4 TSI Hybrid BlueMotion Tech GTE 5dr DSG, VW warranty Sept 2018, 18"alloys, cruise, Bluetooth, privacy glass, 20k, choice....**£18495**

17 66 VOLVO V60 2.4 D5 (163) Twin Engine SE Nav Estate AWD Geartronic (Hybrid), sat nav, cruise, heated seats, 11k, blue with full leather **£22995**

17 67 AUDI A3 2.0 T FSI Quattro Sport 5dr S-Tronic (190bhp), 19"alloys, sat nav, privacy glass, 10k, black **£22995**

15 15 AUDI A7 3.0 TDI Quattro S-Line 5dr S-Tronic, 20"alloys, sat nav, 30k, silver, full leather **£24995**

14 64 AUDI Q3 2.0 TFSI Quattro S-Line 5dr, sat nav, 38k, silver, full leather....**£18495**

15 65 AUDI Q3 2.0 TDI Quattro S-Line+ 5dr, 19"alloys, cruise, 19k, silver **£20995**

16 16 AUDI Q3 2.0 TDI Quattro S-Line Plus 5dr S-Tronic, Audi warranty April 2019, sat nav, heated seats, 19"alloys, 26k, black, full leather....**£22495**

13 13 AUDI TT 2.0 TDI S-Line Quattro 3dr S-Tronic (170bhp), cruise, Bluetooth, bose, 32k, met blue, half leather **£13995**

13 63 BMW 330 D M Sport XDRIVE 4dr automatic, sat nav, cruise, black, full merino leather **£15495**

16 16 BMW 335 DXDRIVE M Sport GT 5dr automatic, 19"Alloys, sat nav, 2k, choice, full leather **£21995**

16 16 BMW 335d XDRIVE M Sport 4dr automatic (313bhp) M Sport plus pack, 19"alloys, Harman Kardon, sat nav, 20k, red, full leather....**£21995**

16 16 BMW 335d XDRIVE M Sport Estate automatic (313bhp), BMW warranty May 2019, sat nav, DAB, 23k, white, full leather....**£22495**

16 16 BMW 335 DXDRIVE M Sport GT 5dr automatic (313bhp), sat nav, choice, full leather **£19995**

16 16 BMW 335d M Sport XDRIVE Estate automatic, BMW warranty March 2019, sat nav, 19"alloys, Harman kardon, 26k, black, full leather **£22995**

15 64 BMW 420 D M Sport XDRIVE Gran Coupe 5dr automatic, pro sat nav, 19"alloys, Harman kardon, full leather, 26k, met black....**£20995**

15 65 BMW 420 D M Sport XDrive 2dr (190bhp), M sport plus pack, widescreen sat nav, 19"alloys, 17k, estoril blue **£20995**

16 16 BMW 420 DXDRIVE M Sport Gran Coupe 5dr automatic, 19"alloys, widescreen sat nav, 23k, met grey, full leather **£23995**

16 65 BMW 420D XDRIVE D M Sport Gran Coupe 5dr (190bhp), BMW warranty Feb 2019, widescreen sat nav, Bluetooth, privacy glass, full leather, 23k, grey **£20495**

16 16 BMW 430 D XDRIVE M Sport Gran Coupe 5dr automatic, sunroof, M sport plus pack, 19"alloys, pro media, 17k, choice, full leather....**£23995**

16 16 BMW 435d M Sport XDRIVE 2dr convertible automatic, BMW warranty April 2019, pro nav, 19"alloys, 17k, black, full leather....**£27995**

16 16 BMW 740 D XDRIVE M Sport 4dr automatic (315bhp), BMW warranty June 2019, Premium package, 20"alloys, head-up display, electric glass sunroof, 18k, white, full leather....**£42495**

16 66 BMW X1 20D M Sport XDRIVE 5dr automatic, BMW warranty Dec 2019, sat nav, heated seats, grey **£21495**

16 16 BMW X3 30D M Sport XDRIVE 5dr automatic, BMW warranty April 2019, 19"alloys, sat nav, Bluetooth, 14k, grey **£27995**

16 16 BMW X3 XDRIVE 35DM Sport 5dr automatic (313bhp), 20"alloys, sat nav, 15k, white with full leather....**£28995**

13 13 BMW X5 30D M Sport XDRIVE 5dr, panoramic roof, sat nav, 20"alloys, reverse camera, privacy glass, black, full leather **£19995**

15 65 BMW X5 XDRIVE 40EM Sport 5dr, 20"alloys, head up display, reverse camera, sat nav, 30k, met grey, full leather **£36995**

15 15 BMW X5 XDRIVE 30 DSE 5dr automatic, 22"alloys, sat nav, 32k, met brown, full leather....**£27995**

17 17 FORD KUGA 2.0 TDCI Titanium AWD 5dr (180bhp) Ford warranty Mar 2020, sat nav, cruise, reverse camera, 11k, black **£18995**

14 64 HYUNDAI SANTA FE 2.2 CRDI Premium 5dr 4WD, sat nav, rear camera, heated seats, in mocha with full leather **£11995**

16 16 HYUNDAI SANTA FE 2.2 CRDI Blue Drive Premium SE 4WD 5dr (7-Seater) Hyundai warranty April 2021, electric panoramic roof, 19"alloys, DAB, choice, full leather **£20495**

16 16 HYUNDAI TUSCON 2.0 CRDI 185 Premium SE 4WD 5dr, Hyundai warranty April 2023, panoramic roof, sat nav, 19"alloys, 15k, grey, full leather **£19995**

14 64 JEEP CHEROKEE 2.0 CRD (170) Limited AWD 5dr automatic, sat nav, 18"alloys, 22k, black, full leather **£15995**

15 65 JEEP CHEROKEE 2.2 Multijet II 200 Limited AWD 5dr automatic, Jeep warranty Oct 2018, sat nav, 26k, blue, full leather **£17995**

16 16 KIA SORENTO 2.2 CRDi KX-2 5dr 4WD (7-Seater) Kia warranty April 2023, sat nav, 24k, white pearl, full leather **£19995**

15 65 KIA SORENTO 2.2 CRDI KX-4 AWD 5dr automatic (7-seater) Kia warranty Dec 2022, panoramic roof, sat nav, 19"alloys, 25k, grey, full leather **£24995**

11 61 KIA SPORTAGE 2.0 CRD KX-2 AWD 5dr automatic, pan roof, cruise, Bluetooth, black, half-leather....**£9995**

15 64 KIA SPORTAGE 2.0 CRDi KX-3 5dr automatic, Kia warranty March 2022, panoramic roof, 18"alloys, 19k, black, full leather....**£15495**

15 15 KIA SPORTAGE 2.0 CRDi KX-3 5dr, Kia warranty May 2022, sat nav, panoramic roof, 32k, black, full leather **£14295**

15 15 KIA SPORTAGE 2.0 CRDI KX-2 AWD 5dr, Kia warranty April 2022, panoramic roof, cruise, 21k, black, half leather **£13795**

13 63 LAND ROVER RANGE ROVER 3.0 TDV6 Vogue SE 5dr automatic, 22"alloys, sat nav, Bluetooth, privacy glass, corris grey, full leather **£41995**

15 15 LAND ROVER RANGE ROVER EVOQUE 2.2 SD4 Dynamic Lux AWD 5dr automatic, sat nav, privacy glass, 29k, black, full leather....**£28995**

15 15 LAND ROVER RANGE ROVER EVOQUE 2.2 SD4 Pure Tech AWD 5dr automatic, tech pack, panoramic roof, sat nav, met red, full leather **£21995**

17 66 LAND ROVER RANGE ROVER EVOQUE 2.2 TD4 SE AWD 5dr automatic, Land Rover warranty March 2020, 18"alloys, lane assist, 17k, Kaikoura Stone, full leather **£28995**

14 64 MERCEDES GLA220 CDI AMG Line 5dr 7G-DCT 4-Matic, 18"alloys, reverse camera, 27k, white, half-leather **£17995**

15 65 MERCEDES GLA220 CDI AMG Line Premium Plus 5dr 4MATIC, pan roof, reverse camera, 19"alloys, 14k, south seas blue, half leather....**£21995**

15 15 MINI COUNTRYMAN 1.6 COOPER S ALL4 5dr (Sport & TLC pack)(190bhp) Bluetooth, USB, 22k, blue, full leather **£14995**

14 14 MINI PACEMAN 1.6 Cooper S ALL4 3dr (190bhp)(Chili & TLC Pack) 18"alloys, heated seats, Bluetooth, black, full leather **£10795**

16 16 NISSAN X-TRAIL 1.6 DCI Acenta 4WD 5dr(7-seater) Nissan warranty April 2019, pan roof, cruise, 12k, black **£15995**

16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr XTRONIC (7-Seater) Nissan warranty May 2019, sat nav, 19"alloys, reverse camera, 17k, choice **£17495**

15 65 PORSCHE CAYENNE 30 E-Hybrid S AWD 5dr tiptronic S, sat nav, 20"alloys, heated seats, adaptive cruise, park assist with camera, 34k, white with full leather **£43995**

14 14 SKODA YETI OUTDOOR 2.0 TDI CR Elegance 4WD 5dr, 17"alloys, Bluetooth, 31k, black, full leather **£11995**

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14 14 ABARTH 500 1.4 T-JET 3dr, Bluetooth, PDC, 35k, white **£7995**

17 17 AUDI A1 1.4 T FSI Sport 5dr S-Tronic, Audi warranty June 2020, heated seats, PDC, 11k, black....**£15495**

14 14 AUDI A3 1.6 TDI Sport 5dr, aircon, Bluetooth, alloys, white **£8795**

15 15 AUDI A3 1.6 TDI S-Line 5dr, cruise, xenons, Bluetooth, met grey **£13795**

16 16 AUDI A3 1.6 TDI Sport 4dr, sat nav, Bluetooth, white **£13495**

14 64 BMW 118 2.0 D Sport 5dr, sat nav, 18"alloys, m sport pack, xenons, PDC, 29k, red **£11995**

15 65 BMW M135 3.0 l 3dr automatic, BMW warranty Oct 2018, sat nav, 18"alloys, 18k, choice, full leather **£18995**

15 15 BMW 216 D Luxury Active Tourer 5dr, Bluetooth, pdc, white with full leather **£12995**

14 14 BMW 220 D Sport 2dr coupe (190bhp) 18"alloys, bluetooth, privacy glass, black **£12995**

14 64 BMW 220 D M Sport 2dr (190bhp), sat nav, 18"alloys, Bluetooth, privacy glass, M rear spoiler, 38k,met blue, full leather **£15495**

16 16 BMW M235 I 3.0 2dr convertible (322bhp), BMW warranty March 2019, sat nav, PDC, silver, full leather **£23995**

15 15 BMW 320 D ED Business Edition Estate, sat nav, met grey, full leather **£11995**

15 15 BMW 320 D BluePerformance M Sport 4dr (184bhp), privacy glass, bluetooth, cruise, white, full leather **£14795**

15 15 BMW 330 D M Sport 4dr automatic, sat nav, 19"alloys, Bluetooth, 37k, estoril blue, full leather **£18995**

14 64 BMW 420 D M Sport 2dr convertible automatic, 19"alloys, sat nav, xenons, full leather, 36k, white, full leather **£19995**

15 15 BMW 420 IM Sport Gran Coupe 5dr (184bhp), 19"alloys, widescreen sat nav, heated seats, 21k, in white with full black leather **£18995**

15 15 BMW 420 D M Sport 2dr automatic (190bhp) M Sport+ pack, 19"alloys, Harman kardon, wide screen nav, choice, full leather **£15995**

15 15 BMW 420 D M Sport Gran Coupe 5dr automatic, M Sport+ Pack, pro sat nav, 19"alloys, 32k, estoril blue, full leather **£20995**

15 15 BMW 420 D M Sport 2dr convertible automatic, BMW warranty Sep 2018, 19"alloys, head-up display, 25k, grey, full beige leather **£22995**

15 65 BMW 640 D SE Gran Coupe 4dr automatic, BMW warranty Dec 2018, electric glass sunroof, sat nav, DAB, 36k, silver, full leather **£22995**

16 65 BMW 640 D M Sport Gran Coupe 4dr automatic, BMW warranty Nov 2018, sat nav, 19"alloys, 26k, carbon black, full leather.....£24995

15 65 BMW 640 D M Sport 2dr coupe automatic, BMW warranty Dec 2018, 20"alloys, sat nav, Bluetooth, 15k, black, full leather **£25995**

15 64 CITROEN C1 1.2 PureTech Flair Airscape 3dr, electric roof, Bluetooth, cruise, 17k, black **£6495**

15 15 CITROEN C1 1.0 VTI Feel 3dr, Bluetooth, aircon, USB, 11k, white **£5495**

16 16 DS DS4 1.6 BlueHDI Crossback 5dr, Citroen warranty April 2019, sat nav, reverse camera, 18"alloys, 19k, met red, half leather **£10995**

16 65 DS DS5 1.6 BlueHDI Elegance 5dr, pan roof, sat nav, 18"alloys, pdc, met blue....**£10995**

15 15 FIAT 500 1.2 Lounge 3dr, pan roof, Bluetooth, 16k, choice, over 20 in stock **£5995**

16 16 FIAT 500 1.2 Pop Star 3dr, air-con, alloys, 18k, met grey **£6995**

16 16 FORD ECOSPORT 1.0 T ecoBOOST Titanium 5dr, Ford warranty June 2019, 17"alloys, cruise,8k, white, half-leather **£10795**

15 65 FORD FIESTA 1.0 T EcoBoost Zetec Red Edition 3dr, Ford warranty Oct 2018, 17"alloys, privacy glass, Bluetooth, 16k, red....**£9495**

17 17 FORD FIESTA 1.0 ecoBOOST ST-Line 3dr, Ford warranty June 2020, Bluetooth, USB, 17"alloys, 11k, blue **£11495**

16 66 FORD FOCUS 1.0 ecoBOOST Zetec S 5dr automatic (150bhp), Ford warranty Oct 2019, DAB, Bluetooth, 10k, white **£11995**

16 16 FORD FOCUS 1.5 TDCI Zetec S 5dr, Bluetooth, 17"alloys, met blue **£11495**

13 63 FORD FOCUS 1.6 TDCI Zetec 5dr, Bluetooth, DAB, blue **£6495**

15 15 FORD FOCUS 1.6 TDCI Titanium Estate, sat nav, cruise, Bluetooth, blue **£8995**

16 16 FORD KUGA 2.0 TDCI Titanium 5dr (Appearance Pack) Ford warranty April 2019, sat nav, cruise, DAB, 16k, blue, half leather **£14995**

16 16 FORD MONDEO 2.0 TDCI Vignale Estate, Ford warranty April 2019, sat nav, privacy glass, power tailgate, black, full leather **£16495**

16 66 FORD MONDEO 2.0 TDCI Titanium 5dr, sat nav, cruise, dab, alloys, silver **£13795**

15 65 HYUNDAI TUSCON 1.7 CRDI Blue Drive SE Nav 5dr, sat nav, Hyundai warranty October 2020, Bluetooth, heated seats, 22k, choice **£12995**

14 64 JAGUAR XF 2.2 D Premium Luxury 4dr automatic, sat nav, reverse camera, 32k, white, full leather **£16795**

17 17 JAGUAR XF 2.0 TD R-Sport 4dr automatic, Jaguar warranty July 2020, electric panoramic roof, sat nav, 19"black alloys, 11k, grey, full two tone leather **£24495**

15 15 KIA CEED 1.4 SR7 5dr, Kia warranty until Aug 2022, Bluetooth, PDC, 25k, white **£8295**

15 65 KIA PICANTO 1.2 CHILLI Eco Dynamics 3dr, Kia warranty Jan 2023, PDC, privacy glass, Bluetooth, USB, 15k, white, half leather **£7995**

14 14 KIA SPORTAGE 1.7 CRDI ISG 2 5dr, pan roof, cruise, Bluetooth, 44k, silver, half leather **£10995**

15 15 KIA SPORTAGE 1.7 CRDI 1 ISG 5dr, Kia warranty March 2022, cruise, bluetooth, USB, 22k, white **£11995**

16 16 KIA SPORTAGE 1.7 CRDI Axis Edition 5dr, Kia warranty April 2023, sat nav, heated seats, cruise, 18k, choice, full leather **£14495**

16 16 KIA SPORTAGE 1.7 CRDI 1 5dr (New Model) Kia warranty March 2023, Bluetooth, aircon, 19k, black....**£13495**

15 15 MAZDA 6 2.2 TD SE-L 4dr automatic, cruise, Bluetooth, PDC, 18k, blue **£12995**

10 10 MAZDA MX-5 1.8 20TH Anniversary 2dr convertible, 17"alloys, air-con, 32k, met blue **£6995**

14 64 MERCEDES A180 CDI Sport 5dr 7G-DCT, cruise, Bluetooth, black....**£11995**

14 64 MERCEDES A180 CDI ECO SE 5dr, Bluetooth, alloys, grey, half leather **£9795**

15 65 MERCEDES A180 D Sport Edition 5dr 7G-DCT automatic, sat nav, reverse camera, full leather, 25k, choice..**£14495**

16 16 MERCEDES A200d AMG Line 5dr, 18"alloys, reverse camera, 10k, half leather, choice auto or manual **£16495**

12 12 MERCEDES C220 CDI AMG Sport 2dr automatic, sat nav, 18"alloys, met grey, half-leather **£9995**

15 64 MERCEDES C220 CDI BlueTEC Sport 4dr 7G-Tronic Plus, sat nav, reverse camera, silver, full leather **£13995**

16 16 MERCEDES C220d AMG Line Premium 2dr 9G-Tronic Plus, Mercedes warranty April 2019, panoramic roof, sat nav, 18"alloys, 19k, white, full leather....**£26995**

15 15 MERCEDES C250 CDI AMG Sport 2dr coupe 7G-Tronic Plus, Mercedes warranty Sep 2018, 18"alloys, cruise, Bluetooth, 15k, silver, half leather **£15995**

16 16 MERCEDES C250d AMG Line 2dr 9G-Tronic Plus, Mercedes warranty June 2019, pan roof, sat nav, 18k, black, full leather....**£27995**

15 15 MERCEDES CLA220 CDI Sport 4dr 7G-DCT, 18"alloys, Bluetooth, cruise, 33k, grey, half leather **£16995**

15 65 MERCEDES CLA220 CDI AMG Sport 4dr 7G-DCT, Mercedes warranty Oct 2018, sat nav, 18"alloys, 19k, red **£20495**

11 11 MERCEDES E220 CDI Blueefficiency Sport 2dr Convertible, cruise, Bluetooth, parktronic, 18"alloys, white with full black leather **£12995**

13 63 MERCEDES E220 CDI AMG Sport Cabriolet 7G-Tronic Plus, sat nav, airscarf heating, MET BLUE, full leather **£16995**

15 65 MERCEDES E220 CDI BlueTec AMG Night Edition 4dr 7-G Tronic Plus, Mercedes warranty March 2019, sat nav, privacy glass, 22k, choice, full leather **£17995**

16 16 MERCEDES E220 CDI BlueTEC AMG Night Editon 7G-Tronic plus Estate, Mercedes warranty April 2019, sat nav, DAB Bluetooth, choice, full leather....**£18995**

13 13 MERCEDES E250 CDI Blueefficiency Sport 4dr 7G-Tronic Automatic, heated seats, privacy glass, silver, full leather**£11995**

14 64 MERCEDES E250 CDI AMG Sport 4dr 7G-Tronic plus, panoramic roof, sat nav, 13k, silver, half leather/alcantara**£18995**

13 13 MERCEDES SLK250 CDI AMG Sport 2dr convertible automatic, 18"alloys, 34k, black, full leather **£13995**

16 66 MINI CLUBMAN 2.0 D COOPER 6dr, sat nav, chilli pack, 10k, white **£13795**

15 65 MINI COOPER S 2.0 3dr (192bhp) (Chili & TLC pack) Mini warranty Jan 2019, Bluetooth, privacy glass, USB, 18k, deep blue, half leather **£12995**

15 15 MINI COOPER 1.5 D 5dr(Chili & Media XL Pack) Mini warranty Aug 2018, sat nav, 19k, met blue, half-leather..**£10995**

14 64 MINI COUPE 1.6 Cooper 2dr, chilli + TLC pack, 17"alloys, heated seats, 25k, white, half-leather....**£7995**

15 64 NISSAN JUKE 1.5 DCI Tekna 5dr, sat nav, reverse camera, Bluetooth, 32k, yellow, full leather **£9495**

16 66 NISSAN PULSAR 1.5 DCI Acenta 5dr, cruise, Bluetooth, alloys, red **£8995**

15 64 NISSAN QASHQAI 1.5 DCI N-TEC 5dr, sat nav, reverse camera, 18"alloys, black **£11995**

16 16 NISSAN QASHQAI 1.6 DCI N-Connecta 5dr, Nissan warranty April 2019, panoramic roof, sat nav, reverse camera, 23k, black **£14295**

17 17 NISSAN QASHQAI 1.6 DCI Tekna XTRONIC 5dr automatic, Nissan warranty April 2020, sat nav, pan roof, 19"alloys, met red **£16995**

16 16 NISSAN X-TRAIL 1.6 DCI Tekna 5dr (7-Seater), sat nav, pan roof, 9k, met grey, full leather **£18995**

15 65 PEUGEOT 108 1.2 Pure Tech Allure 3dr, Bluetooth, reverse camera, alloys, 25k,black....**£6295**

15 15 PEUGEOT 208 1.6 THP GTI 3dr (200bhp) Peugeot warranty Aug 2018, sat nav, pan roof, 12k, white, half leather....**£10795**

16 16 PEUGEOT 2008 1.2 PureTech Access 5dr, Peugeot warranty May 2019, Bluetooth, aircon, 9k, grey **£8995**

15 15 PEUGEOT 2008 1.6 e-HDI CROSSWAY 5dr, sat nav, cruise, 17k, black **£9995**

12 62 PEUGEOT RCZ 1.6 THP Sport 2dr coupe, 18"alloys, cruise, Bluetooth, 42k, grey **£7495**

14 64 PEUGEOT RCZ 2.0 HDI Sport 2dr, sat nav, cruise, Bluetooth, 30k, black....**£9995**

16 16 RANGE ROVER EVOQUE 2.0 ED4 SE 2WD 5dr, Landrover warranty Aug 2019, lane assist, 18"alloys, privacy glass, 19k, white, full leather **£24995**

14 64 RENAULT CAPTUR 1.5 DCI Dynamique S Media Nav 5dr, sat nav, cruise, 17"alloys, choice **£7995**

15 64 RENAULT MEGANE 1.5 DCI Energy GT-Line TomTom 3dr, sat nav, 17"alloys, 36k, blue....**£8495**

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17 67 SEAT LEON 1.6 TDI SE Dynamic Technology Estate, Seat warranty Sep 2020, sat nav, 17"alloys, PDC, 7k, grey **£13995**

16 16 SKODA YETI OUTDOOR 2.0 TDI SCR SE L 5dr, Skoda warranty May 2019, 17"alloys, cruise, 9k, silver, full leather **£13495**

15 65 SMART FORFOUR 1.0 Prime Premium 5dr, sat nav, pan roof, 6k, choice, full leather **£6995**

15 15 FORD FIESTA 1.6 ecoBOOST ST-2 3dr, 17"alloys, Bluetooth, 26k, white, half leather **£10995**

15 15 AUDI A6 2.0 TDI ULTRA Black Edition 4dr S-Tronic, sat nav, 20"alloys, bose, 13k, black, half leather/suede **£20995**

11 61 BMW 520 DSE 4dr, alloys, PDC, blue, full leather **£9495**

12 12 HYUNDAI IX35 1.6 GDI Style 2WD 5dr, 17"alloys, heated seats, 39k, white **£7995**

13 62 MINI COOPER 1.6 S 2dr convertible (Chili Pack) alloys, 31k, white, half leather **£9495**

15 15 MAZDA 6 2.2 TD Sport Nav Estate automatic, 19"alloys, sat nav, black, full leather **£11995**

12 62 MERCEDES E220 CDI SE 2dr convertible, 17"alloys, cruise, grey, full leather **£12995**

15 15 MAZDA CX-5 2.2 TD Sport Nav 2WD 5dr, sat nav, bose, cruise, silver, full leather **£12995**

15 65 VAUXHALL ASTRA GTC 2.0 CDTI SRI 3dr, Vauxhall warranty Oct 2018, 18"alloys, cruise, 23k, yellow **£8795**

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16 16 VW PASSAT 1.6 TDI BlueMotion Tech SE Business Estate, VW warranty May 2019, sat nav, cruise, Bluetooth, 22k, silver **£14995**

15 65 VW GOLF 2.0 TDI BlueMotion Tech GTD 5dr, VW warranty Jan 2019, sat nav, heated seats, PDC, silver, 21k **£15995**

16 16 MERCEDES C220d AMG Line 4dr, Mercedes warranty July 2019, sat nav, reverse camera, met blue, full leather **£19995**

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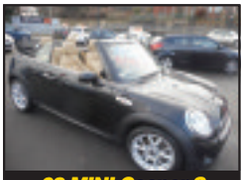

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61 SEAT Ibiza SE Copa 1.4 3-Dr, silver, 41,000 miles, 1 owner **£5,295**
60 MAZDA 3TS 1.6 5-Dr In electric blue, 58,000 miles, 2 owners, very nice example at.....**£5,295**
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59 SKODA Octavia 1.4 TSi Elegance Auto. in met blue, only 51,000 miles **£5,495**
10 FORD Fiesta 1.4 TDCi Titanium 3-Dr In electric blue, 51,000 miles, bluetooth, £20 road tax **£4,995**
61 FORD Fiesta 1.2 Edge (60) 3-Dr In black, 25,000 miles, excellent throughout **£4,995**
60 Fiat 500 1.2 Sport, In electroclash grey, 41,000 miles, £30 road tax **£4,995**
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61 RENAULT MEGANE 1.6 Dymnamique coupe TomTom, in silver, 60,000 miles **£4,695**
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59 FORD Fiesta 1.4 Zetec 5-Dr In met-blue, 70,000 miles with a/c etc.....**£4,595**
09 FORD Fiesta 1.6 Diesel TDCi Zetec 5-Dr In silver, 41,000 miles, £20 road tax **£4,475**
09 SEAT Ibiza Sport 1.4 5-Dr. In met. grey, only 42,000 miles, 1 owner.....**£4,495**
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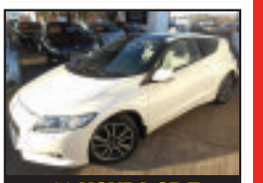

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Ladies beat the weather at Wenvoe Golf Club

ABOVE: Ladies Open member winners, and BELOW: The runners-up.

THE forecast weather conditions failed to deter a huge entry in the Wenvoe Castle ladies open held last Friday.

Lady captain Sheila Morrow gave special thanks to the visitors and members who supported the competition, particularly as every player battled through some extreme wet weather conditions to complete their rounds.

The golf course stood up well to the test and the new head greenkeeper Lucy Sellick and her team were praised for presenting the course in such fine condition and the course remained immaculate and playable despite the challenge of the weather.

As usual, the prizes are awarded in a way which avoids advantage of local knowledge by the members of the home club.

However, the runaway winners of the visitors' prize were Sherry Beynon (Creigiau) Julie Court (Creigiau) and Debra Lomasey (Ridgeway) who comfortably posted the best score of the day with an excellent 78 points.

Results: winners of the visitors' prize – Sherry Beynon (Creigiau) Julie Court (Creigiau) and Debra Lomasey (Ridgeway) 79 points; runners-up visitors' prize – Julia Tomkins, Jane Austin and Chris Griffiths (St Mary's) 71 points.

Winners Wenvoe Castle members' prize – Barbara Beedham, Karen Ball and Fran Grant 73 points; runners-up Carole Harris, Pat Jarvis and Pam Gasson (Brynmeadows) 68 points; nearest the pin on the second green – Wendy Motton (Wenvoe Castle) 5ft, 8ins; longest drive on the 14th fairway – Margaret Medlow (Pontypridd).

BJ

Club day for Cowbridge bowlers

ON Sunday, May 27, Cowbridge Bowling Club held their annual club day when they competed for the Sewell Cup.

There were 48 competitors, forming eight teams of six players. The teams played any four of their six players in a match and changed rinks and players after each game.

The competition consisted of a round robin with four matches played before lunch and three after.

The day started under threatening skies with everyone prepared for wet and miserable playing conditions. They couldn't have been more mistaken.

There was a half-hour delay to let the rain pass over and the day started with a Spider competition for a bottle of Scotch which was won by Helena Snelling.

With the weather continuing to improve the competition for the Sewell Cup began.

When a break was taken for lunch, after four games Clive Pritchard's rink was leading with four wins out of four, closely followed by Elaine Dobie's team and Sylvia Hole and Shirley Wilkinson in equal third.

A superb lunch was prepared by the ladies of the club which everyone thoroughly enjoyed.

The three afternoon matches were completed in glorious sunshine and you could tell by the buzz both on and off the rinks that everyone was enjoying the competition.

There were changes of fortunes for most of the teams with the exception of Clive Pritchard's rink who continued their winning form to produce a clean sweep of three wins out of three.

Alan Wallace's rink won all their afternoon matches to climb up to second with Elaine Dobie's team slipping to third place.

During tea and cakes, once again provided by the ladies, the presentation of the Sewell Cup was made by club president Mary Thomas to the winning team of Gerry Lloyd, Janet Morton, Guy Morton, Andrew Morgan, May Jones and skip Clive Pritchard.

The president thanked everyone who contributed to making the day such a success, especially the ladies for providing lunch and tea, and said that Eric and Dorothy Sewell, who are sadly no longer with us, would have been thrilled to see such a successful event involving so many club members.

She also thanked competition secretary, Alan Wallace for the organisation of the day's competition.

AWW

SWIMMERS IMPRESS AT GALA EVENT

SWIMMERS from the Barry Amateur Swimming Club recently attended a Cwmbran Gala at the Pontypool Leisure Centre.

The other teams attending the Gala were Rhondda, Chepstow, Abertilery and Brecon.

The club has had many new members recently and several of the newer swimmers took part in the Gala as their first competitive event.

There were 62 events but unfortunately the Barry swimmers were unable to compete in all of them as they had too few swimmers in some age groups to make up a relay team and also for some of the individual events, they were short of suitable swimmers.

They did, however, have some excellent swims with members gaining a personal best in events. Harry Townsend did very well in his events and he also covered a few events in an older age group.

Daisy Thomas also did well in her age group and managed some good swims in her older age group too. Well done, Harry and Daisy!

The older girls also had good swims – Bethan Williams, Pia Sully, Nia Fuller, Caitlin Williams and Caitlin Bowman can also be congratulated on their efforts.

For many of the younger swimmers, this was their first competitive event and they are all to be commended on making a special effort in every event. Well done, all swimmers!

They didn't come out as winners overall, but everybody enjoyed this event and all look forward to the next Gala.

SB

Cowbridge seconds are back to winning ways

COWBRIDGE Cricket Club seconds returned to winning ways on Saturday, beating Maesteg Celtic second XI by nine wickets.

Despite inclement weather, Hugh Williams had prepared a fine wicket.

Maesteg batted first, but scored slowly for the first 20 overs, thanks largely to Sami Khan, who had figures of 2 for 11 from eight overs.

The second half of their innings was quite different, as the side from Garth put bat to ball, despite losing wickets to Owain Scholey, Tom Wood, Will Harris and Naveed Younas.

The champagne moment, however, was Ian Evans' fine catch at fine leg, from a 'skier'. They finished their 40 overs on 139 for 7.

Maesteg have a fine bowling attack, but a combination of a sumptuous tea, prepared by Happy Days, and Jonty Webb's thou-shalt-not-pass approach, blunted their edge, allowing David Gascoyne to score an elegant 66.

Heath Webb helped Jonty see Cowbridge get safely to their target with five overs remaining.

DG

JUNIOR FISHING COMPETITION NEXT MONTH

ON Sunday, June 3, on the River Ogmore at the Dipping Bridge, Ogmore Angling Association will be holding their annual junior fishing competition from 10am-1pm.

Fishing methods are fly and worm and the competition is open to non-members under 18 years of age who can purchase a fishing day ticket at the venue.

There is a winner's trophy and extensive prize list, and, weather permitting, a barbecue will be held after the competition.

Let's make this the best junior fishing competition ever!

DM

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On and Off The Turf with Brian Lee

GRANIA O'Malley, partnered by Adam West, landed the Mares National Hunt Hurdle at Southwell last Wednesday evening for Llancarfan's Evan Williams.

The even money chance in a field of just four runners made all the running to win by 20 lengths from the odds-on favourite *Lady Maleficent*.

EVAN'S FFOS LAS WINNER

LLANCARFAN'S Evan Williams, who is the leading National Hunt trainer at Ffos Las, saw his seven-year-old mare *Fille Des Champs* land the ToteSport.Com Download The App Handicap on Saturday at odds of 4-1.

Owned by the Vale's Janet Davies, *Fille Des Champs* carried top weight of 12st, 1lb, and ridden by Lewis Gordon, a seven pound-claiming jockey, won by two lengths from *Western Sunrise*.

The previous time *Fille Des Champs* had been in the winner's enclosure was when winning at the Welsh track back in 2016.

James Bowen, riding his father Peter's *Francky Du Berlais*, won the opening novices hurdle and another west Wales trainer Dai Rees won the novices' chase with his *Gone Platinum*.

ANDREW'S COTHELSTONE WINNER

THE Vale's Andrew Quick saw his lightly raced mare *Dissertation* land the Open Maiden Four, Five and Six Year Old race over two miles and four furlongs at the West Somerset Vale Point-To-Point Steeplechases at Cothelstone last Sunday.

Dissertation, a 9-4 chance, who was ridden by Welsh champion rider Jodie Hughes, who was chalking-up her 81st winner, looked like winning at the Heythrop Hunt Club meeting last year only to fall at the last fence. *Inner Loop*, ridden by Cowbridge's Byron Moorcroft finished third.

Bridgend's Connor Brace, aged 16, riding his grandfather David Brace's *Robin Des People*, brought his season's tally of wins to 20 when winning the Point-To-Point Owners and Riders Club Conditional Novice Riders' Race.

He has blown away all the opposition this season and will be collecting several national novice rider awards at the end of the season.

Mr Brace OBE, of the Dunraven Stud at Pyle, near Bridgend, was saddling his 21st winner of the season with *Robin Des People* and he too will be picking up a number of leading owner and trainer awards at the end of the season which finishes with the Torrington Farmers' fixture at Umberleigh on June 16.

The Welsh point-to-point season comes to an end on Saturday (June 2) with the Pembrokeshire Hunt fixture at Trecoed near Haverfordwest. There will be six point-to-point races with the first at 2pm and after racing, a mixed scurry for members of the hunt will be held.

Byron Moorcroft, who is just four points behind Bradley Gibbs in the Welsh Riders' Championship competition, will be all out to ride a couple of winners and in the Welsh ladies' championship Llancarfan's Isabel Williams has a total of 54 points compared to the 45 points of her nearest rival Pembrokeshire's Jodie Hughes.

MORE WINS FOR CONNOR AND JACK

LLANGEINOR Hunt's Connor Brace and his good friend Jack Tudor both rode winners at different point-to-point meetings on Bank Holiday Monday.

Connor, riding at the Albrighton fixture at Chaddesley Corbett, won the novice riders' race on his grandfather David Brace's *William Money,* who was winning for the seventh time this season.

At the South Tetcott races in Devon, Jack Tudor chalked-up his third win of the season on *High Hatton,* owned by Cowbridge's Jeffrey Bird and trained by Jack's father Jonathan Tudor at Merthyr Mawr.

Bridgend builder Roger Willcox saw his *Patricktom Boru* finish second to *Wes Hardin* in the ladies' open race at the Albrighton meeting.

OGMORE-by-Sea trainer Christian Williams saw his *YoungOConnor* get home by a neck in the DownLoad The App At 188Bet Novices' Handicap Chase at Huntingdon on Whit-Monday.

Ridden by Pembrokeshire's James Bowen, *YoungOConnor,* at five the youngest horse in the race, was returned at odds of 7-2.

T20 stay on song against West End

COWBRIDGE Cricket Club's midweek T20 team continued their winning ways with a convincing 50 run defeat of Barry West End.

The first round of the cup was played away at Barry Island with Cowbridge electing to bat.

The foundation of the victory was laid by an unbeaten 98 by opening bat Tom Williams in a score of 146 for 5.

Youngster M Lowry bowled well taking 2 for 16 and was on a hat-trick at one point. The Cowbridge innings closed on 146 for 5.

In reply, Andy Harrison and Sam Russell bowled well to limit West End to 22 for 3 in the first six overs.

Continued good bowling by Quin Silk and Joe Russell ensured victory, with West End ending on 96 for 5.

Jack Cropper kept wicket very well on his first attempt. Cowbridge play Llantwit away in their next match in the league.

COWBRIDGE under-9's travelled to Whitchurch for their second festival to play against the home team, Penarth and Vale C.C.

The whole squad of 18 players was available and it became a coaches headache to select only eight for the three matches.

However, the problem was solved when we played 10-a-side, 12-a-side and loaned three players to the home team who were short of players for three matches.

Unfortunately, the club was at the wrong end of the results with three narrow losses. Again, two players enjoyed their debuts and the whole squad played in at least two matches.

Thanks to the hosts for presenting a delightful and enjoyable sunny Sunday morning, and long may this summer weather continue.

HW

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Fine fightback gives the Cowbridge firsts victory

JOHN MILTON'S famous line 'They also serve who stand and wait' could easily apply to the Cowbridge first XI batsmen whose fate it is to follow Tom Merilaht and Ben Wright in the batting order.

Saturday's win by nine wickets at Gowerton saw Tom (81 not out) and Ben Wright (87) again dominate the bowling to the extent that it would have been a major shock had Cowbridge failed to get the 179 runs needed.

We have barely seen Brad Evans, Tom Williams, Jack Cropper, Jack Harris, Chris Willey, Rian Thomas, Nick Wood or Sam Russell with a bat.

Indeed there have only been 14 wickets to fall in five innings at an average stand of 76.

The Wright-Merilaht pair now have stands of 288, 5, 269 and 163 and remember, this is the First Division.

Merilaht, so often the rock of the Cowbridge batting, artfully nudging the bowling here and there, accumulating his runs in a way that suggested he was almost stealing them was not the Tom Merilaht we saw on Saturday.

Casting aside his caution he outscored Ben, getting to his 39th league 50 before his partner and he even hit two sixes.

The win was really the product of a fine fightback with the ball after the home side had reached 153-3.

The pairing of Brad Evans (3-33) and Sam Russell (2-4) brought to an end an innings that had threatened to get around 230.

Not that such a total would have been outside the Cowbridge compass. In fact, nothing seems to be just now.

It does then seem amazing that the lads are not top of Division One.

Currently the top of the table looks like this - with a maximum of 20 points for a win the two leaders now have a win in hand: Gorseinon 89, Cowbridge 87, Llandysul 67.

This situation was the subject of puzzlement in the Cowbridge camp on Saturday as Gorseinon had won with a score of 114-4 whereas Cowbridge had scored 180-1, a higher total and fewer wickets had fallen.

How could Gorseinon have acquired five batting points? The league chairman will be the club's guest on Saturday and will surely be delighted to explain

Nevertheless there have been only five of 18 league fixtures played so far. This week Llandysul come to the Athletic Ground, starting at 1.30pm.

Also on Saturday at 4.30pm, the eight people whose names are on the new memorial benches will be celebrated.

The benches are dedicated to Colin Adams, The Rev'd Owen Jones, John Davies, L E W Williams, J C Clay and Ian Cran.

The bench given by Mrs Flo Hinton in her year of mayorality has been beautifully refurbished and at last there will be a pavilion bell honouring Billy Russell.

Full details of the contributions made by this group are in The Bull magazine which is available in the Pavilion on match days. Any relatives or friends of any of the above are welcome to join us.

JB

Vale firsts suffer their first loss of the season

ALE Cricket Club first XI suffered their first set back of the season away to Pontymister and Cross Keys in a six-wicket defeat.

Pontymister won the toss and put the visitors in to bat on a hard track that was well concealed underneath the sodden covers.

The visitors started positively, scoring well in the first few overs. Gilbert (12) played some nice shots before edging behind off their bowling of Davey. Soon to follow was JP Davies who played onto his stumps, again to the bowling of Davey (2-30).

The home side kept it very tight and put together a very assured bowling performance. That pressure would tell as only Withers (27) and Francis (16) managed to form another top order partnership.

With the score at 78-5 the Vale middle order had a lot of work to do with just under 20 overs of the innings to go.

Some resilience from McCutcheon (17) and Gingell (12no) allowed Vale to get to 132-10 with Baker (5-22) and Asif (2-24) making quick work of the remaining batsman.

Vale's openers started with pace and aggression. Young Alex Upham didn't have any success despite bowling with exceptional pace and bounce. McCutcheon bowled well and with a good off stump line.

McCutcheon bowled intelligently and can feel hard done by as he ended with figures of 1-11 having clean bowled Armstrong for 16.

Vale failed to take the early wickets they needed if they were going to be competitive in this match. Two catches went down early on off the bowling of McCutcheon and D Upham.

Some highlights in the field were the Gilbert brothers taking two very good catches and Francis, who ran out Pontymister's opener M Baker (32) with an excellent throw to the keeper's end.

Despite this loss Vale are still in a promotion place and this week Vale firsts play Creigiau in an early season top of the table fixture.

HW

Cowbridge Bowls Club round-up

ONLY three games were played this last week, one for the ladies and two for the men.

On Monday in the two rink Evening League, the ladies were home to Dinas Powys. The visitors were one player short, which meant adjustment to their shots total.

Rink scores: Diane Purnell, Jean Hunt, Lynda Wilson and Joan Bradley 18-14; Lin Wallace, Maggie Penn, Pat Holdsworth and Kay Edwards 13-6.75. **Match score: Cowbridge 31, Dinas Powis 20.75.**

For their midweek Munro Cup game the men were away to Rhoose on a wonderful sunny evening. Cowbridge won on three of the rinks, and the match overall.

Cowbridge's top rink was skipped by club captain Bob Penn and were 5-1 up after five ends and never lost the lead, winning 24-11.

Alan Wallace's rink took the lead from the start and never lost it, winning 20-11.

Captain of day, Norman Wilkinson, had a fight on his hands and ran neck and neck with Rhoose. His rink took the lead on the 14th end and held on to win 17-16.

Dennis Snelling's rink found themselves in a bit of a hard place, 0-8 down by end four, then kept their heads to reduce the deficit, losing 9-22

Rink scores: Terry Dunsworth, Andrew Morgan, Colin Wilson and Bob Penn 24-11; Steve Dodsworth, Ken Payne, Clive Pritchard and Alan Wallace 20-11; Gerry Lloyd, Alun Jordon, Bryan Hole and Norman Wilkinson 17-16; Mansel Davey, Byron Richards, Terry Foley and Dennis Snelling 9-22. **Match score: Cowbridge 70, Rhoose 60.**

On Saturday, the men were at Sully Sports in the Carruthers Shield.

Again the weather was fine, but not so good for Cowbridge on the bowling front.

Norman Wilkinson's rink were 4-0 up after two ends and held the lead up to the 13th end and eventually won 19-15.

Clive Pritchard's rink were in good form, and were 9-5 up on the eighth end and held their lead, although losing out on the last three ends, but won 17-16.

Bob Penn's rink were matching the home team until the 11th end but struggled to maintain their form and lost 10-20.

Dennis Snelling's rink were up against it from the start. All four players struggled to get a grip with the rink and although they fought back, they lost 13-31.

Rink scores: Tom Purnell, Ken Payne, John Trott and Clive Pritchard 17-16; Terry Dunsworth, Gerry Lloyd, Steve Close and Norman Wilkinson 19-15; Andrew Morgan, Alun Jordon, Colin Wilson and Bob Penn 10-20; Mansel Davey, Stan Harding, Ron Dobie and Dennis Snelling 13-31. **Match score: Cowbridge 59, Sully Sports 82.**

This week the ladies have three games to play as do the men.

MB

Cowbridge Darts League round-up

ON Tuesday, May 22 the final full programme of league matches for the 2017-2018 season was completed.

The Edmondes B, in defeating the Hairy Farmers 6-3, secured the points they needed to become this year's champions, while the Six Bells Inn 9-0 win over the Red Lion Inn ensured that they are this year's runners-up.

In the other matches the Edmondes C beat the Victoria Inn 5-4, Llanharry beat the Highwayman Inn 8-1, and the Farmers Arms beat the One Town Hall Square 6-3.

Notable performances of the evening were Mickey Wilcox (Red Lion Inn) who had a 94 out, Simon Perkins (Edmondes C) with a 117 out and Mike Newble (Llanharry) who hit the highest three-dart out of the season so far - 160. Rob McCaver (Hairy Farmers) hit his second 180 of the season.

The end of season league standings, are: Edmondes B (130 points), Six Bells Inn (126), Llanharry (119), Highwayman Inn (104), Edmondes A (101), Hairy Farmers (92), Edmondes C (88), Victoria Inn (80), Farmers Arms (77), One Town Hall Square (46) and Red Lion Inn (27).

The season concludes on Saturday, June 2, when the Llanharry Workingmen's club host finals night. The ladies' doubles final sees Amanda Hole and Mickey Wilcox (Red Lion) versus Hilarie Coles and Joan Burt (Red Lion), the men's doubles final sees Dai Thomas and Nick Smith (Edmondes B) versus Martin Thomas, and Dave Cheal (Edmondes B), the ladies' singles final sees Shirley Evans (Farmers Arms) versus Katie George (Victoria Inn) and the men's singles final sees Steve Simmonite (Edmondes A) versus Simon Perkins (Edmondes C); these fixtures conclude the 2017-2018 season.

Please note, the league is always on the lookout for new teams and teams are always on the lookout for new players.

So anyone wishing to enter a team or join a team for the 2018-2019 season is strongly encouraged to get in touch by e-mail at cowbridgedarts@gmail.com.

Up-to-date information can be found on the website: www.darts.apsn.co.uk.

PJT

James shines in CartTen100

MANY congratulations to James Morgan, year-8 at Cowbridge Comprehensive School for completing his first 'CarTen100' last weekend.

He was one of the youngest finishers, if not the youngest rider, among a field of 2,500 adult cyclists (according to the organisers).

James cycled a total of 110 miles (176 km) over eight and a half hours on Saturday, May 12, from Cardiff Civic Centre to Tenby harbour. He did incredibly well, showing immense grit, fitness and determination.

This ride was a prelude to, and training for, the 107 miles '2 Wish on 2 Wheels' charity cycle ride from Haverfordwest to Miskin on Friday, June 1, to raise funds for 2 Wish Upon A Star.

The charity (based in Miskin) provides bereavement support in Wales for parents after losing a child or young adult under 25 years of age suddenly and traumatically.

If you would like to sponsor James (and his dad) , you can do so at *https://www.justgiving.com/fundraising/jandj-morgan*

All donations, no matter how small, will be very gratefully received to help suddenly bereaved parents and families in need.

Well done James!

DC

Vale seconds earn their fourth win from four!

ON a day with yellow weather warnings for rain, Vale CC second XI hosted Pontymister and Cross Keys second XI in an early season top of the table clash in the SE Wales Division 3 second XI league.

At times the fulfilment of the fixture was slightly in the balance due to the weather but a sterling job done by the Vale ground team made sure the match started at the 1pm scheduled start time.

Vale welcomed two new faces to the second XI, blooding Dai Harris from the under-15s junior team and Sam Sheppard from the under-13s, son of longstanding player Paul Sheppard.

The opposition were invited to bat first on this overcast day.

Greg Andrews and Joseph Davies, another product of the Vale youth system, opened the bowling and got some early swing, troubling the Pontymister and Cross Keys opening batsman.

The breakthrough came early where Andrews struck and a catch was taken by another junior Vale player, Arron Davies, in the cover point region.

Further early chances came to the Vale fielders early but they didn't stick and Pontymister and Cross Keys slowly started to build a score, with Nick Mole top scoring with 39 and Nick Turner 21.

After 40 overs Pontymister and Cross keys reached a total of 172 for 7.

The pick of the bowling for Vale was Greg Andrews with 3 for 20 and two wickets were each taken by Richard Cole and the in-form Tom Lazarus.

In reply Vale lost an early wicket and were pegged back at 6 for 1 on the first over.

In walked Gareth Kelland. After his impressive 50 last week, much was expected of the Vale number three to help rebuild the innings in the tough batting conditions.

Kelland joined Steve Hiles who produced a magnificent 100 last week. The pair set about the task, batting patiently for a partnership of 95 before Hiles departed trapped lbw for 30.

In came Sheppard senior and he set about upping the run rate, striking four fours and angling the ball to various parts of the ground.

Sheppard departed for 30 with three overs to go with 11 runs still needed.

Kelland, who was holding the innings together, was joined at the crease by youngster Arron Davies in a tense finale to the match.

Both held their nerve to see their team home with Kelland hitting the winning boundary with five balls to spare, Davies finishing on two not out, brilliantly supporting Kelland with his running between the wickets in the final stages of the run chase.

Kelland top scored on the day with 76 not out to add to his impressive start to the season.

Vale second XI are now four wins from four matches this season and travel to Creigiau this week looking to build upon their impressive start to the season.

MT

Got a sports story, match report or item of interest? Then get in touch with us - email sport@glamorgan-gem.co.uk